

MEDOPA TABLET

Setiap tablet mengandungi: *L-Methylidopa* bersamaan dengan *anhydrous Methylidopa 250mg*

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Kegunaan Medopa Tablet

Medopa Tablet digunakan untuk rawatan tekanan darah tinggi.

Cara Medopa Tablet Berfungsi

Methylidopa tergolong dalam kumpulan agonis adrenergik alfa. Ia menurunkan tekanan darah tinggi dengan merehatkan otot-otot pada salur darah.

Perhatian Sebelum Mengambil Medopa Tablet

Jangan ambil jika

- Anda alergi kepada Methylidopa atau bahan-bahan lain yang terkandung di dalam produk ini.
- Menghidapi masalah hati

Sebelum mengambil

Dapatkan nasihat doktor jika anda:-

- Mengandung/ Disyaki mengandung.
- Merancang untuk mengandung.
- Menyusukan bayi.

Mengambil ubat lain

Terdapat beberapa jenis ubatan yang tidak digalakkan diambil bersama dengan Medopa Tablet. Anda harus memaklumkan doktor dan ahli farmasi anda mengenai ubatan yang sedang diambil termasuk ubatan yang dibeli di farmasi tanpa preskripsi doktor. Maklumkan doktor dan ahli farmasi jika anda sedang mengambil ubatan berikut:-

- Ubat rawatan darah tinggi yang lain.
- Ubat rawatan *anxiety*.

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- Lithium
- Simpatomimetik

Cara Mengambil Medopa Tablet

Arahan pengambilan

Ikut arahan doktor atau ahli farmasi anda. Jangan ambil lebih atau kurang daripada amaun yang disyorkan.

Dos permulaan biasa bagi dewasa adalah 250mg setiap 8-12jam sehari. Julat dos biasa adalah 500mg sehingga maksima 3g secara dos yang terbahagi.

Waktu pengambilan

Medopa Tablet perlu diambil selepas makan.

Jangkamasa pengambilan

Ikut arahan yang telah ditetapkan oleh doktor atau ahli farmasi anda.

Jika terlupa mengambil

Jangan gandakan dos anda. Ambil dos seperti biasa bila tiba waktu untuk dos seterusnya.

Jika terlebih dos

Hubungi doktor anda atau dapatkan bantuan kecemasan.

Semasa Pengambilan Medopa Tablet

Perkara yang perlu dilakukan

Ambil Medopa Tablet mengikut arahan doktor.

Larangan

Jangan kongsi ubatan anda dengan orang lain walaupun mereka mengalami masalah yang sama.

Perhatian

Rujuk doktor atau ahli farmasi anda jika anda mengalami mana-mana kesan sampingan yang dinyatakan.

Kesan Sampingan

Kesan sampingan biasa adalah mengantuk, sakit kepala, penat, pening, gangguan gastrointestinal, alergi dan penurunan *libido*.

Rujuk doktor atau ahli farmasi anda jika anda mengalami kesan-kesan lain semasa pengambilan ubat ini.

Selepas Mengambil Medopa Tablet

Penyimpanan

Simpan pada suhu dibawah 30°C.

Pelupusan

Jangan buang ubatan yang berlebihan secara sebarangan. Dapatkan nasihat ahli farmasi anda mengenai cara-cara pelupusan ubatan.

Gambaran Produk

Rupa produk

Tablet bulat, berwarna kuning, cembung dan bersalut file. Bertanda "SW" pada satu muka.

Kandungan

Setiap tablet mengandungi *L-Methylidopa* bersamaan dengan *anhydrous Methylidopa 250mg* sebagai bahan aktif.

Lain-lain kandungan bahan tidak aktif:

Laktosa, hydroxypropyl methyl cellulose, quinoline yellow lake, maize starch, isopropyl alcohol, magnesium stearate, talcum.

Nombor Pendaftaran Produk

MAL19861612A

Pengilang

Sunward Pharmaceutical Pte. Ltd.
1, Wan Lee Road,
Singapore 627943.

Market Authorization Holder
Sunward Pharmaceutical Sdn. Bhd.

MEDOPA TABLET

Each tablet contains: L-Methyldopa equivalent to equivalent to anhydrous Methyldopa 250mg

What is in this leaflet:

1. What Medopa Tablet is used for
 2. How Medopa Tablet works
 3. Before you use Medopa Tablet
 4. How to take Medopa Tablet
 5. While you are using Medopa Tablet
 6. Side effects
 7. After using Medopa Tablet
 8. Product Description
 9. Manufacturer
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What Medopa Tablet is used for

Medopa Tablet is used for the treatment of high blood pressure.

How Medopa Tablet Works

The active ingredient in the medicine is 'Methyldopa'. This belongs to a group of medicines called 'alpha adrenergic agonist'. It reduces blood pressure by relaxing the blood vessels in the body

Before you use Medopa Tablet

When you must not take it

- If you are allergic to Methyldopa or any other ingredients in the product
- If you have liver disease

Before you start to take it

You should check with your doctor:-

- If you are or think you may be pregnant
- If you are planning to become pregnant
- If you are breastfeeding

Taking Other Medicines

There are a few medicines which may not mix with Medopa Tablet. It is important to tell your doctor or pharmacist about all the medicines that you are taking, including those obtained without doctor's prescription. You should talk to your doctor or pharmacist if you are on the following:-

- Other medications for high blood pressure
 - Medications for anxiety treatment
 - Lithium
 - Sympathomimetics
-

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How to take Medopa Tablet

How much to Take

You should take Medopa Tablet exactly as advised by your doctor or pharmacist. The amount you take each day will depend on your condition. Do not take more or less than what your doctor prescribes.

The usual initial dose for adults is 250mg two to three times daily. The usual daily dosage ranges from 500mg to a maximum of 3g in two to four divided doses.

When to take

Medopa Tablet is to be taken after meal.

How long to take it

It is important to take Medopa Tablet as long as your doctor prescribes.

If you forget to take it

Do not take extra tablets to make up for a missed dose. Just take your next dose at usual the time.

If you take too much (overdose)

If you take too many tablets by mistake, contact your doctor immediately or seek medical attention.

While you are using Medopa Tablet

Things you must do

Take Medopa Tablet exactly the way as prescribed.

Things you must not do

Do not share your medicines with others even if they have the same diagnosis as you

Things to be careful of

If you experience any side effects, consult your doctor or pharmacist for advice

Side Effects

The common side effects are drowsiness, headache, weakness, dizziness, gastrointestinal upset, allergic reaction, and decreased libido.

Please refer to your doctor or pharmacist if you experience any other symptoms while taking this medication.

After using Medopa Tablet

Storage

Store at room temperature below 30°C

Disposal

If you have any unwanted tablets, do not put them in waste water or household rubbish. Ask your pharmacist how to dispose of the tablets.

Product Description

What it looks like

Round, yellow, standard convex, film-coated tablet with "SW" debossed on one side only.

Ingredients

Each tablet contains L-Methyldopa equivalent to anhydrous Methyldopa 250mg.

Other non-active ingredients are: Lactose, hydroxypropyl methyl cellulose, quinoline yellow lake, maize starch, isopropyl alcohol, magnesium stearate, talcum

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