

HERBESSER 90 SR CAPSULE

Diltiazem Hydrochloride (90mg)

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What Herbesser 90 SR is used for

Herbesser 90 SR is used to treat hypertension and angina. Hypertension is high blood pressure. Angina is a severe chest pain which occurs when the heart muscles do not receive enough oxygen.

How Herbesser 90 SR works

Herbesser 90 SR works by relaxing and opening up the blood vessel. This allows blood to circulate more freely around the body, lowering blood pressure and helping more oxygen to reach the heart.

Before you use Herbesser 90 SR

- When you must not use it

Do not use this product if you have any heart problem like heart block.

Do not use this product if you are allergic to Diltiazem Hydrochloride, or any other ingredients in this medication.

Pregnancy and lactation

Do not take Herbesser 90 SR if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take Herbesser 90 SR if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

Before you start to take this medication, let your doctor know if you have:

- any other medical condition, especially any heart related disease, or hypotension.

- have undergo, or is planning to take any sort of operation, minor or major.

- Taking other medicines

Some medications might cause complications when taken together with Herbesser 90 SR. These include:

-antihypertensive agents
*effect of antihypertensive agents is enhanced

- beta - blocking agents or rauwolfia preparations
*lower heart rate might occur

- carbamazepine
*blood level of carbamazepine may be increased, causing more side effects

- digoxin preparations
*blood level of digoxin is increased.

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Herbesser 90 SR

- How much to use

For adults, the usual dose is 1 capsule twice a day orally. The dosage may be increased or decreased according to the severity of symptoms.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Herbesser 90 SR for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Herbesser 90 SR.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Herbesser 90 SR to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If the capsules make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, Herbesser 90 SR can cause side effects, although not everybody gets them.

Common side effects include:
Dizziness, headache, stomach discomfort, nausea, or diarrhea.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of Herbesser 90 SR

- Storage

Keep out of the reach and sight of children.

Store in a tight containers below 30°C (Room Temperature), avoiding light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

White hard capsule which contains white beads.

- Ingredients

- Active ingredient
Diltiazem hydrochloride

- Inactive ingredients
Non-pareil 103, Talc,
Polyvinylpyrrolidone K-30, Ethyl
cellulose, Purified sucrose,
Magnesium stearate

- MAL number:

MAL19920505AZ

Manufacturer

PT. Tanabe Indonesia
Jalan Rumah Sakit No. 104,
Ujungberung, Bandung 40612, Indonesia

Product Registration Holder

Pharmaforte (M) Sdn Bhd
2, Jalan PJU 3/49
Sunway Damansara
47810 Petaling Jaya

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22/5/2015

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