LOMODIUM CAPSULE

Loperamide hydrochloride (2mg)

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What Lomodium Capsule is used for

For the control and symptomatic relief pf diarrhoea associated with inflammatory bowel disease, as well as to reduce the volume of discharge from surgery that make an opening in the belly.

How Lomodium Capsule works

Loperamide exerts a direct effect on the muscles of the intestine. It reduces the intestinal motility and thus controls the diarrhoea.

Before you use Lomodium Capsule

- When you must not use it
- If you are allergic to Loperamide or any of the other ingredients.
- If you have constipation.
- If you have diarrhea caused by infection.

Pregnancy and lactation

Do not take Lomodium Capsule if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take Lomodium Capsule if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start use it

This medicine is not recommended for children under 6 years of age.

Tell your doctor / pharmacist if you have inflammatory bowel disease.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Lomodium Capsule

- How much to use

Usual adult dose:

Acute diarrhoea: Oral, 2 capsules initially, followed by 1 capsule after each unformed stool.

Chronic diarrhoea: Initial: Oral 2 capsules, followed by 1 capsules after each unformed stool until diarrhoea is controlled.

Maintenance: Oral, 2 to 4 capsules a day in single or divided daily doses as needed.

Usual adult prescribing limits: 8 capsules per day.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Lomodium Capsule for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- <u>If you use too much (overdose)</u>

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many capsules may result in constipation, Central Nervous System depression and stomach or bowel irritation.

Also, changes to your heartbeat such as

- Increased heart rate and irregular heart rhythm (these symptoms can have potentially serious, life threatening consequences)
- Muscle stiffness

- Uncoordinated movements
- Drowsiness
- Difficulty urinating
- Weak breathing

While you are using it

- Things you must do

Please consult your doctor if your symptoms do not improve in 2 days

Appropriate fluid and electrolyte therapy including oral rehydration salts should be taken to protect against dehydration

Tell all the doctors, dentists and pharmacists treating you that you are taking Lomodium Capsule.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Lomodium Capsule to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

This medicine may affect your ability to drive or use machines. If the medicines make you feel sick, dizzy or tired, or give you headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, Lomodium Capsule can cause side effects, although not everybody gets them.

Abdominal pain, distention or discomfort, constipation, drowsiness or dizziness, dry mouth, nausea and vomiting, tiredness, hypersensitivity reaction including skin rash.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835549, or visiting the website npra.moh.gov.my (Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI).

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Storage and Disposal of Lomodium Capsule

- <u>Storage</u>

Keep container tightly closed. Store in dry place below 30°C. Protect from light. Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Green/ grey hard gelatin capsule with white powder.

- Ingredients
- Active ingredient Loperamide hydrochloride
- Inactive ingredients Lactose Powder 200 Mesh, Magnesium Stearate, Aerosil 200
- <u>MAL number:</u> MAL19913258AZ

Manufacturer & Product Registration Holder

Dynapharm (M) Sdn. Bhd. 2497, Mk 1, Lorong Perusahaan Baru 5, Kawasan Perusahaan Perai 3, 13600 Perai, Pulau Pinang, Malaysia

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