

# VENTAMOL EXPECTORANT

Salbutamol/Guaiphenesin (1.2mg/50mg per 5ml)

## What is in this leaflet

1. What Ventamol Expectorant is used for
2. How Ventamol Expectorant works
3. Before you use Ventamol Expectorant
4. How to use Ventamol Expectorant
5. While you are using Ventamol Expectorant
6. Side effects
7. Storage and disposal of Ventamol Expectorant
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

## What Ventamol Expectorant is used for

This medicine contains:

- salbutamol which helps to relieve chest tightness or wheezing to breathe more easily.
- guaifenesin which helps to reduce the viscosity of thick sputum.

## How Ventamol Expectorant works

- salbutamol belongs to a group of medicines called bronchodilators which work by opening the lungs airways to make it easier for air to get in and out. This will help to relieve chest tightness, wheezing and cough.
- guaifenesin is an expectorant which works by increasing the production of respiratory fluid, thinning and facilitating the removal of mucus.

## Before you use Ventamol Expectorant

### - When you must not use it

Do not take this medicine if:

- you are hypersensitive to salbutamol sulphate or guaifenesin or any of the other ingredients of Ventamol Expectorant.
- you are taking beta-blockers such as propranolol.

### - Before you start to use it

Tell your doctor if:

- you have high blood pressure or are diabetic
- you suffer from thyroid disease

- you have a history of heart problems
- you are breastfeeding or plan to breastfeed.
- you are pregnant, think you are pregnant, or plan to get pregnant.
- you are taking other medicines, including those available to buy without a prescription, herbal and complementary medicines.
- you have allergies to any other medicines, foods, dyes or preservatives.

### - Taking other medicines

Talk to your doctor or pharmacist if you are taking any other medicines in any form including any that you buy or obtained without a prescription.

Some medicines interfere with Ventamol Expectorant.

They include:

- medicines for asthma such as aminophylline or theophylline
- heart medicines which belong to beta-blockers group such as propranolol
- high dose corticosteroid such as prednisolone

Other interactions not stated may occur. Talk to your doctor or pharmacist if you have any other concerns.

## How to use Ventamol Expectorant

### - How much to use

Your doctor will determine the amount of medicine you should take based on the severity of your condition. Take this medicine in the dose prescribed by your doctor.

- Adult:

The usual dose is 10-20ml two to three times a day.

- Children (between 7 to 12 years)  
The usual dose is 10ml two times a day.

- Children (up to 6 years)  
The usual dose is 5-10ml two times a day.

### - When to use it

Shake well before use.

Usually two to three times daily.

### - How long to use it

You are advised to take it as long as your doctor tells you to.

### - If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Overdose symptoms may include:

- palpitation (irregular heartbeat)
- tremor (unintentional trembling)
- chest pain
- bursting feeling
- agitation (nervous excitement)
- tachycardia (an abnormally rapid heart rate)
- peripheral vasodilation (widening of blood vessel)
- hypokalaemia (deficiency of potassium in the bloodstream)
- hyperglycaemia (an excess of glucose in the bloodstream)
- lactic acidosis (low pH in the body tissues)
- acute psychosis (mental disorder)

## While you are using Ventamol Expectorant

### - Things you must do

- Take your medicine exactly as your doctor has told you.

# VENTAMOL EXPECTORANT

Salbutamol/Guaiphenesin (1.2mg/50mg per 5ml)

---

- Tell your doctor immediately if you become pregnant.
- Tell your doctor if you decide to breast-feed your baby.
- Tell your doctor if you are taking any other medicines.

- Things you must not do

Do not:

- Give this medicine to anyone else, even if their symptoms seem similar to yours.
- Take your medicine to treat any other complaints unless you are told by your doctor or pharmacist.
- Stop taking the medicine or change the dosage on your own before asking your doctor.

- Things to be careful of

Be careful when driving or operating machinery until you know Ventamol Expectorant affects you.

## Side effects

All medicines can cause unwanted side effects. These effects can be serious.

They are:

- Nervousness and trembling
- unusual fast heartbeat
- drowsiness
- Gastrointestinal disturbances eg. Nausea, diarrhea and stomach pain

Other unwanted side effects not listed may occur. Tell your doctor immediately if you experience any side effects.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction monitoring by calling Tel: 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumers→Reporting)

## Storage and disposal of Ventamol Expectorant

- Storage

Keep out of reach of children.

Store Ventamol Expectorant below 25°C.

Protect from light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product description

- What it looks like

Colourless, transparent liquid with strawberry flavor.

- Ingredients

- Active ingredients  
Each 5mL contains:  
Salbutamol sulphate 1.2mg  
Guaifenesin 50.0mg

-Inactive ingredients  
Strawberry Flavour  
Syrup Simplex  
Propylene Glycol  
Methyl Hydroxybenzoate  
Propyl Hydroxybenzoate  
Glycerin  
Citric Acid  
Deionised Water

- MAL Number:

MAL19921147AZ

## Manufacturer

Hovid Bhd.  
121, Jalan Tunku Abdul Rahman  
(Jalan Kuala Kangsar),  
30010 Ipoh, Malaysia.

## Product Registration Holder

Hovid Bhd.  
121, Jalan Tunku Abdul Rahman  
(Jalan Kuala Kangsar),  
30010 Ipoh, Malaysia.

## Date of revision

23 March 2016

## Serial Number

BPFK(R4/1)070915/00304