# DEXCHLORMINE TABLET

Dexchlorpheniramine Maleate (2mg)

**What is in this leaflet**



**What DEXCHLORMINE TABLET is used for**

Indicated for the treatment of

- Allergic rhinitis (hay fever) such as seasonal allergic rhinitis and Allergic conjunctivitis (inflammation of the membrane covering the eye)
- Skin allergic reaction such as hives
- Contact dermatitis (inflammation caused by contact with a foreign substance)
- Ectopic dermatitis or eczema (skin becomes dry, itchy, and easily irritated)
- Persistent itch around the anus and vulva
- Medicine reactions attributable to allergic phenomena particularly those characterised by itch, hives and swelling under the skin.

**How DEXCHLORMINE TABLET works**

Dexchlorpheniramine Maleate is an antihistamine. It works by blocking a certain natural substance (histamine) that your body makes during an allergic reaction. The antimuscarinic action provides a drying effect on the nasal lining.

**Before you use DEXCHLORMINE TABLET**

- *When you must not use it*
  - In new-born or premature infants.
  - Individuals with acute attack of asthma
  - Hypersensitivity to the Dexchlorpheniramine Maleate.

*Pregnancy and lactation*

Safety during pregnancy has not been established. It is not known whether Dexchlorpheniramine is found in human milk, and therefore caution should be exercised when used by nursing mothers.

It should be used with caution in pregnant women.

Ask your doctor or pharmacist for advice before taking any medicine.

- *Before you start use it*

You should abstain from alcohol.

- *Taking other medicines*

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Avoid concomitant use with monoamine oxidase inhibitors (antidepressant), tricyclic antidepressants, barbiturates, other central nervous system depressants, and oral anticoagulants (for blood thinning).

**How to use DEXCHLORMINE TABLET**

- *How much to use*

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Adults: 1 mg (½ tablet) – 2 mg (1 tablet) every 4 – 6 hourly as needed (maximum of 12 mg daily)
Children 6 – 12 years: 1 mg (½ tablet) every 4 – 6 hourly (maximum of 6 mg daily)

- *When to use it*

Use as directed by your doctor or pharmacist.

- *How long to use it*

Continue taking DEXCHLORMINE TABLET for as long as your doctor recommends.

- *If you forget to use it*

Consult your doctor or pharmacist on what you should do if you forget to use it.
Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- *If you use too much (overdose)*

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many tablets may cause dizziness, noises or ringing in the ears, disturbed co-ordination, blurred vision and abnormally low blood pressure.

**While you are using it**

- *Things you must do*

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking DEXCHLORMINE TABLET.

Tell your doctor immediately if you become pregnant while taking this medication.

- *Things you must not do*

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give DEXCHLORMINE TABLET to anyone else, even if they have the same symptoms or condition as you.

- *Things to be careful of*

*Driving and using machines*

It may cause drowsiness and dulling of mental alertness. Individuals undergoing treatment with these medicines should not take charge of vehicles or machinery.

It should be used with caution in individuals with narrow angle glaucoma (increased eye pressure), enlarged prostate gland, urinary retention, heart and blood vessel disease and overactive thyroid gland.

**Side effects**

Like all medicines, DEXCHLORMINE TABLET can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

The side effects are drowsiness, dizziness, gastrointestinal disturbances, muscular weakness, incoordination, headache, blurred vision, noises or ringing in the ears, anaphylactic shock (serious allergic reaction), sensitive to light, excessive perspiration, chills, dry mouth, nose and throat, abnormally low blood pressure, insomnia (sleep disorder), tremor, nervousness, convulsions and euphoria (excitement).

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

**Storage and Disposal of DEXCHLORMINE TABLET**

- *Storage*

Keep out of the reach and sight of children.
Store in dry place below 25°C.
Protect from light

- *Disposal*

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product Description**

- *What it looks like*

White in colour, flat, round and scored; uncoated tablet.

- *Ingredients*
  - Active ingredient
    Dexchlorpheniramine Maleate
  - Inactive ingredients

White base, corn starch, Magnesium Stearate

- *MAL number:*

DEXCHLORMINE TABLET
MAL20014499AZ

**Manufacturer & Product Registration Holder**
Dynapharm (M) Sdn. Bhd.
2497, Mk 1, Lorong Perusahaan Baru 5,
Kawasan Perusahaan Perai 3, 13600
Seberang Perai, Pulau Pinang,
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