

DYNA BALM SERAI WANGI

Camphor/Menthol/Thymol (10% w/w / 8% w/w / 1% w/w)

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What Dyna Balm Serai Wangi is used for

Indicated for temporary relief of minor aches and pains of muscle and joints associated with simple backache, arthritis, strains and sprains.

How Dyna Balm Serai Wangi works

Thymol is a disinfectant which also has antifungal properties. Camphor acts as a dilation of the capillaries and an increase in blood circulation and mild pain relief. Menthol dilates the vessels, causing a sensation of coldness followed by a pain relief.

Before you use Dyna Balm Serai Wangi

- When you must not use it

Do not use Dyna Balm Serai Wangi in infants below 2 years of age.

Pregnancy and breastfeeding

No reports regarding adverse effects.

Ask your doctor or pharmacists for advice before using Dyna Balm Serai Wangi.

- Before you start to use it

Tell your doctor if you are hypersensitivity to the ingredients of this product.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Dyna Balm Serai Wangi

- How much to use

After cleaning the skin, apply this medicine gently and thoroughly on the affected part 3 to 4 times daily when needed.

Discontinue use if excessive irritation of the skin develops.

The directions given may differ from the information contained in this leaflet.

If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Dyna Balm Serai Wangi for as long as your doctor recommends.

- If you forget to use it

Take the missed dose as soon as you remember. If it almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

The preparation is well tolerated following the recommended directions.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell the doctor, dentist and pharmacist treating you that you are taking Dyna Balm Serai Wangi.

- Things you must not do

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Dyna Balm Serai Wangi to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

The preparation is not recommended to be used on open wounds. Caution must be exercised when older children are treated. It is dangerous to place any camphor containing product into the nostril of children. A small amount applied this way may cause immediate collapse. Avoid getting into eyes or on mucous membranes.

Side effects

Side effects of the Dyna Balm Serai Wangi are:

Skin irritation may occur. When applied to the skin, thymol causes blanching corrosion. Menthol may give rise to hypersensitivity reactions including contact dermatitis.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

Storage and Disposal of Dyna Balm Serai Wangi

- Storage

Keep out of reach of children
Keep away from eyes
Store in dry place below 30°C
Keep the container tightly closed
For external use only

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Green ointment with menthol fragrance

- Ingredients

- Active ingredients
Camphor, Menthol & Thymol

DYNA BALM SERAI WANGI

Consumer Medication Information Leaflet (RiMUP)

Camphor/Menthol/Thymol (10% w/w / 8% w/w / 1% w/w)

- Inactive ingredients

Oil Soluble Green, Cassia Oil,
Peppermint Oil, White Paraffin Wax,
White Soft Paraffin, Citronella Oil.

- MAL number

MAL05072050X

Manufacturer & Product registration holder

Dynapharm (M) Sdn. Bhd.
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