

BENPINE

Chlordiazepoxide hydrochloride (5 mg, 10 mg)

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What Benpine is used for

Benpine is used to treat anxiety and tension states. It is also used to relieve the acute symptoms of alcohol withdrawal.

How Benpine works

Benpine contains the active ingredient chlordiazepoxide. Chlordiazepoxide belongs to a group of medicines known as benzodiazepines which act on your brain and have a calming effect.

Before you use Benpine

-When you must not use it

Do not take Benpine if you are allergic to chlordiazepoxide or any other ingredients in it (see section **Product description**).

-Before you start to use it

Make sure you tell your doctor if you have any other medical problems or condition, especially:

- Pregnancy
- Breast-feeding
- Children
- Old adults
- Alcohol abuse (or history of)
- Drug abuse or dependence (or history of)
- Mental depression
- Mental illness

-Taking other medicines

Although certain medicines should not be used together at all, in certain cases two different medicines may be used together even if an interaction might occur. In these cases, your doctor may want to change the dose, or other precautions may be necessary. When you are taking or receiving Benpine, it is especially important that your health care professional know if you are taking any of the following:

- Central nervous system (CNS) depressants (medicines that cause drowsiness)

Other medicines not listed above may also interact with Benpine. Your doctor and pharmacist have more information on medicine to be careful with or avoid while taking this medicine.

How to use Benpine

-How much to take

Take this medicine only as directed by your doctor.

- Adults: 15mg to 40mg in divided dose.
- Children 6 years of age and older: 0.5mg/kg divided into 3 or 4 doses.
- Older adults/debilitated: 10 to 20mg daily in divided doses.

-When to use it

Follow your doctor's prescription or the directions on the label.

-How long to use it

Continue taking Benpine for as long as your doctor recommends. Do not take it for a longer time than your doctor's prescriptions. Continued long term use is not recommended unless advised by your doctor. The use of benzodiazepines may lead to dependence on the medicine.

-If you forget to use it

If you are taking this medicine regularly and you miss a dose, take it right away if you remember within an hour or so of the missed dose. However, if you do not remember until later, skip the missed dose and go back to your regular dosing schedule. Do not double doses.

-If you take too much (overdose)

Contact your doctor immediately or go to the emergency department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms of overdose include: confusion, fainting, drowsiness, slow reflexes, uncoordinated movements (ataxia), staggering and sleepiness.

While you are using Benpine

-Things you must do

If you will be taking a Benpine regularly

for a long time, check with your doctor at regular visit.

Make sure you know how Benpine reacts before you drive or handle machines.

Check with your doctor before you use CNS depressant, antihistamines, sedatives, sleeping pills, anaesthetics including dental anaesthetic.

Inform doctor in-charged before having medical tests.

-Things you must not do

Do not stop using Benpine suddenly even if you think you may have become mentally or physically dependent.

If you have been taking this medicine in large doses or for a long time, do not stop taking it without first checking with your doctor. Your doctor may want you to reduce gradually the amount you are taking before stopping completely. Stopping this medicine suddenly may cause withdrawal side effects, including seizures.

If you think this medicine is not working properly after you have taken it for a few weeks, do not increase the dose. Instead, check with your doctor.

-Things to be careful of

Driving and using machines

Benpine may cause drowsiness or dizziness in some people and therefore may affect alertness. Make sure you know how you react to Benpine before you drive a car or operate machinery or do anything else that could be dangerous if you are drowsy, dizzy or not alert.

Concomitant use with alcohol

When drinking alcohol while taking Benpine. Combining Benpine and alcohol can make you more sleepy, dizzy or lightheaded. Your doctor may suggest that you avoid alcohol or reduce the amount of alcohol you drink while you are taking this medicine.

Side effects

Like all medicines, Benpine can cause side effects although not everybody gets them.

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Tell your doctor immediately or go to casualty at your nearest hospital if you notice any of the following:

- Symptoms of an allergic reaction e.g. rash or itching on the skin, shortness of breath, wheezing or difficulty breathing, and swelling of hands, ankles or feet
- Blood disorders (symptoms include weakness, pale skin and bleeding problems)
- Yellowing of the skin or eyes, and/or pale stools, dark urine (jaundice).

Tell your doctor if you notice any of the following and they worry you:

- Drowsiness, confusion
- Nausea, vomiting, constipation
- Uncoordinated body movement
- Irregular menstruation changes
- Changes in sexual drive

If any of the side effects get serious, or if you notice any side effects not listed in this leaflet please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage and disposal of Benpine

-Storage

Store below 25°C

-Disposal

Medicine should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

Benpine 5mg Tablet - Round, biconvex, grey, sugar coated tablet and embossed with logo "ATC in triangle" and "5" on the same side of tablet.

Benpine 10mg Capsule – Hard gelatin capsule grey-blue color. "ATC" logo printed.

-Ingredients

Benpine 5mg Tablet

- Active ingredient:
Chlordiazepoxide HCl

- Inactive ingredients:

Corn starch, lactose, magnesium stearate, refined sugar, calcium carbonate, titanium dioxide, Blue No. 1 (Brilliant Blue), Quinoline Yellow, shellac, acacia, carmoisin, gelatin, carnauba wax fine powder, talc, povidone.

Benpine 10mg Capsule

- Active ingredient:
Chlordiazepoxide HCl

- Inactive ingredients:

Povidone, lactose, corn starch, magnesium stearate.

-MAL numbers

Benpine 5 mg Tablet - MAL19861311A

Benpine 10 mg Capsule -
MAL19861310A

Manufacturer

Atlantic Laboratories Corporation Ltd.
2038 Sukhumvit Road, Bangchak,
Phrakanong, Bangkok 10260, Thailand.

Product Registration Holder

Atlantic Laboratories (M) Sdn Bhd
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