FENOLIP-M CAPSULE 200MG

Fenofibrate (200mg)

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What Fenolip-M used for

Fenofibrate is indicated in appropriate cases of type IIa, IIb, III, IV and V hyperlipidemia (elevated lipid/fat levels in the blood) where dietary measures alone have failed to produce an adequate response

How Fenolip-M works

Fenofibrate belongs to a group of medicines, commonly known as fibrates. These medicines are used to lower the level of fats (lipids) in the blood like triglycerides. Fenofibrate is used, alongside a low fat diet and other nonmedical treatments such as exercise and weight loss, to lower levels of fats in the blood.

Before you use Fenolip-M

When you must not use it

Do not take Fenolip-M if • You are allergic (hypersensitive) to fenofibrate, or any of the other ingredients of Fenolip-M.

- You suffer from liver or kidney disease or gallbladder disease.
- Sunlight or UV light have caused an allergic reaction (photoallergy) or skin damage while you were taking fibrates or an anti-inflammatory drug called ketoprofen in the past.

- <u>Before you start to use it</u>

Tell your doctor before you start to take this medicine:

- If you have any kidney problems
- If you have diabetes, especially Type 2 diabetes that is not well controlled.
- If you have liver problems.
- You are taking other medicines.
- If you or your family have had muscle problems.
- If you are over 70 years of age

- Taking other medicines

Please tell your doctor if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. In particular please let your doctor know if you already take:

- Anticoagulants to thin your blood (for example, warfarin).
- Other medicines to control lipid (fat) levels in the blood (for example, medicines known as "statins" or "fibrates"). Taking a "statin" (e.g.simvastatin, atorvastatin) at the same time as Fenolip-M can increase the risk of muscle problems.
- Cyclosporine (an immunosuppressant).
- Oral antidiabetic agents like glitazone.

How to use Fenolip-M

- How much to use

One capsule daily to be taken during one of the main meals.

- When to use

Swallow the capsule whole with a glass of water. It is important to take the capsule with food, as it will not work

as well if your stomach is empty.

- How long to use it

Treatment should be discontinued if appropriate response has not been achieved within 3 months.

- If you forget to use it

If you forget to take a dose, take it as soon as you remember it. However, if it is almost time for your next dose, skip the missed dose. Do not take a double dose to make up for a forgotten dose

<u>If you use too much</u> (overdosage)

If you suspect an overdosage, contact your nearest hospital casualty department or tell your doctor immediately.

While you are using it

Things you must do

In addition to this medicine, your doctor may change your diet to one that is low in fat, sugar, and cholesterol.

Carefully follow your doctor's order about any special diet.

- Things you must not do

Do not take the capsules if your stomach is empty as it is important to take the capsule with food, as it will not work as well.

Do not use Fenolip-M if you are pregnant or lactating. Please inform the doctor if you think you are pregnant

Things to be careful of

Check with your doctor right away if you have unexplained muscle pain, tenderness, or weakness, especially if you also have unusual tiredness or a fever. These could be symptoms of a serious muscle problem called myopathy.

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Stop using this medicine and check with your doctor right away if you have dark-colored urine, diarrhea, a fever, muscle cramps or spasms, muscle pain or stiffness, or feel very tired or weak. These could be symptoms of a serious muscle problem called rhabdomyolysis, which can cause kidney problems.

Side effects

Like all medicines, Fenolip-M can cause side effects, although not everybody gets them. The most common side effects are stomach pain, being sick, feeling sick, diarrhea and wind (flatulence).

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumer→Reporting)

Storage and Disposal of Fenolip-M

Storage

Store in a cool dry place below 30°C Keep the container tightly closed. Protect from light.

- <u>Disposal</u>

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Opaque orange size '1' hard gelatin capsules.

- Ingredients
 - Active ingredient

Fenofibrate

- Inactive ingredients

Sodium starch glycolate, Corn starch, Lactose, Pregelatinised starch, Sodium lauryl sulphate, Isopropyl alcohol and Magnesium stearate.

- MAL number: MAL20040826A

Manufacturer

Noripharma Sdn. Bhd. Lot 5030, Jalan Teratai, 5 ½ Miles off Jalan Meru 41050 Klang, Selangor

Product Registration Holder

Pahang Pharmacy Sdn. Bhd. Lot 5979, Jalan Teratai, 5 ½ Miles off Jalan Meru 41050 Klang, Selangor

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