

COFNIL-N SYRUP

Ammonium chloride / Ephedrine hydrochloride / Chlorpheniramine maleate (150mg/5mg/2mg per 5ml)

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What Cofnil-N Syrup is used for

Cofnil-N Syrup is used for the following:

- Symptomatic relief of cough.
- To treat nasal congestion due to common cold, allergy and other respiratory infections.

How Cofnil-N Syrup works

Ephedrine Hydrochloride

It acts as a nasal decongestant by narrowing the small blood vessels in your nose. This reduces the thickness of the lining of your nose which is causing the congestion and relieves the blocked-up feelings.

Chlorpheniramine Maleate

Chlorpheniramine maleate is a H₁ – receptor antagonist. It inhibits the release of histamine into the body that occurs during an allergic reaction and helps in drying up mucous secretion and bronchodilation and hence aids in the expectorant action.

Ammonium Chloride

It works as an expectorant by helping to loosen up phlegm making it easier to cough it up.

Before you use Cofnil-N Syrup

When you must not use it

- If you have a history of hypersensitivity to sodium citrate, chloroform or menthol.
- If you are being treated with a Monoamine Oxidase Inhibitors (MAOIs) or within about 2 weeks of

the discontinuation of such treatment.

- Premature and newborn infants.
- If you have kidney or liver impairment
- If you have blockage of the flow of blood to the heart
- If you have over activity of the thyroid gland

Before you start to use it

Your doctor will tell you how much Cofnil-N Syrup to take and how often. This should also be printed on the label of your prescription.

Tell your doctor or pharmacist if you have allergies to any other medicines, food, preservatives or dyes.

Do not use for children below 2 years of age. Use with caution on the advice of doctor or pharmacist for children aged 2 to 6 years.

Pregnancy and lactation

Do not take Cofnil-N Syrup if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take Cofnil-N Syrup if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Avoid taking Cofnil-N Syrup with central nervous system depressing medicines at the same time.

How to use Cofnil-N Syrup

How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not

understand the instructions on the label, ask your doctor or pharmacist for help.

2 - 6 years:

2.5ml every 6 hours (4 times a day).

6 – 12 years:

5ml every 6 hours (4 times a day)

12 years and above:

10ml every 6 hours (4 times a day)

Every dose should be followed by a full glass of water to ensure adequate hydration which will give good expectorant action.

When to use it

Use as directed by your doctor or pharmacist.

How long to use it

Continue taking Cofnil-N Syrup for as long as your doctor recommends.

If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

If you use too much (overdose)

Effect of over dosage will be due mainly to chlorpheniramine and ephedrine hydrochloride.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much syrup may cause flushing, sweating and vomiting.

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While you are using Cofnil-N Syrup

Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Cofnil-N Syrup.

Tell your doctor immediately if you become pregnant while taking this medication.

Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Cofnil-N Syrup to anyone else, even if they have the same symptoms or condition as you.

Things to be careful of

This medicine may affect your ability to drive or use machines. If the syrup makes you feel drowsy, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, Cofnil-N Syrup can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist if you experience any side effects after taking this medicine such as:

- Anxiety, restlessness, muscular weakness, sweating and thirst.
- Insomnia and retention of urine in patients with enlargement of prostate
- Depression
- Gastrointestinal disturbances such as nausea, vomiting, diarrhea or constipation and epigastric pain.
- Headache, blurred vision, tinnitus (hearing ringing, buzzing, or other

sounds without an external cause), irritability, nightmares and dry mouth.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550 or visiting the website portal.bpfk.gov.my (Consumer → Reporting)

Storage and disposal of Cofnil-N Syrup

Storage

Keep all medicines out of the sight and reach of children.

Keep the medicines in a cool dry place where the temperature stays below 25°C. Protect from light.

Do not store in the bathroom or near a sink, or on a window sill.

Do not leave it in the car on hot days. Heat and dampness can destroy some medicines.

Do not take this medicine after the expiry date stamped on the pack. The expiry date refers to the last day of that month.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

What it looks like

A clear reddish-brown liquid, free from visible impurities with menthol and fennel oil odour.

Ingredients

Cofnil-N Syrup contains:

- Active ingredients
Ammonium Chloride 150mg,
Ephedrine Hydrochloride 5mg and

Chlorpheniramine Hydrochloride 2mg in every 5ml

- Inactive ingredients are Glycerin, Menthol, Liquid Caramel, Liquid Sorbitol, Granular Sugar, Fennel Oil, Croscarmellose Sodium, Citric Acid Anhydrous, Sodium Citrate, Chloroform, Chloroform Spirit, acetic acid and Deionized Water.

MAL number:

MAL19890438A

Manufacturer

Idaman Pharma Manufacturing Sdn. Bhd (661901-P)

Lot 24 & 25, Jalan Perusahaan Lapan, Bakar Arang Industrial Estate, 08000 Sungai Petani, Kedah.

Product Registration Holder

Idaman Pharma Manufacturing Sdn. Bhd (661901-P)

Lot 24 & 25, Jalan Perusahaan Lapan, Bakar Arang Industrial Estate, 08000 Sungai Petani, Kedah.

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