FENFEDRIN CAPSULE

Pseudoephedrine hydrochloride/Chlorpheniramine Maleate (60mg/4mg)

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What is Fenfedrin used for

It is used to relief nose congestion in common colds and help clear airway.

It provides temporary relief to runny nose, sneezing and itching of nose caused by allergic rhinitis (inflammation of the mucous membrane inside the nose) such as hay fever.

How Fenfedrin works

Pseudoephedrine is a decongestant. It works by narrowing the blood vessels in the nose to decrease swelling and congestion.

Chlorpheniramine Maleate helps to reduce secretion in the nose by blocking histamine, a natural substance produced in the body during allergic reactions.

Before you use Fenfedrin

When you must not use it

Do not use Fenfedrin if you

- are allergic to any ingredients in this medicine
- are going to use it for children below 12 years old.

Before you start to use it

Tell your doctor or pharmacist before using Fenfedrin if you:

- are pregnant or plan to get pregnant.
- are breast-feeding or plan to start breast-feeding.
- are taking medicines for antidepressant, e.g. MAOIs (monoamine oxidase inhibitors) or within two weeks from stopping treatment.
- have heart or metabolic problems, e.g. asthma, high blood pressure, overactive of thyroid gland.
- have prostate enlargement and/or bladder disorder.
- have epilepsy (seizure).
- have glaucoma (increased pressure in the eye).
- have gastrointestinal problems such as peptic ulcer or pyloroduodenal

obstruction (gastric outflow obstruction).

Taking other medicines

Tell your doctor or pharmacist if you are taking or having recently taken any other medicines. This includes any medicines which you have bought without a prescription.

How to use Fenfedrin

How much to use

Adults and children over 12 years

• 1 capsule every 4-6 hours.

When to use it

Follow the prescription from your doctor or pharmacist.

How long to use it

Follow the prescription from your doctor or pharmacist. Ask your doctor or pharmacist before prolonged use of this medicine.

If you forget to use it

Use it as soon as you remember, unless it is nearly time for your next dose, skip the missed dose. Then go on as before. Never double up on the next dose to make up for the one missed.

If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Overdose may result in paranoid psychosis, delusions, hallucination, sudden and irregular movement of muscles, high body temperature, fast heartbeat and nervousness.

While you are using Fenfedrin

Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Fenfedrin.
- Tell your doctor immediately if you become pregnant while taking this medication.
- Always wash your hand before handling the medicine.

Swallow the capsule with water and take it at the same time each day.

Things you must not do

- Do not give Fenfedrin to anyone else, even if they have the same symptoms or condition as you.
- Do not chew the medicine.
- Do not use this medicine by yourself without prescription from your doctor or pharmacist.

Things to be careful of

This medicine may cause drowsiness. If affected, do not drive motor vehicles or operate machinery. Do not drink alcohol while taking this medicine.

Side effects

- Drowsiness, headache
- Dry mouth
- Rashes
- Gastrointestinal disturbances
- Tightness of chest
- Blood disorders

Seek immediate medical attention if you experience any side effects or allergic reactions.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage and disposal of Fenfedrin

Storage

Store below 30°C.

Keep out of the reach of the children.

Do not use this medicine after expiry date.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

How it looks like

Size 2, grey/ white gelatin capsules with 'XSP' printed.

<u>Ingredients</u>

Active ingredients

Pseudoephedrine Hydrochloride and Chlorpheniramine Maleate.

FENFEDRIN CAPSULE

Pseudoephedrine hydrochloride/Chlorpheniramine Maleate (60mg/4mg)

Inactive Ingredients Magnesium Stearate, Colloidal Silicon Dioxide, Lactose.

<u>MAL number</u> MAL19890289A

Manufacturer and Product Registration Holder

Xepa-Soul Pattinson (Malaysia) Sdn Bhd 1-5 Cheng Industrial Estate, 75250 Melaka, Malaysia.

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