

DOFOMIN TABLET[®]

Diosmine / Hesperidine (450mg / 50mg)

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What Dofomin is used for

Dofomin contains the active ingredient micronized purified flavonoidic fractions (equivalent to Diosmine 450mg and hesperidine 50mg).

Dofomin is used for treatment of haemorrhoids and for signs and symptoms of chronic venous conditions such as heavy legs, cramps, pain and swelling due to water retention.

How Dofomin works

It works by reducing the swelling (inflammation) and restoring vein function back to normal.

Before you use Dofomin

- When you must not use it

Do not take Dofomin if you:

- Have ever had an allergic reaction or been told that you are allergic to the active ingredient of Dofomin or any of the other ingredients in Dofomin.

- Before you start to use it

Tell your doctor if you have allergies to any other medicine, foods, preservatives or dyes.

If you are not sure whether you should start taking this medicine, consult your doctor.

- Taking other medicines

Tell your doctor if you are taking any other medicine, including any that you buy without a prescription. You may need to use different amounts of these medicines, or you may need to take different medicines. Your doctor will advise you.

However, currently there are no known interaction between Dofomin with other medicines.

Pregnancy and lactation

Ask your doctor or pharmacist for advice before taking any medicine.

Your doctor will discuss the risk and benefit of taking Dofomin during pregnancy and breastfeeding.

How to use Dofomin

Always take Dofomin exactly according to the instructions given to you by your doctor or pharmacist. Check with your doctor or pharmacist if you are not sure.

- How much to use

Chronic venous disease and chronic haemorrhoids:

Initial dosage is two tablets daily to be taken with meals in two divided dose (morning and evening).

Acute haemorrhoidal attack:

Initial dosage is three tablets to be taken in two divided dose daily with meals for four days, and subsequently two tablets twice daily.

- When to use it

Take your medicine at the same time every day.

- How long to use it

Continue to take your medicine as long as your doctor tells you. This medicine helps to control your condition but does not cure it. It is important to keep taking this medicine even if you feel well.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Minor gastrointestinal discomfort may be observed in overdose.

While you are using it

- Things you must do

- Always take Dofomin exactly according to the instruction given to you by your doctor or pharmacist. If you are unsure, check with your doctor or pharmacist.
- Inform your doctor or pharmacist if you are taking or if you have recently taken any other medicines, including medicines obtained without a prescription such as supplements or traditional medicines.
- Tell your doctor or pharmacist immediately if you notice any side effects, or if the side effects gets serious or anything else that make you feel unwell.
- If you become pregnant, or plan on becoming pregnant while taking Dofomin tell your doctor immediately.
- If you are about to be started on a new medicine, remind your doctor and pharmacist that you are taking Dofomin.

- Things you must not do

- Do not stop taking your medicines without consulting your doctor. It is important to keep taking your medicine even if you feel well.
- Do not use Dofomin after the expiry date which is stated on the carton and blister.
- Do not give this medication to anyone else, even if they have the same condition as you.

- Things to be careful of

- In acute haemorrhoidal episodes, physician must be consulted if haemorrhoid symptoms do not disappear within two weeks.

Side effects

Like many medicines, Dofomin may cause side effects in some patients, but not everyone will exhibit the same symptoms.

Tell your doctor or pharmacist if you notice the following side effects and it worries you:

- Minor gastrointestinal discomfort
- Minor problems with the nervous system.

Tell your doctor or pharmacist if you notice anything else that make you feel unwell.

Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public -> Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety)

Manufacturer

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Product Registration Holder

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Date of revision

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Storage and Disposal of Dofomin

Storage

Store in a cool, dry place below 30°C.

Keep out of the reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Dofomin is an orange, oblong, biconvex film coated tablet with a score on one side.

- Ingredients

- Active ingredient

Each tablet contains micronized purified flavonoids fractions (equivalent to 450mg diosmine and hesperidine 50mg).

- Inactive ingredients

Iron oxide yellow, glycerin, magnesium stearate, sodium lauryl sulfate, microcrystalline cellulose, sodium starch glycolate, gelatin, titanium dioxide, iron oxide red, polyethylene glycol, talc, hydroxypropylmethylcellulose.

- Packing

Dofomin comes in original packages of 30, 50, 100 or 500 tablets per box.

- MAL Number

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