

# VECOBAL 500MCG TABLET *Consumer Medication Information Leaflet (RiMUP)*

Mecobalamin (500mcg)

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## What *Vecobal* is used for

*Vecobal* is used for treatment of peripheral nerve (nerve outside the brain and spinal cord) damage and treatment of symptoms due to Vitamin B12 deficiency.

## How *Vecobal* works

Mecobalamin is a Vitamin B12 coenzyme. It plays a fundamental role in protein synthesis and stimulates amino acid synthesis and helps to restore normal levels of nucleic acid in nerve cells. It also enhances the formation of major component of nerve cells.

## Before you use *Vecobal*

### - When you must not use it

Do not take this medicine without consulting any Doctor or Pharmacist.

Not recommended for children unless advised by a doctor.

### *Pregnancy and lactation*

Not recommended during pregnancy and lactation, unless advised by a doctor. Vitamin B12 is distributed into breast milk.

### - Before you start to use it

Consult your doctor or pharmacist for advice before taking *Vecobal*.

### - Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a

pharmacy, supermarket or health food shop.

The absorption of Vitamin B12 may be reduced by:

- Neomycin (used treat skin infections)
- Aminosalicylic Acid (used to treat tuberculosis-contagious infection that usually attacks the lungs)
- Histamine H2-Antagonists (used to treat duodenal/ gastric ulcers)
- Colchicine (used to treat gout)

## How to use *Vecobal*

### - How much to use

- Use according to instructions given by your doctor or pharmacist.
- For adults, take 1 tablet (500mcg) 3 times daily. The dose may be adjusted according to your age and severity of symptoms.
- This medicine is to be taken orally with a full glass of water.
- Do not exceed the recommended dose unless otherwise prescribed by doctor

### - When to use it

Use as directed by your doctor or pharmacist.

### - How long to use it

Continue taking *Vecobal* for as long as your doctor recommends.

### - If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### - If you use too much (overdose)

In any cases of overdose, please call your doctor or seek emergency medical attention immediately.

No overdose of Mecobalamin has been documented. In the event of such incident, supportive or symptomatic treatment is recommended.

## While you are using it

### - Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking *Vecobal*.

Tell your doctor immediately if you become pregnant while taking this medication.

### - Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give *Vecobal* to anyone else, even if they have the same symptoms or condition as you.

### - Things to be careful of

Mecobalamin should not be used continuously for months if there is no response at all after initial administration. If the condition does not improve or symptom persists, please consult a doctor.

Long term use of large doses of Mecobalamin is not recommended if your occupation requires handling of mercury or its compound.

## Side effects

Generally, Mecobalamin is well-tolerated. In rare cases, some gastrointestinal discomforts (such as anorexia,

nausea, vomiting, or diarrhoea) and skin rash may occur.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

**Product Registration Holder**

Pharm-D Sdn Bhd  
8B, Jalan 1/137C, Bedford Business Park, Off Jalan Kelang Lama, 58000 Kuala Lumpur, Malaysia.

**Date of revision**

2/3/2017

**Serial Number:**

BPFK(R4/1)020317/00007

**Storage and Disposal of Vecobal**

- Storage

Store below 25°C. Protect from direct sunlight, heat and moisture. Always keep in its original packaging provided.

Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product Description**

- What it looks like

Vecobal 500mcg Tablet is a pink coloured round tablet with flat surface on both sides and score on one side.

- Ingredients

- Active ingredient:  
Mecobalamin

- Inactive ingredients:  
Colloidal silica dioxide, Corn Starch, Avicel PH 101 (Microcrystalline Cellulose), Lactose Supertab, Magnesium Stearate

- MAL number:

MAL09032033XC

**Manufacturer**

Winwa Medical Sdn Bhd  
1952, Lorong I.K.S. Bukit Minyak 3, Taman I.K.S. Bukit Minyak, 14000 Bukit Mertajam, Pulau Pinang, Malaysia.