## **DECAN TABLET**

Dexamethasone (0.75mg)

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#### What DECAN TABLET is used for

DECAN TABLET is used for various illnesses involving inflammation in the body such as acute rheumatism, rheumatoid arthritis, acute gouty arthritis, bronchial asthma, serum sickness (allergic reaction), diffusum lupus erythematosus (autoimmune diseases), nodular arthritis, pemphigus, bursitis, myositis, fibermyositis and inflammatory eye diseases.

#### **How DECAN TABLET works**

DECAN TABLET can decrease or prevent tissue responses to inflammatory processes, thereby reducing development of symptoms of inflammation without affecting the underlying cause.

#### **Before you use DECAN TABLET**

-When you must not use it

Do not use DECAN TABLET if:

- you are hypersensitivity to dexamethasone, or the ingredients listed at the end of this leaflet
- you have osteoporosis (fragile and weak bone) and mental disorder such psychoses and severe psychoneurosis unless it been considered as life-saving.
- you have systemic fungal infections

## -Before you start to use it

Tell your doctor or pharmacist if:

- you have congestive heart failure, high blood pressure, diabetes mellitus, chronic kidney failure, and uremia (retention of waste products in the bloodstream).
- you are an elderly
- you have ocular herpes simplex (virus infection affecting eyes), mental disorder and gastric duodenal ulcer.

#### Pregnancy and lactation

Please consult your doctor before start to use DECAN TABLET if you are pregnant, plan to become pregnant, breast-feeding, or intend to breast-feed.

Your doctor will have weighed the risks of you taking DECAN TABLET against the benefits they expect it will have for you and your baby.

#### -Taking other medicines

Seek for your doctor or pharmacist advice if you intended to use DECAN TABLET together with other medication.

You must also inform them about all the medicines you are taking, including those without a prescription.

#### **How to take DECAN TABLET**

-How much to use

The usual dose for adult is 0.75mg, 2 to 4 times a day. The daily dose may be reduced by 0.25 to 0.5mg for every 4 to 5 days interval until the minimum maintenance dose is attained or all the symptoms have completely disappeared.

#### -When to use it

DECAN TABLET is to be taken after meals and at bedtime or in the morning and at night.

#### -How long to use it

DECAN TABLET should be taken as your doctor advised you to do so.

### -If you forget to use it

If you miss a dose of DECAN TABLET and you are taking it regularly, take it as soon as possible. If it is approaching time for the next dose, do not double the dose to make up for the forgotten dose, unless advised by your health care provider. Do not take 2 doses at once.

#### -If you use too much (overdose)

Seek for medical attention

## While you are using it

-Things you must do

Follow your doctor's instruction when you are taking DECAN TABLET.

#### -Things you must not do

Do not stop taking this medicine or change the dosing regimen without instruction of your doctor. Do not give DECAN to anyone else, even if they have the same condition as you.

## -Things to be careful of

DECAN TABLET must be used cautiously in people with ocular herpes simplex and gastric-duodenal ulcer.

Your doctor will reduce the dose or stop DECAN TABLET gradually to reduce the withdrawal symptoms.

Dexamethasone may mask some signs of infections and new infections may appear during its use. There may be decreased resistance and inability to localise infections when dexamethasone is used.

#### Side effects

DECAN TABLET may cause suppression of pituitary-adrenal function such as fluid and electrolyte disturbance, high blood glucose, increased risk of infection including tuberculosis, stomach ulcers, which may bleed or perforate; osteoporosis and behavioral disturbances.

Dexamethasone may cause fever, myalgia (pain in muscle), arthralgia (pain in joint) and malaise (feeling sick and discomfort) as withdrawal syndrome. Acute adrenal insufficiency results from rapid withdrawal of prolonged therapy of corticosteroids.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the

website portal.bpfk.gov.my

(Consumers  $\rightarrow$ Reporting)

# Storage and Disposal of DECAN TABLET

<u>-Storage</u>

Store below 30°C, protect from light and moisture.

#### -Disposal

DECAN TABLET should be disposed when your doctor or pharmacist tells you to stop taking this tablet or it has passed the expiry date. Ask your pharmacist how to dispose medicines that are no longer required.

#### **Product description**

-What it looks like

White color round tablet with an "s" impressed on one side.

### -Ingredients

-Active ingredient

Dexamethasone

-Inactive ingredients

Lactose

Microcrystalline Cellulose Sodium Starch Glycolate Magnesium Stearate

## <u>-MAL number</u>

MAL19940144A

## Manufacturer

Y.S.P. Industries (M) Sdn. Bhd. Lot 3,5 & 7, Jalan P/7, Section 13, Kawasan Perindustrian Bandar Baru Bangi, 43000 Kajang, Selangor Darul Ehsan, Malaysia.

#### **Product Registration Holder**

Y.S.P. Industries (M) Sdn. Bhd. Lot 3,5 & 7, Jalan P/7, Section 13, Kawasan Perindustrian Bandar Baru Bangi, 43000 Kajang, Selangor Darul Ehsan, Malaysia.

## Date of revision

18/02/2016

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