# **CLOVATE CREAM**

Clobetasol propionate (0.05% w/w)

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### What Clovate is used for

Clovate is used for skin diseases like psoriasis (thickened patches of inflamed, red skin, often covered by silvery scales), resistant eczemas, lichen planus (itchy reddish-purple flat-topped bumps on the wrists, forearms or lower legs) and discoid lupus erythematous (causing scarring and increased sensitivity to sunlight).

#### How Clovate works

Clovate contains clobetasol propionate, a steroid that helps to reduce swelling and irritation. It also helps to reduce redness and itchiness of certain skin problems.

#### Before you use Clovate

- When you must not use it
- allergic to clobetasol, other steroids and ingredients of the product.
- bandaged dressing to large area of body
- infection (bacterial or fungal)
- skin viral infections (herpes simplex, chickenpox), particularly of the eye.
- treatment of redness and acne
- used indiscriminately for itching (perianal and genital itching)
- ulcers of the legs
- skin inflammation near the mouth.

#### - Before you start to use it

Risk benefit should be considered when the following medical problems exist: infection or ulcer at affected area, viral wounds, diabetes and tuberculosis (bacterial infection that usually affects the lungs).

## - <u>Taking other medicines</u>

The medicine is for topical application, usually will have minimal effect on other medications. However, please inform the doctor or pharmacist if taking medicines listed below:

- barbiturates, carbamazepine, phenytoin and primidone (for seizures)
- rifampicin (antibiotic)
- thiazides and frusemide (water pills)
- non-steroidal anti-inflammatory agents and salicylates (for pain)

- anticoagulants (to prevent blood clots)
- antidiabetics (for diabetes)
- antihypertensives (for high blood pressure)

#### How to use Clovate

#### - How much to use

Usual adult dose: Apply to the skin two times a day, up to 50 grams per week. Children below 12 years – use is not recommended.

#### - When to use it

Please follow the advice of the doctor or pharmacist.

## - How long to use it

You should follow advice by your doctor or pharmacist. The duration of treatment is limited to 14 days. Treatment for children longer than 2 weeks and doses in excess of 1 or 2 daily applications should be evaluated carefully by the doctor.

#### - If you forget to use it

If forget to use this medicine, use it as soon as remember. Then next, use this medicine at the usual time.

## - If you use too much (overdose)

If used too much *Clovate*, contact your doctor, an emergency department or a poison center immediately.

## While you are using Clovate

#### - Things you must do

Inform doctor of medications taking. Long term continuous treatment should be avoided especially in children.

## - Things you must not do

Do not stop using medication although feeling better after a few days, until the prescribed course is finished.

#### - Things to be careful of

If pregnant or become pregnant or breast-feeding during treatment, should not use *Clovate* unless advised by doctor. When used in large amounts or for prolonged periods may cause fetal abnormalities. It is not known *Clovate* is found in breast milk.

## Side effects

Side effects may be more pronounced with the use of a bandaged dressing, also they may be more severe with fluorinated medicines. If the locally applied steroid is absorbed into the body, Cushing's syndrome (moon face, thinning of skin with bruising tendency and facial hair growth), high glucose levels in blood and presence of glucose in urine may occur with prolonged use. If any of the side effects become serious or any other side effects not listed in this leaflet, please inform the doctor or pharmacist. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

### Storage and Disposal of Clovate

#### - Storage

Store in cool, dry place below 30°C. Protect from light. Keep out of reach of children.

#### - Disposal

Ask your pharmacist how to dispose of medicines no longer required.

## **Product description**

- What it looks like

White colour cream.

## - Ingredients

- Active ingredient: clobetasol propionate
- Inactive ingredients: liquid paraffin, cetomacrogol emulsifying wax, (lipowax), methyl parabens, propyl parabens and purified water.

## - <u>MAL number</u>

MAL19973016AZ

## **Manufacturer and Product Registration Holder**

Prime Pharmaceutical Sdn. Bhd. 1505, Lorong Perusahaan Utama 1 Taman Perindustrian Bukit Tengah 14000 Bukit Mertajam, Penang, Malaysia.

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