

ASMALIV EXPECTORANT

Salbutamol sulphate/Guaiphenesin (1.2mg/50mg per 5ml)

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What is Asmaliv Expectorant used for

It helps to clear phlegm and relieve sudden constriction of the muscles in the walls of the airway, which causes difficulty in breathing for patients with asthma and inflammation of bronchial tube in the lung.

How Asmaliv Expectorant works

Salbutamol works by acting on receptors in the lungs called beta 2 receptors. It stimulates these receptors that cause the muscles in the airways to relax, and eventually allow the airway to open.

Guaiphenesin is an expectorant which liquefy and loosen thick phlegm.

Before you use Asmaliv Expectorant

When you must not use it

Do not use Asmaliv Expectorant if you are allergic to any ingredients in this medicine.

Before you start to use it

Tell your doctor or pharmacist before using Asmaliv Expectorant if you:

- are pregnant or plan to get pregnant.
- are breast-feeding or plan to start breast-feeding.
- have an overactive thyroid glands (hyperthyroidism).
- have heart and blood vessels problems, such as insufficient supply of blood to the heart (ischaemic heart disease), irregular heartbeat, thickening and hardening of the vessels (arteriosclerosis), high blood pressure, bulge in the blood vessels (aneurysms), chest pain.
- have high blood sugar levels.
- hve glaucoma (increased pressure in the eye).

Taking other medicines

Tell your doctor or pharmacist if you are taking or having recently taken any other

medicines. This includes any medicines which you have bought without a prescription.

Salbutamol may react with:

- anesthetic agents (e.g. cyclopropane, halothane).
- cardiac glycosides, quinidine, tricyclic antidepressants: increase risk of arrhythmia (irregular heartbeat).
- beta-adrenoreceptor blocking agents: decrease effect of salbutamol
- aminophylline, xanthines, diuretic therapy: cause low potassium level in blood (hypokalaemic).

How to use Asmaliv Expectorant

How much to use

To be taken three or four times daily.

- *Adults and children above 12 years* 10ml to 15ml.
- *Elderly:* initiate with 5ml
- *Children 6 to 12 years:* 10ml
- *Children 2 to 6 years:* 5ml to 10ml

When to use it

Follow the prescription from your doctor or pharmacist.

How long to use it

Follow the prescription from your doctor or pharmacist. Ask your doctor or pharmacist before prolonged use of this medicine.

If you forget to use it

Use it as soon as you remember, unless it is nearly time for your next dose, skip the missed dose. Then go on as before. Never double up on the next dose to make up for the one missed.

If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms of overdose include nausea, vomiting, fast heartbeat, shaking movement and dilation of blood vessels.

While you are using Asmaliv Expectorant

Things you must do

- Tell all the doctors, dentists, and pharmacists treating you that you are taking Asmaliv Expectorant.

- Tell your doctor immediately if you become pregnant while taking this medication.
- Always wash your hand before handling the medicine.
- Take the medicine at the same time each day.
- Sip and swallow the medicine slowly.

Things you must not do

- Do not take any new medicines without consulting your doctor.
- Do not give Asmaliv Expectorant to anyone else, even if they have the same symptoms or conditions as you.
- Do not use this medicine by yourself without prescription from your doctor or pharmacist.

Things to be careful of

Be careful of driving or operating machinery until you know how Asmaliv Expectorant affects you.

Side effects

- Mild shaking (usually with the hands).
- Headache.
- Nervous.
- Blood vessels dilation.
- Fast heart beat.
- Swelling of face, eyes, lips, tongue (angioedema).
- Red, raised itchy rash on the skin.
- Difficulty in breathing.
- Low blood pressure.
- Low potassium level in blood (hypokalaemia).

Seek immediate medical attention if you experience any side effects or allergic reactions.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage and disposal of Asmaliv Expectorant

Storage

Store below 30°C.

Keep out of the reach of the children.

Do not use this medicine after expiry date.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no

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longer required. These measures will help to protect the environment.

Product description

How it looks like

Clear, colorless syrup with raspberry flavor.

Ingredients

Active ingredients

Salbutamol (as Salbutamol Sulphate).

Guaiphenesin

Inactive Ingredients

Propylene Glycol, Syrup, Methyl

Hydroxybenzoates, Propyl

Hydroxybenzoates, Raspberry Flavour,

Citric Acid Anhydrous, Saccharin Sodium,

Sodium Citrate, Glycerin, Purified Water.

MAL number

MAL19972527A

Manufacturer and Product Registration

Holder

Xepa-Soul Pattinson (Malaysia) Sdn Bhd

1-5 Cheng Industrial Estate,

75250 Melaka, Malaysia.

Date of revision

20 August 2015

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