

MEFETAB FILM-COATED TABLET

Mefenamic acid (500mg)

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What Mefetab film-coated tablet is used for

It is used for short term relief of mild to moderate pain such as dental pain, headache, post-operative, childbirth pain, period pains and rheumatic pains (painful conditions usually caused by inflammation, swelling in the joints or muscles).

How Mefetab Film-coated tablet works

Mefetab film coated tablet contains a substance called mefenamic acid, which belongs to a group of medicines called non-steroid anti-inflammatory drugs (NSAIDs). These medicines reduce pain and inflammation, and to reduce fever.

Before you use Mefetab Film-coated tablet

- When you must not use it

Do not take Mefetab film coated tablet if you are:

- allergic to mefenamic acid or other ingredients of Mefetab Film-coated tablet.
- suffering from stomach ulcer, bleeding and inflammatory bowel disease (inflammation of the intestine).
- having a history of allergic reactions (swollen eyes or mouth, difficulty breathing, rashes) to similar painkillers such as aspirin, ibuprofen or other NSAIDs.

- Before you start to use it

Check with doctor or pharmacist:

- if you had diarrhoea with this medicine in the past.
- if have any liver or kidney problems
- if you suffer from any abnormality of the blood.
- if suffering from fits.
- if drinks alcohol.

Please consult your doctor before start to use Mefetab film coated tablet if you are pregnant, plan to become pregnant, breast-feeding or intend to breast-feed. Your doctor will have weighed the risks of you taking Mefetab film coated tablet against the benefits they expect it will have for you.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Some medicines when taken with Mefetab film coated tablet may interfere with each other. These include anticoagulants (drugs for thinning the blood to prevent blood clots eg. warfarin, heparin)

How to use Mefetab Film-coated tablet

- How much to use

Mefetab Film-coated tablet is not recommended to be used in children less than 14 years old.

Adults and children over 14 year - 500mg initially, followed by 250mg every 6 hours if needed.

Period pains – 500mg three times a day, and should not be more than 2 to 3 days.

- When to use it

Always take Mefetab Film-coated tablet exactly as your doctor has instructed you. Take Mefetab film coated tablet with meals. You should check with your doctor or pharmacist if you are unsure.

- How long to use it

You should check with your doctor or pharmacist. It is recommended that mefenamic acid should not be used for more than 7 days at a time.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention. Taking too many Mefetab film coated tablet may cause fit.

While you are using Mefetab Film-coated tablet 500mg

- Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Mefetab film coated tablet.
- Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

- Do not take any new medicines without consulting your doctor.
- Never give this medicine to someone else, it could harm them, even if their symptoms seem the same.

- Things to be careful of

Be careful driving or operating machinery until you know how Mefetab film coated tablet affects you.

Side effects

Some side effects can be serious and need immediate attention. Alert your doctor quickly if you experience any of these side effects:

- chest pain
 - black and sticky bowel movements
 - Gastric and intestinal disturbances, gastric and intestinal ulceration or bleeding, headache, drowsiness, dizziness, nausea or vomiting, visual disturbances, skin rash or itchiness, nervousness, diarrhoea, ringing of the ears, depression, difficulty falling and/staying asleep. and impairment of kidney function may occur.
- Tell your doctor or pharmacist if you notice anything else that is making you feel unwell. Other side effects not listed above may also occur in some people. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers →Reporting)

Storage and disposal of Mefetab film-coated tablet

- Storage

Store in cool, dry place below 30°C. Protect from light. Keep out of reach of children.

- Disposal

Ask your pharmacist how to dispose of medicines no longer required. Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

Yellow, oval, biconvex, 'P-P' embossed on one side film-coated tablet.

- Ingredients

- Active ingredient: mefenamic acid
- Inactive ingredients: cornstarch, polyvinylpyrrolidone, magnesium stearate, microcrystalline cellulose, dioctyl sodium sulfosuccinate, hydroxypropyl methylcellulose, talc, titanium dioxide, quinoline yellow lake, carbowax, simethicone, silicon dioxide and purified water.

- MAL number:

MAL19913254AZ

Manufacturer and Product registration holder

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