

# TOLNADERM CREAM

Tolnaftate (1% w/w)

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This leaflet answers some common questions about Tolnaderm Cream. It does not contain all the available information. It does not take the place of talking to your pharmacist or doctor.

All medicines have risks and benefits. Your pharmacist or doctor has weighed the risks of you taking Tolnaderm Cream against the benefits they expect it will have for you.

Keep this leaflet with the medicine.

You may need to read it again.

## What Tolnaderm Cream is used for

Tolnaderm Cream is used to treat fungal skin infections such as ringworm of the face and neck and body, fungal infection on the hands, athlete's foot and jock itch.

It is also indicated in tinea infections of the skin especially the non-hairy areas of the body and including the groin. The vanishing cream base makes it cosmetically acceptable and there is no staining of the skin or clothing from the preparation.

Tolnaftate preparations are not suitable for deep infections of the nailbed and hair follicles but may be applied concomitantly with another medicine.

## How Tolnaderm Cream works

Tolnaderm Cream contains the active ingredient Tolnaftate.

Tolnaftate is broad spectrum in the treatment of the skin in fungal infection.

Ask your pharmacist or doctor if you have any questions about this medicine.

## Before you use Tolnaderm Cream

### -When you must not use it

Do not apply Tolnaderm Cream if:

- You are allergic (hypersensitive) to Tolnaftate or to any of the other ingredients in this medicine.

### -Before you start to use it

Pregnancy and breast feeding:

- Ask your doctor or pharmacist for advice before taking this medicine if you are pregnant or breast-feeding.

### -Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

## How to use Tolnaderm Cream

### -How much to use

If Tolnaderm Cream has been prescribed for you by your doctor, follow the instructions he/she may have given you.

If you purchased this product without a prescription, follow these directions closely:

- Before use, pierce the tube seal by inverting the cap over the end of the tube and press.
- Wash and dry infected area. Apply small amount of cream and spread evenly on infected area 2 or 3 times daily for 2 to 3 weeks.
- Or 4 to 6 weeks if thickening of the skin has occurred.

Do not use this medicine to children under 2 years of age.

Consult with your doctor if you want to give this medicine to children under 2 years of age.

### -When to use it

2 or 3 times daily after wash and dry infected area.

### -How long to use it

The treatment should be continued for 2 to 3 weeks after the disappearance of all signs of infection to prevent re-infection.

The itching should improve within 1 – 3 days of treatment although other signs and symptoms may take longer to disappear. Consult doctor if no improvement is seen in 4 weeks (athlete's foot) or 2 weeks (for jock itch)

Attention to hygiene is important in the management of fungal infections particularly to all the folds and creases.

### -If you forget to use it

Apply the cream as soon as possible and then continue the rest of your treatment as usual.

### -If you use too much (overdose)

No information is available concerning overdose in human beings following topical application.

## While you are using Tolnaderm Cream

### -Things you must do

You can help the treatment to work if you follow simple self-help tips:

- Although the infection area will itch, try do not scratch. Scratching will damage the surface of the skin and cause the infection to spread further
- Keep the affected skin areas clean.
- Pay particular attention to drying the skin, but avoid excessive rubbing.
- Do not share towels, bath mats, etc. with other people as you could spread the infection to them.

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- Always wash your hands after treating the infection to prevent it from spreading.

### -Things you must not do

Tolnaderm Cream is for external use only. Avoid contact with eyes and mucous membranes.

### -Thing to be careful of

Do not put the cream in your mouth or swallow it. If the cream is swallowed accidentally, tell your doctor straight away or contact the Emergency Department of your nearest hospital. If you accidentally get cream in your eyes or mouth, wash immediately with water and contact your doctor.

### **Side effects**

Like other medicines, Tolnaderm Cream can cause some side effects. If they occur, most are likely to be minor and temporary. However, some may be serious and need medical attention.

If you experience an allergic reaction, stop using Tolnaderm Cream and tell your doctor straight away or contact the Emergency Department of your nearest hospital.

Signs of an allergic reaction may include:

- Skin irritation
- Itching
- Skin inflammation

If you experience any of the above effects or react badly to the cream in any other way not listed in this leaflet, tell your doctor or pharmacist immediately.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Medicinal Problem / Side Effects / AEFI / Vaccine Safety).

### **Storage and Disposal of Tolnaderm Cream**

#### -Storage

Store below 30°C.  
Keep container well closed.  
Keep in a cool dry place, protected from light.  
Keep out of reach of children.

#### -Disposal

Dispose the medicine after the expiry date. Medicines should not be disposed of via wastewater or household waste, Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### **Product description**

#### -What it looks like

Tolnaderm Cream is a white opaque cream.

Tolnaderm Cream available in aluminium tubes of 5g and 15g.

#### -Ingredients

-Active ingredient(s):  
Each tube contains Tolnaftate 1% w/w.

-Inactive ingredients:  
Cetomacrogol Emulsifying Wax, White Soft Paraffin, Butylated Hydroxytoluene, Purified Water, Polyethylene Glycol 400, Methylparaben, Propylparaben, Liquid Paraffin.

#### -MAL number:

MAL19921306X

### **Manufacturer**

HOE Pharmaceuticals Sdn. Bhd.  
Lot 10, Jalan Sultan Mohamed 6,  
Bandar Sultan Suleiman,  
42000 Port Klang, Selangor,  
Malaysia.

### **Product Registration Holder:**

HOE Pharmaceuticals Sdn. Bhd.  
Lot 10, Jalan Sultan Mohamed 6,  
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### **Date of revision**

-20/04/2017

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