

# CP COUGH SYRUP

Carbocisteine/Promethazine hydrochloride (100mg/2.5mg per 5ml)

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## What CP Cough Syrup is used for

CP Cough Syrup is used for symptomatic treatment of troublesome, nonproductive cough, particularly occurring at night.

## How CP Cough Syrup works

Promethazine is a sedating antihistamine. It blocks the effects of the naturally occurring chemical histamine in the body. It provides a drying effect on the nasal and oral mucosa. It is commonly used in the preparation for symptomatic treatment of coughs and the common cold.

Carbocisteine is used to dissolve or breakdown mucus in respiratory disorders associated with productive cough.

## Before you use CP Cough Syrup

- When you must not use it

Do not take this medicine if you are sensitive to promethazine HCl, carbocisteine or to any other phenothiazine medications.

Tell your doctor if you have any of the following medical conditions:

- Gastroduodenal ulcer
- Bladder neck obstruction (bladder neck does not open appropriately or completely during voiding)
- Enlargement of prostate
- Urinary retention
- Bone marrow depression
- Cardiovascular disease (diseases that involve heart and blood vessels)
- Coma

- Glaucoma (a group of eye conditions that can cause blindness)
- Jaundice
- Reye's syndrome (swelling in the liver and brain)
- Chronic bronchitis (inflammation of the airways that carry air to your lungs)
- Productive cough
- Emphysema (damage to the air sacs (alveoli) in the lungs)
- Diabetes
- Liver function impairment
- Respiratory depression (breathing insufficiency)

Do not take this medicine after the expiry date printed on the pack or if the packaging is damaged.

If you are not sure whether you should start taking this medicine, talk to your pharmacist or doctor.

## *Pregnancy and breastfeeding*

Do not take CP Cough Syrup if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take CP Cough Syrup if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

## - Before you start to use it

- Promethazine should not be used in adolescents with signs and symptoms suggestive of Reye's syndrome since extrapyramidal symptoms (movement and muscle control problems throughout the body) may occur.
- Dizziness, sedative, confusion, hypotension (low blood pressure) and paradoxical reaction (opposite to the effect which would normally be expected) may be more likely to occur in elderly people taking promethazine.
- Carbocisteine which may disrupt the gastric mucosal barrier should be used with caution if you have a history of peptic ulceration.
- Not to be used in children less than 2 years of age.

- To be used with caution and on doctor's or pharmacist's advice in children 2 to 6 years of age.
- Use of promethazine is not recommended in newborn or premature infants due to increased susceptibility to anticholinergic side effects, such as central nervous system (CNS) excitation, and an increased tendency toward convulsions.

## - Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Concurrent use of CP Cough Syrup and the following drugs must be avoided or if necessary, use with care:

- alcohol
- other central nervous system depressants (sedatives, antidepressants, barbiturates, clonidine and related substances, hypnotics, morphine derivatives (analgesics and antitussives), methadone, neuroleptics, anxiolytics).
- atropine and other atropine substances (imipramine antidepressants, anticholinergic antiparkinsonians, atropine antispasmodics, disopyramide, phenothiazine neuroleptics)
- sultopride

Other interactions not stated may occur. Talk to your doctor or pharmacist if you have any other concerns.

## How to use CP Cough Syrup

- How much to use

For oral administration.

### *Adult*

Take three to four tablespoons daily.

### *Children 12 - 15 years*

Take six to nine teaspoons daily.

### *Children 30 months – 12 years*

Take four to six teaspoons daily.

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## Children 24 - 30 months

Take three to four teaspoons daily.

This product contains Promethazine HCl. It should not be used in children less than 2 years of age because of the potential for fatal respiratory insufficiency.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

### - When to use it

This medication should be taken with food. You are advised to use a calibrated measuring device as 5 ml is a rough approximation of one teaspoon and different teaspoons differ in their volume.

### - How long to use it

Continue taking CP Cough Syrup for as long as your doctor recommends.

### - If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

If you take too much of this medicine it may result in convulsions, consciousness disorders or coma.

## While you are using it

### - Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking CP Cough Syrup.

Tell your doctor immediately if you become pregnant while taking this medication.

### - Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give CP Cough Syrup to anyone else, even if they have the same symptoms or condition as you.

Do not take more than the recommended dose unless your pharmacist or doctor tells you to

### - Things to be careful of

#### *Driving and using machines*

This medicine may affect your ability to drive or use machines. If the medicine makes you feel drowsy, dizzy or less alert than normal, do not drive or use machines and contact your doctor immediately. Children should be supervised to avoid potential harm in bike riding or other dangerous activities.

#### **Side effects**

Like all medicines, CP Cough Syrup can cause side effects, although not everybody gets them.

Tell your doctor immediately if you think you are experiencing any of the following possible unwanted side effects while taking the medicine.

The side effects with this medication appear to be rare and may include:

- drowsiness
- blood dyscrasias (defect in the blood)

- nausea
- dizziness
- gastrointestinal bleeding
- gastric discomfort

Other common side effects:

- headache
- confusion
- difficult or painful urination
- dryness of mouth, nose or throat
- hypotension (abnormally low blood pressure)
- increased sweating
- loss of appetite
- paradoxical reaction (opposite effect from medical treatment)
- photosensitivity (abnormally high sensitivity to sunlight)
- ringing or buzzing in ears
- skin rash (skin inflammation)
- tachycardia (an abnormally rapid heart rate)

Other unwanted side effects not listed may occur. Tell your doctor immediately if you experience any side effects.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction monitoring by calling Tel: 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumers→Reporting)

## Storage and disposal of CP Cough Syrup

### - Storage

Keep out of reach of children. Store below 25°C. Protect from light.

### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product description

### - What it looks like

Brownish liquid with vanilla flavour.

# CP COUGH SYRUP

Carbocisteine/Promethazine hydrochloride (100mg/2.5mg per 5ml)

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- Ingredients

- Active ingredients

Each 5 ml contains:

Carbocisteine 100.0 mg

Promethazine HCl 2.5 mg

- *Inactive ingredients*

Glycerine

Purified Water

Methyl Paraben

Vanilla Flavour

Caramel Liquid

Propylene Glycol

Propyl Paraben

Vanillin

Maltitol Solution

Sodium Hydroxide

- MAL Number:

MAL09032004AZ

**Manufacturer**

HOVID Bhd.

121, Jalan Tunku Abdul Rahman,

30010 Ipoh, Malaysia.

**Product Registration Holder**

HOVID Bhd.

121, Jalan Tunku Abdul Rahman,

30010 Ipoh, Malaysia.

**Date of revision**

20/10/2015

**Serial Number:**

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