

# TROKEN TABLET 75MG

Clopidogrel (75mg)

## What is in this leaflet:

1. What Troken is used for
2. How Troken works
3. Before you use Troken
4. How to use Troken
5. While you are using it
6. Side effects
7. Storage and disposal of Troken
8. Product description
9. Manufacturer and Product registration holder
10. Date of revision

- Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.
- Keep this leaflet. You may need to read it again.

## What Troken is used for

Troken contains the active ingredient clopidogrel. Troken belongs to a group of medicines called antiplatelet medicines.

You may have prescribed Troken to help prevent blood clots forming and to reduce the risk of stroke, heart attack and death because:

- You have previously suffered from a severe type of chest pain known as 'unstable angina' or 'myocardial infarction' (heart attack). In this condition, your doctor might have given you acetylsalicylic acid, a substance present in medicines used to relieve pain and fever as well as to prevent blood clotting.

Your doctor may have prescribed this medicine for another use. If you want more information, ask your doctor. Troken is only available on a doctor's prescription.

## How Troken works

Normally, when there is a cut or break in a small blood vessel, a blood clot forms to plug the hole until the blood vessel heals.

Small cells in the blood called platelets make the blood clot.

When a platelet detects a damaged area of a blood vessel, it produces a chemical that attracts other platelets and makes them stick together to form a blood clot. Clopidogrel effects lies in its ability to stop natural substance called ADP from sticking to blood platelets. When ADP cannot stick to platelets, the latter lose their ability to clot instantly. In simpler words, Clopidogrel reduces the ability of the platelets to stick together so reduces the risk of clots forming, and keep the blood flowing smoothly through the arteries.

## Before you use Troken

### When you must not take it

**Do not take this medicine if you have an allergy to:**

- clopidogrel, the active ingredient, or to any of the other ingredients listed at the end of this leaflet under 'Product description'.

**Do not take this medicine if you have or have had:**

- severe liver disease.
- a medical condition that is causing bleeding such as stomach ulcer or bleeding within your head.

**Do not breastfeed if you are taking this medicine.**

The active ingredient in Troken passes into breast milk and there is a possibility that your baby may be affected.

Safety and effectiveness in children younger than 18 years have not been established.

**Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows sign of tampering.**

If it has expired or is damaged, return it to your pharmacist for disposal.

If you are not sure whether you should start taking this medicine, talk to your doctor.

### Before you start to take Troken

Tell your doctor if you have or have had any of the following medical conditions:

- bleeding disorders or blood clotting problems

- any illness or disability that was caused by bleeding such as impaired sight or vision because of bleeding within the eye.

- recent serious injury
- recent surgery (including dental surgery)
- any form of liver disease

Tell your doctor if you are pregnant or plan to become pregnant.

Your doctor can discuss with you the risks and benefits involved.

Tell your doctor if you are planning to have an operation (including dental surgery) in the next two weeks.

Your doctor will decide whether or not you need to stop taking your medicine prior to surgery.

If you have not told your doctor about any of the above, tell him/her before you start taking Troken.

### Taking other medicines

**Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food store.**

Some medicines and Troken may interfere with each other. These include:

- medicines that 'thin the blood'. The most common examples of these include aspirin, heparins and warfarin.
- Non-steroidal anti-inflammatory drugs (NSAIDs)-medicines used to treat arthritis, period pain, aches and pains.
- medicines used to treat stomach ulcers or reflux disease (also called heartburn).
- phenytoin – a medicine used to treat epilepsy
- tolbutamide – a medicine used to treat diabetes
- tamoxifen – a medicine used to treat breast cancer
- fluvastatin – a medicine used to lower cholesterol.

These medicines may be affected by Troken or affect how well Troken works.

Your doctor may need to change the amount of your medicines, or you may need to take different medicines.

If you are unsure about any medicine you are taking you should check with

# TROKEN TABLET 75MG

Clopidogrel (75mg)

doctor or pharmacist. They will have more information on medicines to be careful with or avoid while taking Troken.

## How to use Troken

### How much to take it

Your doctor will tell you how many tablets to take each day. Take Troken only as prescribed by your doctor and follow his or her directions carefully. They may differ from the information contained in this leaflet. The usual dose of Troken is one 75mg tablet daily.

### When to take it

You can take Troken before or after meals.

You should swallow the tablet with a glass of water.

Take Troken at about the same time each day. Taking your tablet at the same time each day will have the best effect. It will also help you to remember when to take it.

### How long to take it

You should take Troken for as long as your doctor continues to prescribe it.

### If you forgot to take Troken

If you miss a dose, take it as soon as you remember. If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

If you are not sure what to do, ask your doctor or pharmacist.

If you have trouble remembering to take your medicine, ask your pharmacist for some hints.

### If you take too much (overdose)

If overdosage occurs, refer to the nearest hospital or contact your doctor as soon as possible.

## While you are using it

### Things you must do

- Take Troken exactly as your doctor has prescribed, and have any blood tests promptly if your doctor orders them.

