

# BISLAN TABLET

Bromhexine Hydrochloride (8mg)

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## What BISLAN TABLET is used for

BISLAN TABLET is used in the treatment of respiratory tract disorders associated with viscid or excessive mucus.

## How BISLAN TABLET works

BISLAN TABLET acts on the mucus at the formative stages in the glands, within the mucus-secreting cells. Bromhexine disrupts the structure of mucus and produces less viscous mucus, which is easier to expectorate.

## Before you use BISLAN TABLET

### - When you must not take it

If you are allergic towards bromhexine hydrochloride or any ingredients in this product.

### - Before you start to take it

Tell your doctor or pharmacist if you are allergic to any other medicines or you have any other health related problems.

### - Taking other medicines

There are no known significant interactions with other medicines.

## How to take BISLAN TABLET

### - How much to take

For adults: 1 tablet, thrice daily.

For children: 5-10 years of age, ½ tablet, four times daily. Under 5 years of age, ½ tablet, twice daily.

### - When to take it

BISLAN TABLET should be taken as your doctor advised you to do so.

### - How long to take it

BISLAN TABLET should be taken as your doctor advised you to do so.

### - If you forgot to take it

If you miss a dose of BISLAN TABLET and you are taking it regularly, take it as soon as possible. If it is approaching time for the next dose, do not double the dose to make up for the forgotten dose, unless advised by your health care provider. Do not take 2 doses at once.

### - If you take too much (overdose)

Seek for medical attention.

## While you are using BISLAN TABLET

### - Things you must do

Follow your doctor's instruction when you are taking BISLAN TABLET.

### - Things you must not do

Do not stop taking this medicine or change the dosing regimen without instruction from your doctor. Do not give BISLAN TABLET to anyone else, even if they have the same condition as you.

### - Things to be careful of

BISLAN TABLET should be given cautiously to people with gastric ulceration since mucous thinning agent may disrupt the gastric lining.

## Side effects

The side effects of bromhexine include nausea, loss of appetite, abdominal discomfort, headache or allergic reactions such as skin rash and itching.

BISLAN TABLET may cause severe allergy and serious skin reactions. Stop using BISLAN TABLET and seek medical assistance immediately if you experience any of the following symptoms:

1) Severe allergy: breathing difficulties, light headedness, skin swellings or rash

2) Severe skin reaction: skin reddening, blisters, rash, fever, sore throat or eye irritation

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Side Effects to Medicines (ConSERF) or Vaccine (AEFI))

## Storage and Disposal of BISLAN TABLET

### - Storage

Store below 30°C, protect from light & moisture. Keep in a tight container.

### - Disposal

BISLAN TABLET should be disposed when your doctor or pharmacist tells you to stop taking this tablet or it has passed the expiry date. Ask your pharmacist how to dispose medicines that are no longer required.

## Product description

### - What it looks like

A white color round tablet, one side impressed with a "+".

### - Active ingredient

Bromhexine hydrochloride

### - Inactive ingredients

Microcrystalline Cellulose  
Lactose  
Sodium Starch Glycolate  
Magnesium Stearate  
Magnesium Aluminium Stearate

### - MAL number

MAL19984049XSZ

## Manufacturer and Product Registration Holder

Y.S.P. Industries (M) Sdn. Bhd.  
Lot 3,5 & 7, Jalan P/7, Section 13, Kawasan Perindustrian Bandar Baru Bangi, 43000 Kajang, Selangor Darul Ehsan, Malaysia.

## Date of revision

14/05/2018

## Serial Number

NPRA(R4/1)230418/00116