

PCD COUGH LINCTUS

Pholcodine (0.1% w/v, 0.3% w/v)

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This leaflet answers some common questions about PCD Cough Linctus. It does not contain all the available information. It does not take the place of talking to your pharmacist or doctor.

All medicines have risks and benefits. Your pharmacist or doctor has weighed the risks of you taking PCD Cough Linctus against the benefits they expect it will have for you.

Keep this leaflet with the medicine.

You may need to read it again.

What PCD Cough Linctus is used for

PCD Cough Linctus is used for relief of unproductive irritating coughs associated with the common cold, sinusitis, flu and infections of the upper respiratory tract. Also suitable for cough treatment for diabetics.

How PCD Cough Linctus works

PCD Cough Linctus contains Pholcodine as active ingredient.

Pholcodine is a medicine which is an opioid cough suppressant. Ask your pharmacist or doctor if you have any questions about this medicine.

Before you use PCD Cough Linctus

-When you must not use it

Do not take PCD Cough Linctus if:

- You are allergic (hypersensitive) to Pholcodine or bisulphites or to any of the other ingredients in this medicine.

-Before you start to use it

Tell your pharmacist or doctor:

- If you have or have had asthma or other breathing problems.
- If you have a liver problem.

Pregnancy and breast feeding:
No direct or indirect harmful effects on the fetus having observed if Pholcodine taken by a pregnant woman. It is not recommended for nursing mothers unless the expected benefit to the mother outweighs any potential risk to the infant.

Talk to you doctor before taking this medicine if you are pregnant, might become pregnant or are breast-feeding.

-Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use PCD Cough Linctus

-How much to use

PCD Cough Linctus 0.1% w/v:

Adults:

10 – 15ml every 8 – 10 hours

Children 5 to 14 years:

5 – 7.5ml every 8 – 10 hours

Children 2 to 5 years:

1ml per year of age every 8 – 10 hours.

PCD Cough Linctus 0.3% w/v:

Adults:

5ml every 8 – 10 hours

Not recommended for children under 2 years of age except on the advice of a physician.

-When to use it

Take your medicine every 8-10 hours, if required.

-How long to use it

Depends on your response and condition. Consult your doctor for the exact duration of this medicine.

-If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, skip the missed dose and take the medicine at your next regularly scheduled time.

Do not try to make up for missed doses by taking more than one dose at a time.

-If you use too much (overdose)

Symptoms include drowsiness, restlessness, excitement, ataxia (presence of abnormal, uncoordinated movements) and breathing difficulty.

While you are using PCD Cough Linctus

-Things you must do

If you are about to start taking on any other new medicine, tell your pharmacist or doctor that you are taking PCD Cough Linctus.

-Things you must not do

Do not drink alcohol when you are taking PCD Cough Linctus.

-Things to be careful of

During the treatment with PCD Cough Linctus reactions may be impaired. Do not to take charge of vehicles or machinery until the effect of PCD Cough Linctus treatment on the individual is known.

Side effects

Like other medicines, PCD Cough Linctus can cause some side effects. If they occur, most are likely to be minor and temporary. However, some may be serious and need medical attention. The side effect of your medicine is:

- Nausea and vomiting (occasionally occur)

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You may experience below side effects after large doses are taken;

- Drowsiness
- Restlessness
- Excitement
- Ataxia
- Breathing difficulties

Pholcodine may enhance the effects of Central Nervous System depressants.

If you get any side effects, even those not mentioned in this leaflet, tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public →Reporting Medicinal Problem / Side Effects / AEFI / Vaccine Safety).

Storage and Disposal of PCD Cough Linctus

-Storage

Store below 30°C.
Keep in a cool dry place, protected from light.
Keep out of reach of children.

-Disposal

Dispose the medicine after the expiry date. Medicines should not be disposed of via wastewater or household waste, Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

PCD Cough Linctus 0.1% w/v:

A brown, syrupy liquid with sour plum flavor and odour.

PCD Cough Linctus 0.3% w/v:

A clear red, syrupy liquid with lemon flavor and odour.

-Ingredients

-Active ingredient(s):

PCD Cough Linctus 0.1% w/v:

It contains Pholcodine 0.1% w/v.

PCD Cough Linctus 0.3% w/v:

It contains Pholcodine 0.3% w/v.

-Inactive ingredients:

PCD Cough Linctus 0.1% w/v:

Liquid Glucose, Sour Plum Flavour, Sodium Metabisulfite, Sorbitol Solution, Liquid Caramel, Citric Acid, Sodium Benzoate, Sucrose, Chloroform Spirit, Saccharin Sodium, Purified Water.

PCD Cough Linctus 0.3% w/v:

Sodium Benzoate, Sucrose, Chloroform Spirit, Saccharin Sodium, Lemon Oil, Liquid Glucose, Sodium Metabisulfite, Sorbitol Solution, Citric Acid, Ponceau 4R, Purified Water.

-MAL number:

PCD Cough Linctus 0.1% w/v:

MAL06021189AZ

PCD Cough Linctus 0.3% w/v:

MAL06011713AZ

Manufacturer

HOE Pharmaceuticals Sdn. Bhd.
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Product Registration Holder:

HOE Pharmaceuticals Sdn. Bhd.
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