

SENNA TABLET

Sennosides (7.5mg)

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What SENNA is used for

SENNA contains sennosides, which are known as stimulant laxatives. It is used to treat constipation, especially for elderly, pregnant lady or first few weeks for a mother who has given birth.

It may also be used to clean out the intestines before a bowel examination/surgery.

How SENNA works

Senna is a natural medicine derived from the senna plant. Senna contains sennosides which acts as a stimulant laxative. It works by irritating and stimulating intestinal cells, producing contractions in intestines, water influx to the intestines and bowel movement.

Before you use SENNA

- When you must not use it

SENNA should not be given with disorders that involve chronic inflammation of the digestive tract. Prolonged use should be avoided.

Senna should not be given with intestinal obstruction or with

undiagnosed abdominal symptoms.

- Before you start to use it

Before using this medication, tell your doctor or pharmacist your medical history, especially of: appendicitis or symptoms of appendicitis (such as nausea/vomiting, sudden or unexplained stomach/abdominal pain), a sudden change in bowel habits that last for longer than 2 weeks, bleeding from the rectum, intestinal blockage.

- Taking other medicines

No drug interaction with Senna tablet are known.

How to use SENNA

- How much to use

Adult, elderly and children above 12 years old: 2-4 tablets daily

Children 6-12 years old: 1-2 tablets daily

Children under 6 years old: Senna is not indicated

The correct dose of Senna is the smallest required to produce a comfortable soft-formed motion. It varies between individuals, but is generally found within the following ranges:

Adults: 2 tablets (up to 4 on medical advice) at bedtime.

Children over 6 years: Half the adult dosages, taken in the morning.

- When to use it

Senna are best taken as a single dose, at bedtime by adults and in the morning by children. The tablets can be taken with a drink.

- How long to use it

Do not use when abdominal pain, nausea and vomiting is present. Frequent or prolonged use of this preparation may result in dependence towards the product and imbalanced electrolytes.

- If you forget to use it

Do not take a double dose to make up for a forgotten dose.

If you have further questions on the use of this medicinal product, ask your doctor or pharmacist.

- If you use too much (overdose)

Diarrhoea may be a sign of overdosage. If this case reduce dosage or stop taking SENNA.

While you are using it

- Things you must do

If symptoms continue or if treatment is not successful, consult your doctor as soon as possible.

- Things you must not do

The dosage necessary to obtain the desired effect may vary individually. Do not use SENNA for a longer period of time (more than 1-2 weeks) without instructed by a doctor.

- Things to be careful of

SENNA is not suitable to be used for slimming.

In case of continuous long term use for longer than 14 days, effectiveness may be reduced.

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Side effects

It will not cause any side effects if used occasionally and for short periods of time. Long term use or overdosage may cause stomach pain, nausea and vomiting, loss of weight, muscle weaknesses and worsening of constipation after stopped taking SENNA.

Larger dose taken over a long period of time may cause a loss of mineral salts, especially potassium, which may result in a reduction of bowel movement.

This medication may cause your urine to turn reddish-brown. This effect is harmless and will disappear when the medication is stopped.

You may report any side effect or adverse drug reactions directly to National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (*Public → Reporting Medicinal Problems/Side effects/AEFI/Vaccine Safety*).

Storage and disposal of SENNA

- Storage

Senna should be stored below 25°C, protected from light and moisture.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

Brown, round, scored tablets with Remedica's logo on one side.

- Ingredients

- Active ingredients

Sennosides 7.5mg

- Inactive ingredients

Magnesium Stearate BP, Lactose BP, Starch BP, Purified Talc BP, Sodium Starch Glycolate BP, Povidone BP, Colloidal Silicone Dioxide, Chocolate Brown, Microcrystalline Cellulose BP.

- MAL number

MAL19912967X

Manufacturer

Remedica Ltd.
Limassol Industrial Estate,
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Product registration holder

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