

ATACAND PLUS

Consumer Medication Information Leaflet (RiMUP)

Candesartan cilexetil & Hydrochlorothiazide (16/12.5mg)

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What Atacand Plus is used for

Atacand Plus is used for treating hypertension (high blood pressure), where a monotherapy is not sufficiently effective.

How Atacand Plus works

Candesartan cilexetil is a type of medicine called an angiotensin II receptor antagonist, which by blocking the effects of the hormone angiotensin II, causes relaxation of the blood vessels and results in a lowering of the blood pressure.

Hydrochlorothiazide belongs to a class of drugs called diuretics. Its effects promote the urinary excretion of sodium, chloride and water and results in a lowering of the blood pressure

Before you use Atacand Plus

Do not take Atacand Plus if you are pregnant, think you might be pregnant or considering becoming pregnant. You must tell your doctor if you think you are (or might become) pregnant. Atacand Plus may cause serious harm or even death to your baby if used during

pregnancy (see Pregnancy section).

When you must not use it

- If you are breast feeding.
- If you are allergic to any of the ingredients in Atacand Plus or to drugs closely related to hydrochlorothiazide.
- If you have severe liver disease.
- If you have severe kidney disease.
- If you have had gout.
- Important: You should not take Atacand Plus if you have had problems in the past when taking medicines containing candesartan cilexetil or hydrochlorothiazide.

Take special care with Atacand Plus

Before you start to use it

Please talk to your doctor or pharmacist before taking this medicine:

- If you have any heart, liver or kidney problems.
- If you are diabetic.

Taking other medicines

Please inform your doctor or pharmacist if you are taking or have recently taken any other medicines, even those not prescribed.

- If you are taking other medicines to help lower your blood pressure.
- If you are taking any other medicines including those you have bought without a prescription.
- If you are taking digitalis glycosides, antiarrhythmics, non-steroidal anti-inflammatory drugs (NSAIDs), colestipol, cholestyramine, lithium, other kaliuretic diuretics, laxatives, amphotericin, carbenoxolone, salicylic acid derivatives,

potassium-sparing diuretics, potassium supplements or salt substitutes.

How to use Atacand Plus

How much to use & when to use it

The dose is one tablet each day. It is best to take your tablet at the same time each day, e.g. in the morning.

How long to use it

Take Atacand Plus as directed by your Healthcare provider. Do not stop taking your dose without talking to your Healthcare provider.

If you forget to use it

If you forget to take a dose, just carry on with the next dose as normal. Do not take an extra tablet to make up.

If you use too much (overdose)

If you take more than the recommended number of tablets, contact a doctor or pharmacist (chemist) as soon as possible.

While you are using it

Things you must do

It is important to keep taking Atacand Plus every day and as your doctor has told you to. The instructions on the label should remind you of what the doctor has said. The dose is one tablet each day. It is best to take your tablet at the same time each day, e.g. in the morning. Atacand Plus is not normally recommended for children.

If you have the impression that the effect of Atacand Plus is too strong or too weak, talk to your doctor or pharmacist.

Things you must not do

Do not stop taking your dose without talking to your Healthcare provider.

If you forget to take a dose, just carry on with the next dose as normal. Do not take an extra tablet to make up.

Things to be careful of

Taking Atacand Plus with food and drink

It does not matter whether you take your tablet with or without food.

Pregnancy

You must not take Atacand Plus if you are pregnant, might be pregnant, or are considering becoming pregnant. You must tell your doctor if you think you are (or might become) pregnant. Your doctor will ask you to stop taking Atacand Plus before you become pregnant or as soon as you know you are pregnant and may recommend another medicine instead of Atacand Plus. Atacand Plus may cause serious harm or even death to your baby if used during pregnancy.

Breast-feeding

Tell your doctor if you are breast-feeding or about to start breast-feeding. Atacand Plus must not be used by mothers who are breast-feeding.

Anaesthesia and surgery

If you are going to have an operation, tell your doctor or dentist that you are taking Atacand Plus. Atacand Plus, combined with some anaesthetics, may cause a drop in blood pressure.

Driving and using machines

The treatment of high blood pressure may lead to dizziness or weariness in some patients. Make sure you are not affected in this way before driving or operating machines.

Side effects

Most people taking Atacand Plus do not suffer any unwanted effects. Like all medicines, some people taking Atacand Plus may occasionally experience unwanted effects which are usually mild and do not last for long.

Unwanted effects reported very rarely are swelling of the face, lips, tongue and/or throat, back pain, rash, hives, itching, unusual skin reactions, easy bruising, or extreme fatigue, jaundice (yellow skin and/or eyes) or increased liver tests. If you suffer from any of these effects, or if you get any other unusual or unexpected symptoms, talk to your doctor or pharmacist (chemist). If you develop swelling of the face, lips, tongue and/or throat or jaundice, or if you get unusual skin reactions, easy bruising or feel extreme fatigue, contact your doctor immediately.

Very rarely, dizziness, cough and worsening of the kidney function (especially in patients with existing kidney problems or heart failure) have been reported. Changes in your potassium, sodium and red or white blood cell levels may occur very rarely. Such changes are usually detected by a blood test. Sudden nearsightedness or sudden severe eye pain may occur.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling TEL: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storing & Disposal of Atacand Plus

Do not take your tablets after the expiry date shown on the blister strip and carton.

- Keep your medicine in a safe place where children cannot reach it.
- Keep your medicine below 30°C.
- Remember to return any unused medicine to your pharmacist (chemist).
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

What it looks like

The tablets are peach, oval, biconvex tablets with a score on both sides and marked A/CS.

Atacand Plus tablets 16 mg/12.5 mg will come in a blister pack 30 tablets in strips of 15 tablets.

Ingredients

The active substances are candesartan cilexetil and hydrochlorothiazide. The other ingredients are Hydroxypropyl cellulose, Polyethylene glycol 8000, Iron oxide yellow, CI 77492, Iron oxide reddish brown, CI 77491, Lactose monohydrate, Calcium carboxymethylcellulose, Maize Starch & Magnesium Stearate.

Atacand Plus tablets contain 16 mg of candesartan cilexetil and 12.5 mg of hydrochlorothiazide.

Registration number:
MAL20021128AR

Manufacturer & Product Registration Holder

Manufacturer:

AstraZeneca AB
15185 Södertälje, Sweden.

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