- Tell your doctor if you become pregnant while taking Troken.

- Tell your doctor if you decide to breast feed your baby. Your doctor may want to discuss this and change your medicine.

- Tell you doctor that you are taking Troken if you are about to start on any new medicine.

- Tell all your doctors, dentists, nurses and pharmacists that you are taking Troken. Troken may increase the risk of bleeding during an operation or some dental work. Therefore, treatment may need to be stopped before surgery.

Your doctor will decide whether to stop Troken and if so, how long before surgery or dental work.

- Ask your doctor whether there are any activities you should avoid while taking Troken for example certain sports.

Sometimes after an injury, bleeding may occur inside your body without you knowing about it.

- Tell your doctor immediately if you are injured while taking Troken.

It may take longer than usual to stop bleeding while you are taking Troken.

- Tell your doctor immediately if you notice any of the following:

- abnormal bruising or bleeding

- abnormal nose bleeds

- bloody or black bowel motions

- red or purple blotches on your skin

- swelling of the face, lips, mouth, tongue or throat which may cause difficulty swallowing or breathing (see also 'Side effects' section).

### Things you must not do

Do not take Troken to treat any other complaints unless your doctor tells you to.

This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.

Do not stop taking your medicine without checking with your doctor.

### Things to be careful of

Be careful driving or operating machinery until you know how Troken affects you.

As with other medicines, Troken may cause faintness or dizziness in some people. Make sure you know how you react to Troken before you drive a car or operate machinery, or do anything else that could be dangerous if you are faint or dizzy. If this occurs, do not drive. If you drink alcohol, faintness or dizziness may be worse.

## Side effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Troken.

Like other medicines Troken can cause some side effects. Most are likely to be minor and temporary.

However, some may be serious and need medical attention.

**Ask your doctor or pharmacist to answer any questions you may have.**

**Tell your doctor or pharmacist if you notice any of the following and they worry you:**

- diarrhoea
- itching
- pain or stiffness in the joints

**Tell your doctor immediately if you notice any of the following:**

(NOTE: If you take both Troken and aspirin the risk of side effects related to bleeding may be increased).

- bloody or black bowel motions
- diarrhoea with blood, mucus, stomach pain and fever
- abdominal or stomach pain
- vomiting of blood or vomit that looks like coffee grounds
- coughing up blood
- blood in the urine
- blood in the eyes
- unusually heavy bleeding or cozing from cuts or wounds
- bleeding (including nose bleeds) or bruising more easily than normal

# TROKEN TABLET 75MG

Clopidogrel (75mg)

- unusually heavy or unexpected menstrual bleeding
- numbness (paralysis) or problems with co-ordination
- nausea or vomiting
- faintness or dizziness
- headache (severe and continuing)
- fever or other signs of infection, such as a sore throat
- rash or hives
- fatigue
- muscle pain
- anaemia (being tired and looking pale)
- red or purple spots visible through your skin
- itching, inflamed, cracking or red skin
- tightness of the chest, wheezing, coughing or difficulty breathing
- yellowing of the skin or the whites of the eyes, pale stools and dark urine with vomiting and stomach pain
- swelling of the face, lips, mouth, tongue or throat which may cause difficulty in swallowing or breathing.

These could be more serious side effects you may need urgent medical attention.

**Other side effects not listed above may also occur in some patients.**

**Tell your doctor if you notice any other effects.**

Do not be alarmed by this list of side effects.

Most people do not experience any of them.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumers → Reporting).

## Storage and disposal of Troken

### Storage

Keep your tablets in the blister pack until it is time to take them.

If you take your tablets out of the box or blister pack they will not keep well.

Keep Troken in place where the temperature stays below 25°C.

Heat and dampness can destroy some medicines. Do not leave Troken in the car on hot days.

Do not store Troken or any other medication in the bathroom or near a sink.

Keep Troken where young children cannot reach it.

A locked cupboard at least one and a half metres above the ground is a good place to store medicines.

### Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product description

### What it looks like

Troken Tablet 75mg come as pink, round, biconvex film coated tablets.

A box contains 28 film coated tablets.

### Ingredients

#### **Active Ingredient:**

Clopidogrel 75mg

#### **Other Ingredients:**

Powdered cellulose, Magnesium stearate, Colloidal Silicon dioxide, Croscarmellose sodium, Microcrystalline cellulose, Opadry II White YS-30-18056, Ponceau Red, Opadry Clear YS-1-7006, Saccharin sodium

#### **Registration MAL Number:**

MAL11060018A

#### **Manufacturer:**

Quimica Montpellier S.A  
Virrey Liniers 673,  
Buenos Aires, Argentina

#### **Product Registration Holder:**

THE ZYFAS MEDICAL CO  
No. 7, Jalan Molek 3/10  
Taman Molek  
81100 Johor Bahru  
Johor.

**Date of revision:** 08/06/2015

Serial Number:

BPFK(R4/1)040615/00141