

DEXCHLORAMINE TABLET

Dexchlorpheniramine Maleate (2mg)

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What Dexchloramine is used for

Dexchloramine is used to prevent and treat allergies including:

- perennial (occurs year-round) and seasonal allergic rhinitis (allergic inflammation of the nasal airways)
- vasomotor rhinitis (runny nose that is not due to allergy)
- allergic conjunctivitis (inflammation of the membrane covering the eye)
- pruritus (itching) due to allergic reaction
- urticaria (a raised, itchy rash on skin).

Ask your doctor if you have any questions about why this medicine has been prescribed for you. Your doctor may have prescribed this medicine for another reason.

How Dexchloramine works

The name of your medicine is Dexchloramine. It contains the active ingredient dexchlorpheniramine maleate which is an antihistamine. Histamine is a chemical released into the body during

an allergic reaction. It causes itching and inflammation.

Dexchloramine works by blocking the effects of histamine, calming down the body's allergic reaction and starting to relieve the symptoms.

Before you use Dexchloramine

- When you must not use it

Do not take this medicine if:

- You are hypersensitive to, or have had an allergic reaction to dexchlorpheniramine or any of the ingredients listed at the end of this leaflet.

- You are taking a class of medicine known as 'monoamine oxidase inhibitors' (MAOIs) (often taken for depression), or you have taken such a medicine within the last 14 days.
- The expiry date (EXP) printed on the pack has passed.
- packaging is torn, shows signs of tampering or it does not look quite right.

- Before you start to use it

You must tell your doctor if:

- you are pregnant or intend to become pregnant.
- you are breastfeeding or plan to breast feed.
- you have epilepsy, glaucoma (a condition of increased pressure within the eyeball, causing gradual loss of sight), an enlarged prostate and heart disorder.

- you are taking drugs to treat anxiety or help you to sleep.
- you are taking any medicine for epilepsy
- you drink alcohol every day.
- you have urinary retention
- you have pyloroduodenal obstruction.
- Dexchloramine should be discontinued at least 72 hours before allergy skin testing.

If you have not told your doctor about any of the above, tell them before you use Dexchloramine.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including medicines that you buy without a prescription from your pharmacy, supermarket or health food shop. Some medicines may interfere with Dexchloramine.

These include:

- monoamine oxidase inhibitors (MAOIs)
- barbiturates
- hypnotics
- opioid analgesics
- aminoglycoside antibiotics

Other interactions not listed above may also occur.

Your doctor or pharmacist has more information on medicines to be careful with or avoid while taking Dexchloramine.

How to use Dexchloramine

- How much to use

Your doctor will tell you how much of this medicine you should take. This will depend

on your condition and whether you are taking any other medicines.

Adult

2 mg every 4-6 hours as needed.

Usual adult prescribing limit: Up to 12 mg daily.

Pediatric

Children 5-12 years: 1mg every 4-6 hours as needed.

Children 2-5 years: 500 mcg every 4-6 hours as needed.

Use is not recommended in premature and full-term neonates.

Geriatric

Usual adult dose.

Geriatric patients may be more sensitive to the effects of the usual adult dose.

- When to use it

Take Dexchloramine as your doctor has prescribed.

It may be taken with food, water or milk.

- How long to use it

Depending on the medical condition for which you require Dexchloramine, your doctor may tell you to take it for a certain period of time.

- If you forget to use it

If you forget to take a dose, you can take it as soon as you remember. The next dose should be taken after four or six hours, or as prescribed by your doctor.

Do not take a double dose to make up for the dose that you missed.

- If you use too much (overdose)

Immediately telephone your doctor for advice, or go to Accident and Emergency at the

nearest hospital, if you think that you or anyone else may have taken too much Dexchloramine.

Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

Some of the symptoms of overdose include:

- fast or irregular heartbeat
- unsteadiness, severe drowsiness, severe dryness of mouth, nose or throat, flushing or redness of face and shortness of breath
- low blood pressure

While you are using it

- Things you must do

If you become pregnant while you are taking Dexchloramine, tell your doctor immediately.

If you are about to be started on any new medicine, tell your doctor and pharmacist that you are taking Dexchloramine.

Tell your doctor if your symptoms get worse. Do not take extra doses without checking with your doctor.

- Things you must not do

Do not give Dexchloramine to anyone else, even if they have the same condition as you.

Do not use Dexchloramine to treat any other complaints unless your doctor tells you to.

Do not drink alcohol whilst taking this medicine.

- Things to be careful of

Be careful of driving or operating machinery until you know how Dexchloramine affects you.

Dexchloramine may cause drowsiness, dizziness and

blurred vision in some people. Make sure you know how you react to Dexchloramine before you drive a car or do anything else that may be dangerous if you are affected.

Avoid alcohol drinking. Dexchloramine will add the effects of alcohol.

Side effects

All medicines can have side effects. Sometimes they are serious, most of the time they are not.

Ask for the advice of your doctor or pharmacist if you have any concerns about the effects of taking this medicine.

Do not be alarmed by the following lists of side effects. You may not experience any of them.

The most common side effect is drowsiness. This drowsiness can be helpful if symptoms are particularly troublesome at night.

Tell your doctor if you notice any of the following and they worry you.

- Drowsiness
- Dizziness
- Dry mouth, throat and nose
- Thickening of mucus in nose or throat
- Blurred vision
- Confusion
- Difficult or painful urination
- Fast heart beat

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell. Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse

Drug Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of Dexchloramine

- Storage

Keep your medicine in the bottle or pack until it is time to take them.

If you take the medicine out of the bottle or pack they will not keep well.

Keep the medicine in a dry place where the temperature stays below 30 degrees C. Protect from light.

Do not store Dexchloramine or any other medicine in the bathroom or near a sink.

Do not leave it in the car or on window sills.

Heat and dampness can destroy some medicines.

Keep Dexchloramine where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

- Disposal

Ask your pharmacist what to do with any medicine you have left over if your doctor tells you to stop taking them, or you find that the expiry date has passed.

Medicines should not be disposed of via wastewater or household waste. These measures will help to protect the environment.

Product Description

- What it looks like

An oval, scored, purplish red tablet, marked "UP".

- Ingredients

Active ingredient:

- Each tablet contains Dexchlorpheniramine maleate 2mg

Inactive ingredients:

- Corn starch
- Color, Ponceau 4R
- Blue colouring
- Lactose
- Magnesium stearate

- MAL number

MAL19860103A

Manufacturer

UPHA PHARMACEUTICAL MFG (M) SDN BHD (53667-M)
Lot 2&4, Jalan P/7, Section 13, Bangi Industrial Estate, 43650 Bandar Baru Bangi, Selangor Darul Ehsan

Product Registration Holder

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Lot 2&4, Jalan P/7, Section 13, Bangi Industrial Estate, 43650 Bandar Baru Bangi, Selangor Darul Ehsan

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