

# AVOSODA EFFERVESCENT GRANULES

Sodium Bicarbonate/ Sodium Citrate Anhydrous/ Anhydrous Citric Acid/ Tartaric Acid  
(1.76g/ 630mg/720mg/890mg)

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## What Avosoda is used for

-Treatment of urine alkalization to relieve the painful, burning symptoms of urinary tract infection.

-Relieve symptoms of difficulties in urination.

-Enhance the action of certain antibiotics.

- For gout.

-Treatment of high acidity of gastric.

## How Avosoda works

Avosoda helps to neutralise the acid in the urinary tract to assist in eliminating bacteria.

## Before you use Avosoda

### - When you must not use it

If you are allergic to citric acid, sodium bicarbonate, sodium citrate, sodium carbonate or any other ingredients of Avosoda.

If you have severe symptoms or cloudy urine.

If you are pregnant or breastfeeding.

If you are suffer from heart disease, high blood pressure, diabetes or kidney disease.

If your diet only allows you to have a small amount of salt.

### - Before you start to use it

Tell your healthcare professional if you are allergic to any other medicines, foods, dyes or preservatives.

Tell your healthcare professional if you are pregnant or plan to become pregnant.

Your healthcare professional will discuss the risks and benefits of taking Avosoda during pregnancy.

Tell your healthcare professional if you are breastfeeding or wish to breastfeed.

Tell your healthcare professional if you have or have had any of the following medical conditions:  
Peptic ulceration  
Kidney problems

Tell your healthcare professional if you are on sodium restricted diet.

### - Taking other medicines

Avosoda should be avoided while taking antacid, ciprofloxacin, norfloxacin, ofloxacin and salicylates.

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

## How to use Avosoda

### - How much to use

You should check with your healthcare professional if you are not sure how to take Avosoda.

Take 1-2 sachets (4g-8g) in a glass contains 200ml of water, two to three times daily, Drink after the effervescence has settled down to avoid eructation.

### - When to use it

Sachet to be taken 2-3 times a day at regular interval throughout the day.

### - How long to use it

Continue taking Avosoda for as long as your healthcare professional tells you to.

The length of treatment with Avosoda will depend on how quickly your symptoms improve.

### - If you forget to use it

Do not take a double dose to make up for a forgotten dose. If you have further questions on the use of this product, ask your healthcare professional.

### - If you use too much (overdose)

Overdosage with sodium salts may cause serious electrolyte disturbances. Ingestion of large amounts of sodium citrate irritates the gastrointestinal mucosa & may result in diarrhea, nausea, vomiting, swelling and convulsions.

If you accidentally take too much Avosoda you should consult a healthcare professional or hospital as soon as possible.

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## **While you are using Avosoda**

### - Things you must do

Drink plenty of water.  
Urinate frequently. Don't delay going to the bathroom.  
Wipe from front to back after a bowel movement.

### - Things you must not do

Not take Avosoda to treat any other complaints unless your healthcare professional tells you to do so.

Do not give Avosoda to anyone else, even if they have the same condition as you.

Do not stop taking Avosoda, or lower the dose, without checking with your healthcare professional.

### - Things to be careful of

If symptoms persist after the 48 hour treatment is completed please consult your healthcare professional.

## **Side effects**

Like all medicines, Avosoda can cause side effects, although not everybody gets them. Taking Avosoda may cause flatulence. If you notice this or any other effects, stop taking the product and tell your healthcare professional or pharmacist.

Large doses of Avosoda may cause diarrhea, nausea, vomiting and exert laxative effects.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my)

(Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

## **Storage and Disposal of Avosoda**

### - Storage

Store below 30°C. Protect from moisture. Keep out of the reach of children. Do not use Avosoda after the expiry date which is stated on the sachet. The expiry date refers to the last day of the month.

### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist /healthcare professional how to dispose of medicines no longer required. These measures will help to protect the environment.

## **Product description**

### - What it looks like

White granular free flowing powder.

### - Ingredients

- Active ingredient:  
Sodium Bicarbonate, Sodium Citrate Anhydrous, Anhydrous Citric Acid, Tartaric Acid

- Inactive ingredient:  
Flavor Lemon Dry

### - MAL number:

MAL11060031XC

## **Manufacturer**

Akums Drugs & Pharmaceuticals Ltd.  
19-20-21, Sector-6A, I.I.E.,  
SIDCUL, Ranipur, Haridwar-  
249403, India.

## **Product Registration Holder**

Abio Marketing Sdn Bhd  
No. 2, Jalan SS13/5, 47500  
Subang Jaya, Selangor,  
Malaysia.

## **Date of Revision**

6/3/2017

## **Serial Number**

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