

BETAMETHASONE TABLET

Betamethasone (0.5mg)

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What BETAMETHASONE TABLET is used for

Betamethasone Tablet is used to treat inflammation-related diseases such as acute and chronic rheumatic fever, rheumatoid arthritis (inflammatory disorder that affects the joints in your hand and feet), asthma, myolitis (inflammation of the spinal cord) and dermatitis (inflammation of the skin).

How BETAMETHASONE TABLET works

Betamethasone is a glucocorticoid which has the ability to decrease or prevent inflammation responses of body tissue.

Before you use BETAMETHASONE TABLET

- When you must not take it

Please do not take BETAMETHASONE TABLET:

- if you have allergy towards any components in BETAMETHASONE TABLET.

-if you have systemic fungal infections, stomach ulcer, osteoporosis (bone become brittle and weak), psychology disorder.

-if you are pregnant or breastfeeding. The use of Betamethasone Tablet during pregnancy, breastfeeding and women of childbearing must be consult by doctor as the possible benefits need to be weighed against the potential hazard, to the mother or embryo or fetus.

- Before you start to take it

Tell your doctor or pharmacist if you are allergic to any medicines or if you have any other health related problems.

- Taking other medicines

Do not go for vaccination if you are receiving high dose systemic corticosteroid therapy. Corticosteroids may mask some

signs of infection, and new infections may appear during their use.

There may be decreased resistance and inability to localize infection when corticosteroids are used. Corticosteroids should be taken concomitantly with chemotherapeutic agents or antibiotics in the treatment of acute or chronic infections.

Individual should be supplemented with high protein diet during therapy. Because of possibility of fluid retention, care must be taken if you have congestive heart failure.

Should be used only with great caution in elderly persons.

Seek for your doctor or pharmacist advice if you intended to use BETAMETHASONE TABLET together with other medication. Besides, you must also inform them about all the medicines you are taking, including those without a prescription.

How to take BETAMETHASONE TABLET

- How much to take

Adult: Initiate with 1.5mg to 3mg.

Maintenance dose: 0.5 to 1.5mg per day in divided doses 2 to 4 times daily.

- When to take it

Betamethasone Tablet should be taken after meals or at bedtime.

- How long to take it

Betamethasone Tablet should be taken as your doctor advised you to do so.

- If you forget to take it

If you miss a dose of Betamethasone Tablet, take the missed dose as soon as you remember. However, if it's almost time for the next dose, skip the missed dose and continue the regular dosing schedule. Do not take a double dose to make up for a missed one.

- If you take too much (overdose)

Seek medical attention immediately.

While you are using BETAMETHASONE TABLET

- Things you must do

Follow your doctor's instruction when you are taking BETAMETHASONE TABLET.

- Things you must not do

Do not stop taking this medicine or change the dosing regimen without instruction from your doctor. Do not give this medication to anyone else, even if they have the same symptom as you.

- Things to be careful of

Please consult your doctor if:

- if you are taking medication(s) other than Betamethasone Tablet
- if you have gastric intestinal ulcer, kidney disorder, high blood pressure, glaucoma (increased pressure in the eye), epilepsy and diabetes.

Side effects

Possible side effects of BETAMETHASONE TABLET are fluid and electrolyte disturbances, muscle weakness, osteoporosis, stomach ulcer with possible perforation and bleeding, impaired wound healing, facial redness, convulsions, menstrual irregularities, suppression of growth in children, decreased carbohydrate tolerance, increased pressure in the eyes and negative nitrogen balance due to protein break down disturbance. Prolonged treatment with corticosteroids in high dosage is occasionally associated with eyes cataract (clouding of eyes) that affects the back of the lens, and skin thinning.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage and Disposal of BETAMETHASONE TABLET

- Storage

Store below 30°C, protect from light & moisture.

- Disposal


Dispose when you stop taking the tablets as instructed by your doctor or pharmacist or the tablets have passed their expiry date. Ask them what to do with any tablets that are left over.

Product description

- What it looks like

A white color round tablet, with the diameter of 6.4mm, one side impressed with a mark of



“”, and the other side with a score.

- Ingredients

- Active Ingredient
Betamethasone
- Inactive Ingredients-
Lactose
Microcrystalline Cellulose
Sodium Starch Glycolate
Magnesium Stearate

- MAL number

MAL19940031A

Manufacturer

Y.S.P Industries (M) Sdn. Bhd.
Lot 3,5 & 7, Jalan P/7, Section 13,
Kawasan Perindustrian Bandar Baru Bangi,
43000 Kajang, Selangor Darul Ehsan,
Malaysia.

Product Registration Holder

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