

# APO-PROPRANOLOL

Propranolol (10mg, 40mg)

## What is in this leaflet

1. What Apo-Propranolol is used for
2. How Apo-Propranolol works
3. Before you use Apo-Propranolol
4. How to use Apo-Propranolol
5. While you are using it
6. Side effects
7. Storage and Disposal of Apo-Propranolol
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

## What Apo-Propranolol is used for

Apo-Propranolol can be used for:

- high blood pressure
- symptoms of chest pain (angina)
- problems affecting the beat of your heart (arrhythmias, tachycardia)

It can also be used for:

- severe headaches (migraine)
- high blood pressure caused by a tumour on the adrenal gland. This is called 'phaeochromocytoma'

## How Apo-Propranolol works

Propranolol belongs to a class of drugs called beta-blockers. Propranolol acts by blocking the action of certain chemicals (hormones) on the heart and the blood vessels and affects, amongst other things, the heart rate and the heart's workload.

## Before you use Apo-Propranolol

### - When you must not use it

Do not use this product if you have bronchospasm and heart problem like slow heart beat (bradycardia) and heart block.

Do not use this product if you are allergic to propranolol.

## Pregnancy and lactation

Do not take Apo-Propranolol if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take Apo-Propranolol if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

### - Before you start to use it

Before you start to use this medication, you should let your doctor know if you have any other medical condition, of particular importance is any form of heart disease.

### - Taking other medicines

Some medications might cause complications when taken together with Apo-Propranolol. These medications include antiarrhythmic, cardiac-depressant drugs, calcium channel blockers, or any beta-blocker agents.

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

## How to use Apo-Propranolol

### - How much to use

Follow all directions given to you by your doctor and pharmacist carefully. The dosage will be individually titrated and monitored by doctor as therapeutic response varies between patients. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

### - When to use it

Use as directed by your doctor or pharmacist.

### - How long to use it

Continue taking Apo-Propranolol for as long as your doctor recommends.

### - If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much of this medication might cause bradycardia (slow heart rate), or hypotension (low blood pressure)

## While you are using it

### - Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Apo-Propranolol.

Tell your doctor immediately if you become pregnant while taking this medication.

### - Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Apo-Propranolol to anyone else, even if they have the same symptoms or condition as you.

### - Things to be careful of

#### *Driving and using machines*

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

---

## Side effects

Like all medicines, Apo-Propranolol can cause side effects, although not everybody gets them.

Side effects include lightheadedness, palpitations, nausea, vomiting, or fever.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumers →Reporting).

## Storage and Disposal of Apo-Propranolol

### - Storage

Keep out of the reach and sight of children.

Store between 15-25 °C.

### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product Description

### - What it looks like

Apo-Propranolol 10 mg: Round, orange, biconvex tablets, scored and engraved "APO" over "10" on one side, plain on the other.

Apo-Propranolol 40 mg: Each round, green, biconvex tablets, scored and engraved "APO" over "40" on one side, plain on the other.

### - Ingredients

- Active ingredient  
Propranolol

- Inactive ingredients  
Lactose monohydrate,  
microcrystalline cellulose,  
magnesium stearate, croscarmellose  
sodium, starch and D&C Yellow  
#10.

### - MAL numbers:

Apo-Propranolol 10mg tab  
MAL 19984685AR

Apo-Propranolol 40mg tab  
MAL19984686AR

### **Manufacturer**

Apotex Inc.  
150 Signet Drive  
Weston Toronto Ontario  
M9L 1T9 Canada

### **Product Registration Holder**

Pharmaforte (M) Sdn Bhd  
2, Jalan PJU 3/49  
Sunway Damansara  
47810 Petaling Jaya

### **Date of revision**

10/11/2014

### **Serial Number**

BPFK(R4/1)180914/00018