

PHENEXPECT SYRUP

Diphenhydramine HCl 12.5mg/5ml, Ammonium Chloride 135mg/5ml, Menthol 1.1mg/5ml

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What Phenexpect is used for

Phenexpect is used to treat productive cough and sneezing; runny nose; and other symptoms of allergies and the common cold.

How Phenexpect works

Phenexpect contains:

- diphenhydramine, which is an antihistamine used to relief nasal and non-nasal symptoms of various allergic conditions;
- ammonium chloride is an expectorant which facilitates coughing out phlegm.

Before you use Phenexpect

When you must not use it

Do not take Phenexpect if:

- you are allergic (hypersensitive) to any of the ingredients in the syrup
- you have kidney problems
- you have liver problems
- you have porphyria (a rare blood disease)
- you have an eye condition called glaucoma
- for men, you have enlarged prostate

If you are not sure if any of the above applies to you, talk to your doctor or pharmacist before taking Phenexpect.

Before you start to take it

You should check with your doctor or pharmacist before taking Phenexpect if:

- you are pregnant or breastfeeding

Driving and operating machine

This medicine may cause drowsiness. If affected, do not drive or operate machinery. Avoid alcoholic drink.

Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription, including the following:

- sedatives;
 - hypnotics;
 - tranquilizers;
- all of which are used to treat anxiety and tension.

The drowsiness effect may be enhanced.

How to take Phenexpect

How much to take

Adults:

1 to 2 teaspoonfuls to be taken 3 or 4 times a day.

Children:

6 to 12 years: 1 teaspoonful 3 times a day.

2 to 6 years: 1/2 teaspoonful 3 times a day.

Note: 1 teaspoonful is equal to 5 ml.

When to take it

Take Phenexpect at the same time every day. If you are not sure, check with your doctor or pharmacist.

How long to take it

Always take Phenexpect exactly as your doctor has told you. If you are not sure, check with your doctor or pharmacist.

If you forget to take it

If you forget to take a dose, take it as soon as you remember it and then take the next dose at the right time.

Do not take a double dose to make up for a forgotten dose.

If you take too much (overdose)

If you (or someone else) took a lot of syrup at the same time, or you think a child may have

swallowed any, contact your nearest hospital casualty department or tell your doctor immediately.

Symptoms of overdose includes:

Drowsiness, dizziness, nausea, vomiting, confusion, convulsions, tachycardia (an abnormally rapid heart rate), and respiratory failure (inadequate gas exchange by the respiratory system).

While you are taking Phenexpect

Things you must do

Take Phenexpect for as long as your doctor recommends. If the symptom still persists or not lighten after a few days, please consult your doctor.

Things you must not do

-Do not give Phenexpect to anyone else, even if they have the same condition as you.

-Do not take Phenexpect to treat any other complaints unless your pharmacist or doctor tells you to.

-Do not take more than the recommended dose unless your pharmacist or doctor tells you to.

Things to be careful of

Phenexpect is not suitable to be used in children below 2 years old.

Use with care and according to doctor/pharmacist advice for children between 2 to 6 years old.

Side Effects

Like all medicines, Phenexpect may cause side effects, although not everybody gets them.

Consult doctor or pharmacist for further information if you notice any of the following and they worry you:

- Drowsiness
- dryness of mouth
- nausea
- vomiting

Consult doctor or pharmacist for further information if you

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notice any other side effects and they worry you.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of Phenexpect

Storage

Keep all medicines out of the reach of children.

Store below 25°C and protect from light.

Disposal

Do not take this medicine after the expiry date stamped on the pack.

Return any unused syrups to your pharmacist to be disposed of. Only keep the syrups if your doctor tells you to. Do not throw them away in your normal household drainage or waste. This will help to protect the environment.

Product Description

What it looks like

Brown viscous mixture, sweet taste with prune flavor.

Ingredients

Active Ingredients

Each 5ml contains:

-12.5mg Diphenhydramine HCl

-135mg Ammonium Chloride

-1.1mg Menthol

Inactive ingredients

Methyl hydroxybenzoate,
Propyl hydroxybenzoate,
menthol, sodium saccharin,
prune HC 3995, chloroform
spirit, liquid glucose, sodium
citrate dihydrate, granulated fine
white sugar, liquid caramel,
sorbitol 70%, purified water

MAL Number

MAL19900592A

Manufacturer

Drug Houses of Australia Pte. Ltd.

#09-01/02 Haw Par Tiger Balm Building,
No. 2, Chia Ping Road,
Singapore 619968

Product Registration Holder

Actavis Sdn Bhd

Unit 304, Level 3, Uptown 2,
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