

KOTAMIN TABLET

Chlorpheniramine Maleate 4mg

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What KOTAMIN is used for

KOTAMIN is used to treat allergies. It relieves the itchiness, redness, swelling, tenderness and irritation associated with many skin problems.

KOTAMIN also relieves the sneezing and itching, watery eyes and nose associated with hay fever.

Ask your doctor if you have any questions about why this medicine has been prescribed for you. Your doctor may have prescribed this medicine for another reason.

How KOTAMIN works

The name of your medicine is KOTAMIN. It contains the active ingredient chlorpheniramine maleate which is an antihistamine. Histamine is a chemical released into the body during an allergic reaction. It causes itching and inflammation.

KOTAMIN works by blocking the effects of histamine, calming down the body's allergic reaction and starting to relieve the symptoms.

Before you use KOTAMIN

When you must not use it

Do not take this medicine if:

- You are hypersensitive to, or have had an allergic reaction to chlorpheniramine or any of the ingredients listed at the end of this leaflet.
- You are taking a class of medicine known as 'monoamine oxidase inhibitors' (MAOIs) (often taken for depression).

- The expiry date (EXP) printed on the pack has passed.

- The packaging is torn, shows signs of tampering or it does not look quite right.

Before you start to use it

You must tell your doctor if:

- you have a known allergy to KOTAMIN or any of the ingredients listed at the end of this leaflet.

- you are pregnant or intend to become pregnant.

- you are breast-feeding or plan to breast-feed.

- you have epilepsy, glaucoma (eye disease causing optic nerve damage which can lead to vision loss), an enlarged prostate, an overactive thyroid or very high blood pressure.

- you are taking drugs to treat anxiety or help you to sleep

- you are taking any medicine containing phenytoin for epilepsy

- if you are having stenotic peptic ulcer (blockage and wound in stomach)

- you drink alcohol every day.

If you have not told your doctor about any of the above, tell them before you use KOTAMIN.

Taking other medicines

Tell your doctor if you are taking any other medicines, including medicines that you buy without a prescription from your pharmacy, supermarket or health food shop. Some medicines may interfere with KOTAMIN.

These include:

- medicines for depression such as 'monoamine oxidase inhibitors' (MAOIs)
- phenytoin, used to treat epilepsy

Other interactions not listed above may also occur.

Your doctor or pharmacist has more information on medicines to be careful with or avoid while taking KOTAMIN.

How to use KOTAMIN

How much to use

Your doctor will tell you how much of this medicine you should take. This will depend on your condition and whether you are taking any other medicines.

The usual adult dose is one tablet taken up to four times daily.

For children 6 to 12 years old, take 2 – 4mg, three or four times daily.

When to use it

Take KOTAMIN Tablet as your doctor has prescribed.

How long to use it

Depending on the medical condition for which you require KOTAMIN, your doctor may tell you to take it for a certain period of time.

If you forget to use it

If you forget to take a dose, you can take it as soon as you remember. The next dose should be taken after four or six hours, or as prescribed by your doctor.

Do not take a double dose to make up for the dose that you missed.

If you use too much (overdose)

Telephone your doctor, or go to Accident and Emergency at your nearest hospital immediately if you think that you or anyone else may have taken too much KOTAMIN. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

Things you must do

If you become pregnant while you are taking KOTAMIN, tell your doctor immediately.

If you are about to be started on any new medicine, tell your doctor and pharmacist that you are taking KOTAMIN.

Tell your doctor if your symptoms get worse. Do not take extra doses without checking with your doctor.

Things you must not do

Do not give KOTAMIN to anyone else, even if they have the same condition as you.

Do not use KOTAMIN to treat any other complaints unless your doctor tells you to.

Do not drink alcohol whilst taking this medicine.

Things to be careful of

Be careful of driving or operating machinery until you know how KOTAMIN affects you.

KOTAMIN may make you drowsy or dizzy.

Side effects

Check with your doctor as soon as possible if you have any problems while taking KOTAMIN, even if you do not think the problems are connected with the medicine or are not listed in this leaflet.

Tell your doctor if you notice any of the following and they worry you.

- few people may get an upset tummy, have blurred vision, headaches, difficulty in passing water.
- dry mouth, muscular inco-ordination,
- difficulty concentrating, weakness, thickening of phlegm
- feel their heart beating faster or unevenly, have chest tightness, ringing in the ears or feel dizzy.
- allergic reactions to the tablet (e.g. rash, itching), ringing in the ears, blood problems, irritability or nightmares can very occasionally occur.

Other side effects not listed above may also occur in some patients. Tell your doctor if you notice anything else that is making you feel unwell.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell. Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of KOTAMIN

Storage

Keep your tablets in the blister pack until it is time to take them.

If you take KOTAMIN out of the blister pack it will not keep well.

Keep the tablets in a cool dry place where the temperature stays below 25°C.

Do not store it or any other medicine in the bathroom or near a sink. Do not leave your medicines on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep it where young children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

What it looks like

Private Clinics: A yellow, round shape tablet, 7 mm in diameter with marking 'd' and 'd'.

Government Hospital: A yellow, round scored tablet, 7 mm in diameter with marking 'KKM / DUO' and 'd'.

Ingredients

Active ingredient:

- Chlorpheniramine Maleate

Inactive ingredients:

- Aerosil
- Corn starch
- Lactose
- Promigel
- Yellow colouring
- Magnesium stearate

MAL number

MAL19890023A

Manufacturer

DUOPHARMA (M) SDN.
BHD. (42491-M)
Lot. 2599, Jalan Seruling 59,
Kawasan 3, Taman Klang Jaya,
41200 Klang, Selangor Darul
Ehsan, Malaysia.

Product Registration Holder

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