

TIGER BALM® NECK & SHOULDER RUB BOOST

Menthol/ Methyl Salicylate (16% w/w/ 14% w/w)

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What is *Tiger Balm Neck & Shoulder Rub Boost* used for

Provide extra strength for pain relief for neck and shoulder aches, stressed, tired and stiff muscles.

How does *Tiger Balm Neck & Shoulder Rub Boost* works

It has mild warm soothing and analgesic effects. When massaged gently on the skin, it produces a cooling effect followed by a sensation of warmth which may last for several hours.

Before you use *Tiger Balm Neck & Shoulder Rub Boost*

-When you must not use it

Individuals with known or suspected intolerance to any ingredients of the medicine.

-Before you start to use it

It may cause allergic reaction in some individuals with sensitive skin. Before you start using it, test on small area first.

-Taking other medicine

For individuals taking warfarin (anticoagulant medicine), please use under direction of doctor as to avoid excessive application on to the skin which may increase the chances of bleeding.

How to use *Tiger Balm Neck & Shoulder Rub Boost*

-How much to use

Gently massage a sufficient amount of the cream onto affected area.

-When to use it

Use it when you are suffering from aches and pains of neck and shoulder, stressed, tired and stiff muscle.

-How long or often to use it

Recommended to use up to 2 to 4 times daily up to 7 days when necessary.

-If you forget to use it

Consult your doctor on what you should do if you forgot to use it. You may continue to experience symptomatic discomforts listed.

-If you use too much (overdose)

If you think you or anyone else may have used too much of this medicine or accidental ingestion occurs, consult a doctor immediately or go to the Emergency Department of nearest hospital. Do this even if there are no sign of discomfort or poisoning. You may need medical attention.

While you are using *Tiger Balm Neck & Shoulder Rub Boost*

-Things you must do

Apply on affected area gently until completely absorbed.

-Things you must not do

- Do not apply *Tiger Balm Neck & Shoulder Rub Boost* on wounds or irritated skin.
- Do not bandage tightly.
- Do not use on children below 3 years of age.

-Things to be careful of

- Individuals with known or suspected intolerance to warm soothing should exercise cautions in using this preparation. (Contraindication)
- For pregnant women and nursing mothers, consult a physician before use.
- Caution must be taken when older children are treated.
- Avoid direct contact with nostrils, eyes, mucous membranes or other tender body area.
- Discontinue use if excessive irritation of the skin develops.
- For external use only. Keep away from children.

Side effects

May cause allergic reaction in some individuals with sensitive skin. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website <http://www.npra.moh.gov.my> (Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

Storage and Disposal of *Tiger Balm Neck & Shoulder Rub Boost*

-Storage

It is recommended to store *Tiger Balm Neck & Shoulder Rub Boost* below 30°C. For use within 3 years from date of manufacture.

-Disposal

Medicines should not be disposed off into waterways. Ask your pharmacist how to dispose off if no longer use.

Product Description

-What it looks like

White cream with a tinge of green and characteristic smell.

-Ingredients

Active ingredient(s):

Menthol, Methyl Salicylate.

Inactive ingredient:

Capsicum Oleoresin, Methyl Glucose Dioleate, Glycerine, Fragrance, Triethanolamine, Germaben II, Colouring agent, Water (Purified), Poly (Methyl Vinyl Ether/ Maleic Anhydride) Decadiene crosspolymer.

-MAL number

1. MAL10080073X
2. MAL12105074XCS

Manufacturer

1. Tiger Balm (M) Sdn. Bhd,
PLO 95, No. 6, Jalan Firma 1/1,
Tebrau Industrial Estate,
81100 Johor Bahru, Malaysia.
2. OLIC (Thailand) Limited .
166 MOO 16, Bangpa- In Industrial
Estate, Udomsoraryuth Road,
Bangkrason Sub-District,
Bangpa- In District,
Ayudhaya Province, Thailand.

Product Registration Holder

Tiger Balm (M) Sdn. Bhd,
PLO 95, No. 6, Jalan Firma 1/1,
Tebrau Industrial Estate,
81100 Johor Bahru, Malaysia.

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