

BRITALINE RESPIRATOR SOLUTION

Terbutaline Sulphate (10mg)

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What Britaline Respirator Solution is used for

Britaline Respirator Solution is used to open up the airways in people with asthma, bronchitis and other breathing problems so that they can breathe more easily.

How Britaline Respirator Solution works

Britaline Respirator Solution contains terbutaline sulfate. Terbutaline is a bronchodilator and belongs to a group of medicines called beta-2-agonists. These work by relaxing certain muscles and opening up the airways in the lungs.

Your doctor may have prescribed Britaline Respirator Solution for another reason. Ask your doctor if you have any questions about why Britaline Respirator Solution has been prescribed for you.

Before you use it

- When you must not use it

Do not take Britaline Respirator Solution if you have ever had an allergic reaction to:

- any medicine containing terbutaline
- any of the ingredients listed at the end of this leaflet.

Symptoms of an allergic reaction may include shortness of breath, wheezing or difficulty in breathing; swelling of the face, lips, tongue or any other parts of the body; rash, itching or hives on the skin.

Do not take Britaline Respirator Solution after the expiry date (EXP) printed on the pack.

Do not take it if the bottle shows signs of having been tampered with.

If you are not sure whether you should start using this medicine, talk to your doctor or pharmacist.

- Before you start to use it

Tell your doctor if you are allergic to any other medicines or any foods, dyes or preservatives.

Tell your doctor if you have any of the following medical conditions:

- i. heart problems
- ii. hypertension (high blood pressure)
- iii. diabetes
- iv. thyroid problems
- v. liver impairment
- vi. kidney impairment

It may not be safe for you to take Britaline Respirator Solution if you have any of these conditions.

Tell your doctor if you are pregnant or plan to become pregnant, or breastfeeding.

Your doctor will advise you of the risks and benefits of using Britaline Respirator Solution during pregnancy and while breastfeeding.

If you have not told your doctor about any of these things, tell them before you take Britaline Respirator Solution.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from a pharmacy, supermarket or health food shop.

Some medicines and Britaline Respirator Solution may interfere with each other. These include:

- i. medicines used to treat heart problems or high blood pressure
- ii. medicines to treat asthma, bronchitis or breathing problems
- iii. medicines used to treat depression.
- iv. xanthines (for example theophylline)
- v. corticosteroids

These medicines may be affected by Britaline Respirator Solution or may affect how well it works. You may need to take different amounts of your medicine or you may need to take different medicines.

Your doctor or pharmacist has a more complete list of medicines to be careful with or avoid while taking Britaline Respirator Solution.

How to use Britaline Respirator Solution

Britaline Respirator Solution must only be used by inhalation from a nebuliser, and must not be injected or swallowed. The nebuliser produces a fine mist which you breathe in through a face mask or a mouthpiece.

Make sure that you know how to use it properly. If you have problems ask your doctor, nurse or pharmacist.

- Do not let the Britaline Respirator Solution, or the mist produced by the nebuliser, get into your eyes.
- Use your nebuliser in a well ventilated room as some of the mist will be released into the air and may be breathed in by others.

Follow all directions given to you by your doctor and pharmacist carefully.

They may differ from the information contained in this leaflet. If you do not understand the instructions on the pack, ask your doctor or pharmacist for help.

- How much to use

Adults : Dose to take 2.5mg – 5mg (0.25to 0.5ml) as required every 6 hours. Dilute it with sterile normal saline up to 2 to 4mL.

Children: Dosage is based on weight. Please check with your doctor for the recommended dose.

Step to use Britaline Respirator Solution

1. Prepare the nebuliser for filling.
2. Measure out the right quantity of Britaline Respirator Solution and put it in the nebuliser bowl.
3. Add the right amount of sterile normal saline solution
4. Put the top on the nebuliser bowl and shake it gently to mix the contents.
5. Assemble the nebuliser and use it as directed.
6. After use throw away any solution remaining in the nebuliser bowl. Clean your nebuliser in the recommended way.

- When to use it

It does not matter if you take Britaline Respirator Solution before or after food. If you are not sure what to do, ask your doctor or pharmacist.

