

APO-METOPROLOL TABLET

Metoprolol Tartrate (100mg)

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What Apo-Metoprolol is used for

Apo-Metoprolol is for the treatment of mild or moderate hypertension (high blood pressure) and for the prevention of angina pectoris (chest pain) due to reduced blood supply to the heart.

Your doctor may have prescribed Apo-Metoprolol for another reason.

Ask your doctor if you have any questions about why Apo-Metoprolol has been prescribed for you.

How Apo-Metoprolol works

Apo-Metoprolol belongs to a class of drugs called beta-blockers. Metoprolol acts by blocking the action of certain chemicals (hormones) on the heart and the blood vessels and affects, amongst other things, the heart rate and the heart's workload.

Before you use Apo-Metoprolol

- When you must not use it

Do not take Apo-Metoprolol if you have any of the following:

- allergy to metoprolol tartrate and/or its derivatives, or to any non-medicinal

ingredients present in Apo-Metoprolol

- allergy to beta-blockers
- an irregular heartbeat
- various heart conditions (please consult your doctor about your specific condition(s))

- Before you start to use it

Before you use Apo-Metoprolol, please tell your doctor if you:

- are pregnant or breast feeding
- have any other medical problems, especially heart problem
- have asthma
- have or had a heart problem such as low blood pressure, a slow heart rate, heart block and any other heart conditions.
- have diabetes and hypoglycemia
- have thyroid disease
- have liver disease
- have any type of circulatory disease
- have a bronchospastic disease
- planning on undergoing any kind of surgery

Caution is indicated in elderly patients.

- Taking other medicines

Some medication might cause complications when together with Apo-Metoprolol. These medications include digitalis (depressing the heart's AV conduction), anti-diabetic medications (masking of hyperglycemia/high glucose in body), anti-hypertensive medications (drop in blood pressure), epinephrine, or cimetidine.

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop

How to use Apo-Metoprolol

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Recommended doses for hypertension:

Initial dose: 50mg twice daily. Maintenance dose: 150mg to 300mg daily.

The dose is adjusted according to individual requirements.

Recommended doses for angina pectoris:

Initial dose: 50mg twice daily. Maintenance dose: 200mg daily.

The dose is adjusted according to individual requirements, not exceeding 400mg/day.

- When to use it

Metoprolol should be administered as 2 equal doses per day, morning and evening. Use as directed by your doctor or pharmacist.

- How long to use it

Take Apo-Metoprolol exactly as directed by your doctor. Continue taking Apo-Metoprolol for as long as your doctor recommends.

Do not stop taking Apo-Metoprolol without first talking to your doctor. Stopping Apo-Metoprolol abruptly may cause your condition to become worse.

- If you forget to use it

Take the missed dose as soon as you remember.

If it is almost time for the next dose however, skip the missed dose and take only the next regularly scheduled dose. Do not take a double dose of this medication.

- If you use too much (overdose)

If overdosage occurs, in all cases therapy with metoprolol should be discontinued and you should immediately contact your doctor or go to your nearest hospital emergency department.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Apo-Metoprolol.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Apo-Metoprolol to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like other medications, Apo-Metoprolol can cause some side effects. These side effects are most likely to be minor and temporary. However some may be serious and need medical attention.

The most common side effects reported are exertional tiredness, gastrointestinal disorders (diarrhea, constipation, nausea and vomiting). The most severe adverse reactions reported were congestive heart failure and bronchospasm (tightening of the muscles around the airway).

This is not a complete list of side effects.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers →Reporting).

Storage and Disposal of Apo-Metoprolol

- Storage

Remember to keep Apo-Metoprolol and all medications safely away from children.

Do not use this medicine after the month and year written after EXP on the container.

Store at temperatures between 15 - 30°C.

- Disposal

Ask your pharmacist what to do with any tablets you have left over if your doctor tells you to stop taking them, or you find that the expiry date has passed.

Product Description

- What it looks like

Apo-Metoprolol 100mg tablets are round, white, biconvex tablets, scored and engraved "APO" over 'M100' on one side, plain on the other.

- Ingredients

- Active Ingredient: Metoprolol tartrate

- Inactive Ingredient: Lactose monohydrate, microcrystalline cellulose, magnesium stearate, croscarmellose sodium and colloidal silicon dioxide.

- MAL number:

MAL 19984740AR

Manufacturer

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Product Registration Holder

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