# **CLODERM SHAMPOO**

Clobetasol Propionate (0.05% w/w)

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This leaflet answers some common questions about cloderm shampoo. It does not contain all the available information. It does not take the place of talking to your pharmacist or doctor.

All medicines have risks and benefits. Your pharmacist or doctor has weighed the risks of you taking cloderm shampoo against the benefits they expect it will have for you.

If you have any concerns about taking this medicine, ask your pharmacist or doctor.

Keep this leaflet with the medicine.

You may need to read it again.

## What cloderm shampoo is used for

Cloderm shampoo is used for topical treatment of scalp psoriasis (raised, rough, reddened skin covered with dry, fine silvery scales) and eczema (itchy skin condition with redness, swelling, oozing of fluid, crusting which may lead to scaling).

#### How cloderm shampoo works

Cloderm shampoo contains Clobetasol Propionate as an active ingredient.

Clobetasol propionate is a highly active topical corticosteroid which is indicated for use in short courses for conditions which do not respond satisfactorily to less active steroids.

#### Before you use cloderm shampoo

#### When you must not take it

Do not take cloderm shampoo if you are hypersensitive to:

- Any medicine containing clobetasol propionate or other corticosteroids.
- Any of the ingredients listed at the end of this leaflet.

Do not take cloderm shampoo if you are under 18 years old.

#### Before you start to use it

Take special care with cloderm shampoo:

When giving to children as systemic absorption can occur in topical administration causing growth retardation.

Pregnancy and breast feeding:

Ask your doctor or pharmacist for advice before taking any medicine.

It should be used only if the potential benefit outweighs the potential risk to the foetus or nursing infant.

Stop using if irritation or sensitivity develops. Caution is advised if the medication is to be applied to extensive surface area. Long-term continuous topical therapy should be avoided.

#### Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

#### How to use cloderm shampoo

#### How much to use

Cloderm shampoo should be applied onto dry (not wet) scalp once a day in a thin film to the affected areas only, and left in place for 15 minutes before lathering and rinsing. The total dosage should not exceed 50g per week.

#### When to use it

Take the medicine as prescribed by your doctor.

#### How long to use it

Treatment should be limited to 4 weeks.

#### If you forget to use it

Take the missed dose as soon as you remember.

If it is almost time for your next dose, skip the missed dose and take the medicine at your next regularly scheduled time.

Do not take a double dose to make up for the one you have missed.

#### If you use too much (overdose)

If you accidentally take too much of cloderm shampoo, tell your doctor immediately.

## While you are using cloderm shampoo

#### Things you must do

If you are about to start taking on any other new medicine, tell your pharmacist or doctor that you are taking cloderm shampoo.

#### Things you must not do

Do not get cloderm shampoo near your eyes.

Do not cover your head with a shower or bathing cap while applying cloderm shampoo.

#### Things to be careful of

Use only enough to cover the affected areas of your scalp and wash your hands after applying the cloderm shampoo.

#### Side effects

Cloderm shampoo may cause side effects. Tell your doctor if any of these symptoms are severe or do not go away.

- burning
- itching
- dryness
- inflammation of hair follicles (folliculitis)
- excessive hair growth (hypertrichosis)
- lightening of skin colour (hypopigmentation)
- softening of skin colour (maceration of the skin)
- Skin thinning (skin atrophy)
- Stretch mark (striae)
- Heat rashes (miliaria)
- acne

Large doses of corticosteroids may produce symptoms typical of hyperactivity of the adrenal glands, with moon face, sometimes with excessive growth of facial or body hair in women, buffalo hump (hump behind the shoulders), flushing, sometimes leading to a fully developed Cushing's syndrome.

If you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

## Storage and Disposal of cloderm shampoo

#### **Storage**

Store at temperature below 30°C. Keep out of the reach of children. Protect from strong light. Keep container well closed.

#### Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### **Product description**

### What it looks like

Cloderm shampoo is a clear yellow viscous liquid with characteristic odour.

#### Ingredients

Active ingredient: Clobetasol Propionate

Inactive ingredients:
Methylparaben, Propylparaben,
Sodium laureth sulfate,
Cocamidopropyl betaine, Citric
acid anhydrous, Sodium citrate,
Laureth-4, Coco glucoside and
glyceryl oleate, Fragrance Titane,
Propyl gallate, Propylene glycol,
Sodium chloride and Purified

### MAL number:

Water.

MAL12095094AZ

#### Manufacturer:

HOE Pharmaceuticals Sdn Bhd Lot 10, Jalan Sultan Mohamed 6, Bandar Baru Suleiman, 42000 Port Klang, Selangor, Malaysia.

#### **Product Registration Holder:**

HOE Pharmaceuticals Sdn Bhd Lot 10, Jalan Sultan Mohamed 6, Bandar Baru Suleiman, 42000 Port Klang, Selangor, Malaysia.

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