# **DIOFLEX TABLET**

Diosmin/hesperidin (450mg/50mg)

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#### What Dioflex is used for

For hemorrhoids and long term venous insufficiency of the legs with symptoms like heavy legs, pain, night cramps and swollen or enlarged veins seen under the skin.

#### **How Dioflex works**

Diosmin and hesperidin are bioflavonoids found in may citrus fruits. The bioflavonoids strengthen the blood vessels, thus reduces its weakness. The bioflavonoids also reduces inflammation of the blood vessels and maintains circulation of the small blood vessels.

# Before you use Dioflex

- When you must not use it
- If allergic to diosmin, hesperidin, bioflavonoids or other ingredients of Dioflex.
- Before you start to use it

Pregnancy and Lactation Experimental studies in animals have not demonstrated any foetal malformation effect in animals. Furthermore, no adverse effects have been reported to date in humans. Lactation: Breast feeding is not recommended during treatment.

# - Taking other medicines

Ask your doctor or pharmacist for advice before taking any medicine. Tell your doctor the medications you are taking including any medicine that you buy without a prescription from a pharmacy, supermarket or health food

#### How to use Dioflex

- How much to use

Short term hemorrhoidal attacks: Oral, 3 tablets twice daily for 4 days, then 2 tablets twice daily. Long term hemorrhoidal attack and venous insufficiency: Oral, 2 tablets daily with meals, midday and evening. Use in children: Safety and efficacy has not been established.

#### - When to use it

Always take Dioflex twice daily or as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.

### - <u>How long to use it</u>

You should check with your doctor or pharmacist. Your doctor must be consulted if hemorrhoid symptoms do not disappear within two weeks.

# - If you forget to use it

Take it as soon as you remember. However, if it is nearly time for the next dose, skip the missed dose. Do not take a double dose to make up for

a missed dose.

## - If you use too much (overdose)

If taken too much Dioflex, contact your doctor, an emergency department or a poison center immediately. Symptoms of overdose - minor gastrointestinal discomfort may occur.

## While you are using Dioflex

- <u>Things you must do</u> Inform doctor of medications you are taking.

# - Things you must not do

Never give this medicine to someone else, even if their symptoms seem the same, as it could harm them.

# - Things to be careful of

If you are pregnant, become pregnant or breast-feeding during treatment, you should not take Dioflex unless your doctor tells you to. Your doctor will consider about the potential benefits and risks of your therapy to you and your child.

# Side effects

Like all medicines, Dioflex can cause side effects, although not everybody gets them. Visit the doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Only minor gastrointestinal and autonomic disorders (related to digestion, respiration,

circulation) have been reported. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

# Storage and disposal of Dioflex

# - Storage

Store in cool, dry place below 30°C. Protect from light. Keep out of reach of children.

#### - <u>Disposal</u>

Ask your pharmacist how to dispose of medicines no longer required.

## **Product description**

- What it looks like

Orange, oblong, biconvex, top-scored and film-coated tablet.

- Ingredients
- Active ingredient: diosmin and hesperidin.
- Inactive ingredients: lactose monohydrate, polyvinylpyrrolidone, magnesium stearate, croscarmellose sodium, hydroxypropyl methylcellulose, talc, titanium dioxide, sunset yellow lake, quinoline yellow lake, carbowax 6000, simethicone 70460, aerosil 200 and purified water.
- <u>MAL number</u>: MAL20002525X

# **Manufacturer and Product Registration holder**

Prime Pharmaceutical Sdn. Bhd. 1505, Lorong Perusahaan Utama 1 Taman Perindustrian Bukit Tengah 14000 Bukit Mertajam, Penang, Malaysia.

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