

# TRIDIN-P TABLETS

Triprolidine Hydrochloride / Pseudoephedrine Hydrochloride (2.5mg/60mg)

## What is in this leaflet

1. What Tridin-P Tablets is used for
2. How Tridin-P Tablets works
3. Before you use Tridin-P Tablets
4. How to use Tridin-P Tablets
5. While you are using it
6. Side Effects
7. Storage and Disposal of Tridin-P Tablets
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of Revision

## What Tridin-P Tablets is used for

It is used as a nasopharyngeal (upper part of the throat behind the nose) and otic (linkage between ear and throat) decongestant as well as for the symptomatic treatment of seasonal and perennial (symptoms present throughout the years) allergic rhinitis and non-allergic rhinitis (an inflammation of the membranes inside of the nose).

## How Tridin-P Tablets works

Pseudoephedrine Hydrochloride and Triprolidine Hydrochloride are the active ingredients of Tridin-P Tablets. Triprolidine is a long acting antihistamine which works by blocking the effects of the naturally occurring chemical histamine in your body and provides symptomatic relief in allergic conditions triggered by histamine release.

Pseudoephedrine shrinks swollen nasal mucous membrane, reduces tissue hyperemia (excess blood in body parts), edema (swelling of soft tissues as a result of excess fluid accumulation) and nasal congestion and clear nasal passages for air exchange.

## Before you use Tridin-P Tablets

- When you must not use it
  - If you are allergic (hypersensitive) to either Triprolidine or Pseudoephedrine and other ingredients of the tablet.

- If you are allergic to other antihistamines or sympathomimetics.
- If you are pregnant or breastfeeding.
- If you are using monoamine oxidase (MAO) inhibitors. The preparation should not be taken during or within 14 days following use of MAO inhibitors.
- If you are suffering from high blood pressure, overactive thyroid gland, ischemic heart disease (reduced blood supply to the heart) or cerebrovascular disease (disease that affect circulation of blood to the brain).
- In children less than 2 years of age.
- In newborn or premature infants.

## - Before you start to use it

You must tell your doctor if:

- You have allergies to any medicine which you have taken previously to treat your current condition.
- You are pregnant, trying to become pregnant or breastfeeding.
- You have closed-angle glaucoma (increased pressure in the eye), enlarged prostate gland, diabetes, fits, stenosing peptic ulcer (an ulcer in the lining of the digesting tract) and intestinal obstruction (partial or complete blockage of the bowel).

## - Taking other medicines

The following medicines may interact with Tridin-P Tablets:

- Alcohol or other central nervous system depressants or tricyclic antidepressants – concurrent use may potentiate the sedative effects.
- Beta-adrenergic blocking agents – concurrent use may

increase the pressor effect (elevates the blood pressure) of Pseudoephedrine.

- Digitalis glycosides – concurrent use may increase the possibility of cardiac arrhythmia (irregular heartbeat).
- Guanethidin, Mecamylamine, Methyldopa, Reserpine or Veratrum alkaloids – hypotensive effects (low blood pressure) may be decreased
- Monoamine Oxidase (MAO) inhibitors – concurrent use may potentiate the pressor effects of Pseudoephedrine, possibly resulting in a hypertensive crisis (a situation where blood pressure is severely elevated).
- Other sympathomimetics – concurrent use may increase the effects of either these medications and the potential side effects.

Always inform your doctor and pharmacist if you are taking any other medicines, including herbal tonics, supplements and medicines that you buy without prescription.

## How to use Tridin-P Tablets

Always take this medicine exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

## - How much to use

*Adults and children over 12 years:*  
1 tablet three or four times a day as needed; not to exceed 4 tablets per day.

## *Children under 12 years:*

6-12 years: ½ tablet three or four times a day as needed; not to exceed 2 tablets per day.

**Not to be used in children less than 2 years of age.**

**To be used in caution and on doctor's or pharmacist's advice in children 2 to 6 years of age.**

- When to use it  
Your doctor will decide when it is appropriate to use this product. May be taken with food, or milk to lessen gastric irritation. To minimise the possibility of sleeping difficulty from pseudoephedrine, the last dose for each day should be taken a few hours before bedtime. Please do not exceed the recommended dosage per day.
- How long to use it  
Continue to use Tridin-P Tablets for as long as the doctor recommends.
- If you forget to use it
  - If you forget a dose, take it as soon as you remember it.
  - However, if it is nearly time for the next dose, skip the missed dose.
  - Do not take a double dose to make up for a forgotten dose.
- If you use too much (overdose)  
Symptoms includes drowsiness, low blood pressure, muscular weakness and tremor, inco-ordination, headache, hallucination (an experience involving the apparent perception of something not present), palpitations (a rapid, strong or irregular heartbeat), difficult to pass urine, restlessness, convulsions (sudden violent shaking of the muscles in the body that are unable to control), high blood pressure, tachycardia (increase in heart rate).

Contact your doctor immediately or go the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even there are no signs of discomfort or poisoning. You may need urgent medical attention.

**While you are using it**

- Things you must do  
Contact your doctor if your symptoms worsen or they do not improve.  
  
If you do become pregnant whilst taking Tridin-P Tablets, tell your doctor.
- Things you must not do  
Do not give Tridin-P Tablets to anyone else, even if their symptoms seem similar or they have same condition as you. Your doctor has prescribed Tridin-P Tablets for you and your condition.
- Things to be careful of  
This tablet may cause drowsiness, dizziness or less alertness. Please avoid taking this tablet if you need to operate any machinery or drive any vehicles.  
  
Avoid taking Tridin-P Tablets together with any medicine which contains Pseudoephedrine Hydrochloride or Triprolidine Hydrochloride. Avoid from alcohol consumption.

**Side effects**

Like all medicines, Tridin-P Tablets can have side effects, although not everybody gets them. The following side effects may happen with this medicine:

- Drowsiness and dryness of the mouth, sleeping difficulty may occur.
- Difficult urination, headache, loss of appetite, nausea or vomiting, restless, unusual weakness, unusual fast or pounding heartbeat, stomach upset and skin rash may occur.
- In high dose: hallucinations, palpitations high blood pressure, tachycardia and convulsions might occur.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

Consult your doctor or pharmacist if you are in doubt or for any further information.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

**Storage and Disposal of Tridin-P Tablets**

- Storage  
Do not use after the expiry date stated on the pack. The expiry date refers to the last day of that month.  
  
Store below 30°C. Protect from heat and moisture.

**Keep out of the reach and sight of children**

- Disposal  
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product Description**

- What it looks like  
A white, round, scored of diameter 8.5mm flat tablet with 'MPI' marking.
- Ingredients
  - Active ingredients  
Each tablet contains Pseudoephedrine Hydrochloride 60mg and Triprolidine Hydrochloride 2.5mg.
  - Inactive ingredients  
Other ingredients include lactose, corn starch, potato starch and magnesium stearate.
- MAL number:  
MAL19910031AZ

**Manufacturer and Product  
Registration Holder**

Malaysian Pharmaceutical Industries  
Sdn. Bhd.  
Plot 14, Lebuhraya Kampung Jawa,  
11900 Bayan Lepas, Penang, Malaysia.

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