# HUXLEY'S WINTOGENO MENTHOL – WINTERGREEN CREAM

Methyl Salicylate/menthol (12.2% w/w / 2.6% w/w)

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### What Wintogeno is used for

Wintogeno Cream contains active ingredients menthol and methyl salicylate.

Wintogeno may be used for the symptomatic relief of:

- Muscular pain
- Stiffness
- · Painful bruises
- Sprains
- Backache
- Strains

### How Wintogeno work

Wintogeno cream is a topical analgesic. It works by temporarily relieving minor pain.

### Before you use Wintogeno

# -When you must not use it

- Do not use if you have hypersensitivity to salicylates or menthol or other ingredients;
- Do not apply to wounds or inflamed skin:
- Do not use for children under 12 years of age.

# -Before you start to use it

Some medical conditions may interact with methyl salicylate/menthol cream. Tell your doctor or pharmacist if you have any medical conditions, especially if any of the following apply to you:

• if you are pregnant, planning to become pregnant, or are breast-feeding

- if you are taking any prescription or nonprescription medicine, herbal preparation, or dietary supplement
- if you have allergies to medicines, foods, or other substances
- if you have had an allergic reaction to aspirin or other salicylates
- if you have a wound at the affected area or your skin is broken or damaged in any way

### -Taking other medicines

For people taking Warfarin, excessive application may increase the chances of bleeding.

Ask your health care provider if methyl salicylate/menthol cream may interact with other medicines that you take. Check with your health care provider before you start, stop, or change the dose of any medicine.

## How to apply Wintogeno

# -How much to use

The affected area should be bathed in hot water prior to the application of Wintogeno. A small amount of the Wintogeno cream should be massaged into the skin with the palm of the hand until the area is almost dry, using further amounts as necessary. The area should then preferably be covered with a place of warm dry flannel.

### -When to use it

Use as directed by your doctor or pharmacist.

# -How long to use it

Wintogeno may be applied 2-3 times daily.

## -If you forget to use it

If you forget to use, apply it as soon as you remember. Continue to use it as directed by your doctor or on the package label.

## -If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

# While you are using Wintogeno

### -Things you must do

- For external use on unbroken skin only.
- If skin sensitivity reactions occur, discontinue use.

## -Things you must not do

- Vigorous rubbing is not desirable.
- Do not use on the face.
- Avoid contact with the eye and mucous membranes.
- Do not use under occlusive dressings or heating pads.
- Do not use during pregnancy or when breastfeeding.

## -Things to be careful of

- Wash your hands immediately after using.
- Ask your health care provider any questions you may have about how to use methyl salicylate/menthol cream.

# **Side Effects**

Like all medicines, Wintogeno may cause side effects, although not everybody gets them.

Generally allergic reactions may be shown as rash, hives, or itching. Consult doctor or pharmacist for further information if you notice any side effects and they worry you.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website <a href="mailto:npra.moh.gov.my">npra.moh.gov.my</a>

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(Public → Reporting Medicinal Problems / Side Effects / AEFI Vaccine Safety).

# Storage and Disposal of Wintogeno

-Storage

Keep all medicines out of the reach of children. Store below 25°C.

### -Disposal

Do not use this medicine after the expiry date stamped on the pack.

Return any unused medicine to your pharmacist to be disposed of. Only keep the cream if your doctor tells you to. Do not throw them away in your normal household drainage or waste. This will help to protect the environment.

### **Product Description**

-What it looks like

Wintogeno cream is a white to off-white cream.

## -Ingredients

-Active Ingredient Methyl salycilate 12.2% w/w, Menthol 2.6% w/w

-Inactive ingredients

Cetamacrogol 1000, White vaseline, Purified water, Cetostearyl alcohol, Isopropyl myristate, methyl paraben and propyl paraben

<u>-MAL Number</u> MAL20041074X

### Manufacturer

PT Actavis Indonesia Jl. Raya Bogor Km 28 Jakarta 13710 Indonesia

## **Product Registration Holder**

Actavis Sdn Bhd Lot No. 8F-1B, 8th Floor, Tower 4 @ PFCC, Jalan Puteri 1/2, Bandar Puteri, 47100 Puchong, Selangor Darul Ehsan, Malaysia **Date of Revision** 

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