If you have trouble remembering to take your medicine, ask your pharmacist for some hints.

- How long to use it

Your doctor will decide how often and for how long you have to take Britaline Respirator Solution.

Do not stop taking Britaline Respirator Solution, or change the dose without first checking with your doctor.

- If you forget to use it

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Otherwise, use it as soon as you remember, and then go back to taking your medicine as you would normally.

Do not take a double dose to make up for the dose that you missed. This may increase the chance of you getting an unwanted side effect.

If you are not sure what to do, ask your doctor or pharmacist.

- If you use too much (overdose)

Immediately telephone your doctor or go to accident and emergency at your nearest hospital, if you think that you or anyone else may have taken too much Britaline Respirator Solution. Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

If you take too much Britaline Respirator Solution you may experience shaky hands (tremor), headaches, feel sick (nausea), anxious, tense, restless, excited and be unable to sleep, muscle twitching or cramps, or fast or irregular heartbeats.

While you are using it

- Things you must do

Take Britaline Respirator Solution exactly as your doctor has prescribed. They may differ from the information contained in this leaflet.

If you find that the usual dose of Britaline Respirator Solution is not giving you as much relief as before, or you need to use it more often, please contact your doctor so that your condition can be checked.

This is important to ensure your breathing problem is controlled properly.

See your doctor regularly to ensure that your asthma is not getting worse.

Tell any other doctors, dentists and pharmacists who are treating you that you are using Britaline Respirator Solution.

If you are about to be started on a new medicine, tell your doctor or pharmacist that you are using Britaline Respirator Solution.

If you become pregnant while using Britaline Respirator Solution, tell your doctor or pharmacist.

- Things you must not do

Do not give this medicine to anyone else, even if their symptoms seem similar to yours.

Do not use Britaline Respirator Solution to treat any other complaints unless your doctor says to.

- Things to be careful of

Visit your doctor or health care professional for regular check ups. Tell your doctor if your symptoms do not improve.

Do not take extra doses. If your asthma or bronchitis gets worse while you are using this medicine, call your doctor right away.

Side Effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Britaline Respirator Solution.

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the side effects.

Ask your doctor or pharmacist to answer any questions you may have.

Tell your doctor if you notice any of the following and they worry you:

- headache
- tremor (shaky hands)
- nervousness

- increased heart rate or palpitations
- nausea (feeling sick), vomiting or diarrhea
- a bad taste in your mouth
- sweating, muscle twitching or cramps
- drowsiness or dizziness
- agitation, restlessness, hyperactivity, or disturbed sleep
- skin rash

These side effects are usually mild.

Tell your doctor or pharmacist immediately if you notice any of the following:

- fast or irregular heart beat

These may be serious side effects. You may need urgent medical attention. Serious side effects are rare.

Tell your doctor if you notice anything else that is making you feel unwell.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-7883 5550, or visiting the website portal.bpfk.gov.my (*Consumers – Reporting*).

Storage and disposal of Britaline Respirator Solution

- Storage

Keep Britaline Respirator Solution tablets in a cool dry place where the temperature stays below 25°C. Protect from light.

Keep your Britaline Respirator Solution in the pack until it is time to take them.

Do not store Britaline Respirator Solution or any other medicine in the bathroom or near a sink.

Do not leave it in the car or on window sills. Heat and dampness can destroy some medicines.

Keep it where children cannot reach it. A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

- Disposal

If your doctor or pharmacist tells you to stop taking Britaline Respirator Solution, or the medicine has passed its expiry date, ask your pharmacist what to do with any that are left over.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

What it looks like

A clear, colourless solution to pale yellow solution.

Ingredients

Active Ingredient:

Each contains Terbutaline Sulphate BP 10mg.

Inactive Ingredients

- Benzalkonium Chloride 0.04mg/ml
- Dilute Sulphuric Acid
- Water For Injection

MAL Number

MAL20012732A

Manufacturer

DUOPHARMA (M) SDN BHD
(42491 M)

Lot 2599, Jalan Seruling 59 Kaw 3,
Taman Klang Jaya,
41200 Klang,
Selangor Darul Ehsan

Product Registration Holder

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