

# COLIDEN COUGH MIXTURE (ADULT'S)

Consumer Medication Information Leaflet (RiMUP)

Guaifenesin (100mg/5ml)

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## WHAT COLIDEN COUGH MIXTURE (ADULT'S) IS USED FOR

Coliden Cough Mixture (Adult's) is a preparation to relieve coughing, help break up phlegm and ease congestion, soothe sore throat.

## HOW COLIDEN COUGH MIXTURE (ADULT'S) WORKS

Guaifenesin is an expectorant which reduces the viscosity of tenacious sputum.

## BEFORE YOU USE COLIDEN COUGH MIXTURE (ADULT'S)

### When you must not use it

Do not take Coliden Cough Mixture (Adult's) if:

- If you are allergic to the component in Coliden Cough Mixture (Adult's).
- If it is not prescribed by a qualified doctor or pharmacist for you.

### Before you start to use it

Tell your doctor if:

- If you are allergic to any medicines, food and dyes.
- If you are taking any other medicines (including those not prescribed by your doctor).
- If you are having gastric ulceration.

### Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

## HOW TO USE COLIDEN COUGH MIXTURE (ADULT'S)

### How much to use

To be administered orally.

Adult: 10ml.

Children: 10-12 years: 5ml.

Repeat the dosage 6 hourly. Not more than 60ml to be taken daily.

### When to use it

Your doctor will decide when it is appropriate for you to use Coliden Cough Mixture (Adult's) according to the type of condition you have.

### How long to use it

Continue taking Coliden Cough Mixture (Adult's) for as long as doctor recommends.

### If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

## WHILE YOU ARE USING IT

### Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you

are taking Coliden Cough Mixture (Adult's).

- Tell your doctor immediately if you become pregnant while talking this medication.

### Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give Coliden Cough Mixture (Adult's) to anyone else, even if they have the same symptoms or condition as you.

### Things to be careful of

- Chronic use should be avoided.

## SIDE EFFECTS

Like all medicines, Coliden Cough Mixture (Adult's) can cause side effects although not everybody gets them. You are advised to consult doctor/ pharmacist for further information. The following common side effects have been reported:

- Occasional gastrointestinal discomfort.
- Drowsiness.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumers -> Reporting).

## STORAGE AND DISPOSAL OF COLIDEN COUGH MIXTURE (ADULT'S)

### Storage

Keep Coliden Cough Mixture (Adult's) out of reach of children. Store below 30°C. Keep container well closed and protect from light.

### Disposal

Do not use Coliden Cough Mixture (Adult's) after the expiry date which is stated on the carton.

Medicines should not be disposed of via wastewater or household waste.

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Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## PRODUCT DESCRIPTION

### What it looks like

Coliden Cough Mixture (Adult's) is dark brown coloured and peppermint flavoured clear liquid.

### Ingredients

#### *Active Ingredient:*

Guaifenesin

#### *Inactive Ingredients:*

Purified Water, Citric Acid, Liquid Mornel, Menthol, Ammonium Chloride, Propylene Glycol, Saccharin Sodium, Peppermint Oil, Refined Sugar, Carboxymethylcellulose, Sorbitol, Methylparaben and Xanthan Gum.

### MAL Number

MAL19911439X

## MANUFACTURER AND PRODUCT REGISTRATION HOLDER

KOTRA PHARMA (M) SDN BHD  
No. 1, 2 & 3, Jalan TTC 12,  
Cheng Industrial Estate,  
75250 Melaka, Malaysia.

## DATE OF REVISION

03/12/2014

## SERIAL NUMBER

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