

FOLIC ACID TABLET

Folic acid (5mg)

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What Folic Acid is used for

For lack of blood due to folic acid deficiency.

How Folic Acid works

Folic acid is involved in various processes in the normal production of red blood cells.

Before you use Folic Acid

- When you must not use it

Do not take Folic Acid if allergic to any ingredients in the tablet.

- Before you start to use it

Use with caution in condition where lack of blood cells is due to deficiency in vitamin B12.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Folic Acid

- How much to use

Oral, initially 10 – 20mg daily for 14 days, or until response has been obtained; the daily maintenance dose is 2.5mg to 10mg. Children may be given 5 to 15 mg daily according to severity of the deficiency. Follow all directions given by your doctor and pharmacist carefully. They may differ from information in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist..

- How long to use it

Continue taking Folic Acid for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using Folic Acid

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell the doctor, dentist and pharmacist treating you that you are taking Folic Acid. Tell your doctor immediately if you are pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist. Do not give Folic Acid to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Large doses are not recommended without doctor's advice.

Side effects

There are generally no reported side effects with Folic Acid. However, visit the doctor or pharmacist, if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

Storage and Disposal of Folic Acid

- Storage

Store in cool, dry place below 30°C. Protect from light.

Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required.

Product description

- What it looks like

Yellow, round, top-scored tablet.

- Ingredients

- Active ingredient: folic acid

- Inactive ingredients: lactose monohydrate, cornstarch, polyvinylpyrrolidone and magnesium stearate

- MAL number:

MAL19912085XZ

Manufacturer and Product Registration Holder

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