

# DICOGESIC TABLET

Dihydrocodeine tartrate (30mg)

---

## What is in this leaflet

1. What Dicogesic Tablet is used for
2. How Dicogesic Tablet works
3. Before you use Dicogesic Tablet
4. How to use Dicogesic Tablet
5. While you are using it
6. Side effects
7. Storage and Disposal of Dicogesic Tablet
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

## What Dicogesic Tablet is used for

Dicogesic tablet is used for the relief of mild to moderate pain including the pain of sciatica (nerve pain of the leg/back), joint and bone pain (osteoarthritis, rheumatoid arthritis and arthritis of the spine), nerve pain (post-herpetic neuralgia), pain following blood vessel disease (peripheral vascular disease), pain due to abnormal bone growth (Paget's disease), pain due to cancer or after operations. It is used in all painful conditions where you need to be alert, unlike morphine it has not hypnotic (less aware of your surrounding) effects.

Dicogesic tablet also been used as a cough suppressant.

## How it works

It contains the active ingredient dihydrocodeine tartrate which belongs to a group of medicines called narcotic analgesic. It helps to relief pain by acting on the central nervous system and smooth muscle.

## Before you take Dicogesic Tablet

### - When you must not use it

Do not take Dicogesic Tablet and tell your doctor if you:

- are allergic (hypersensitive) to dihydrocodeine or any of the ingredients in the tablet
- have difficulty breathing, or other chronic lung disease
- have a head injury or a condition where there is increased pressure in the skull (may cause painful eyes, change in vision or headache behind the eyes)
- are having an asthma attack
- have acute alcoholism.

### - Before you start to use it

You must tell your doctor if you have:

- liver problems

Prolonged use of high dose may produce dependence.

Please consult your doctor before start to use Dicogesic Tablet if you are pregnant, plan to become pregnant, breast-feeding or intend to breast-feed. Your doctor will have weighed the risks of you taking Dicogesic Tablet against the benefits they expect it will have for you.

### - Taking other medicines

Tell your doctor if you are taking any other medicines, including medicines that you buy without a prescription.

Some medicines when taken with Dicogesic Tablet may interfere with each other.

## How to use Dicogesic Tablet

### - How much to use

The usual adult dose is one tablet taken four to six hours or as directed by your doctor.

It is not recommended for administration to children under 12 years

Do not stop taking your medicine or change your dosage without first checking with your doctor.

### - How to use it

Dicogesic Tablet should be swallowed whole, with water with or after food.

### - How long to use it

Do not take for longer than directed by your prescriber. Taking Dicogesic Tablet regularly for a long time can lead to addiction.

### - If you forget to use it

If you forget to take a dose, you can take it as soon as you remember. The next dose should be taken as prescribed by your doctor.

Do not take a double dose to make up for the dose that you missed.

### - If you take too much (overdose)

Contact your doctor immediately, or go to Accident and Emergency at your nearest hospital immediately if you think that you or anyone else may have taken too much Dicogesic Tablet. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many tablets may cause respiratory depression.

### While you are using Dicogesic Tablet

#### - Things you must do

If you become pregnant while you are taking Dicogesic Tablet, tell your doctor immediately.

If you are about to be started on any new medicine, tell your doctor and pharmacist that you are taking Dicogesic Tablet.

If your pain is not severe and you feel that you do not need as much Dicogesic Tablet as your doctor ordered, consult your doctor.

Tell your doctor if your pain gets worse. Do not take extra doses without checking with your doctor.

#### - Things you must not do

Do not drink alcohol whilst taking Dicogesic Tablet tablets.

Do not give Dicogesic Tablet to anyone else, even if they have the same condition as you.

Do not use Dicogesic Tablet to treat any other complaints unless your doctor tells you to.

#### - Things to be careful of

Do not drive or operate machinery if affected.

### Side effects

Check with your doctor as soon as possible if you have any problems while taking Dicogesic Tablet, even if you do not think the problems are connected with the medicine or are not listed in this leaflet.

Like all medicines, Dicogesic Tablet can cause side effects, although not everybody gets them. Please tell your doctor or pharmacist if you notice any of the following effects or any effects not listed.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:

- mild constipation
- nausea and giddiness
- abstinence symptoms, very low addiction potential

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumers -> Reporting)

### Storage and Disposal of Dicogesic Tablet

#### - Storage

Keep the tablets in a cool dry place where the temperature stays below 25°C.

Keep out of the reach and sight of children.

#### - Disposal

Ask your pharmacist what to do with any tablets you have left over if your doctor tells you to stop taking them, or you find that the expiry date has passed.

### Product description

#### - What it looks like

A round 7 mm tablet, apple green in colour with 'Flower' and 'd' markings.

#### - Ingredients

##### Active Ingredient

Each tablet contains dihydrocodeine tartrate 30 mg.

##### Inactive Ingredient

- promigel
- brilliant blue
- lactose
- aerosil
- quinoline yellow
- cornstarch

- polyvinylpyrrolidone
- magnesium stearate

#### - MAL Number:

MAL19950294AZ

### Manufacturer

**DUOPHARMA (M) SDN. BHD. (42491-M)**

Lot. 2599, Jalan Seruling 59, Kawasan 3, Taman Klang Jaya, 41200 Klang, Selangor Darul Ehsan, Malaysia.

### Product Registration Holder

**DUOPHARMA (M) SDN. BHD. (42491-M)**

Lot. 2599, Jalan Seruling 59, Kawasan 3, Taman Klang Jaya, 41200 Klang, Selangor Darul Ehsan, Malaysia.

### Date of Revision

25/08/2015

### Serial Number

BPFK(R4/1)250815/00280