

# DYNA FERROUS FUMARATE TABLET

Ferrous Fumarate (200 mg)

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## What Dyna Ferrous Fumarate is used for

Indicated for the preventive treatment of iron deficiency anaemia (a lack of iron affects the development of the red blood cells and causes a reduction in the number of red blood cells found in the body).

## How Dyna Ferrous Fumarate works

Iron is usually found in foods and is necessary for the normal development of red blood cells.

## Before you use Dyna Ferrous Fumarate

### - When you must not use it

Do not use Dyna Ferrous Fumarate if you have medical problem such as iron overload.

### *Pregnancy and lactation*

No reports regarding adverse effects.

Ask your doctor or pharmacists for advice before taking Dyna Ferrous Fumarate.

### - Before you start to use it

Tell your doctor if you have any of the conditions:

- Alcohol abuse disorder
- Allergies
- Asthma
- Liver function impairment
- Kidney disease
- Stomach or intestinal ulcer or disease
- Rheumatoid arthritis (joint inflammation)
- Sensitivity to iron or other ingredients listed in the leaflet
- Iron storage or absorption disease

- Abnormal red blood cells

### - Taking other medicines

Tell your doctor if you are taking:

- Acetohydroxamic acid (treat urinary tract infection)
- Alcohol
- Tetracyclines, chloramphenicol (an antibiotic)
- Etidronate (used to treat osteoporosis)
- Penicillamine or trientine (treat rheumatoid arthritis)
- Pancreatin or pancrelipase (treat digestion problem)
- Chelating agents such as dimercaprol (treatment for heavy metal poisoning)
- Antacids
- Calcium or zinc supplements; and

Any other medicines including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Iron salt should be taken 2 hours before or 3 hours after the tetracycline.

Oral iron therapy should not be used concomitantly with iron injection.

## How to use Dyna Ferrous Fumarate

### - How much to use

2 to 3 tablets daily, in divided doses, or as directed by the physician.

The directions given may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

### - When to use it

Use as directed by your doctor or pharmacist.

### - How long to use it

Continue taking Dyna Ferrous Fumarate for as long as your doctor recommends.

### - If you forget to use it

Take the missed dose as soon as you remember. If it almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### - If you use too much (overdose)

Iron overdose may have corrosive effects on the gastrointestinal mucous membrane layer. Symptoms may include epigastric pain, diarrhoea, nausea, vomiting and blood vomiting. Circulatory failure may follow if the diarrhoea and bleeding are severe. Hours or days later, after apparent recovery, excessive acid in the body, convulsions, and coma may occur.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

## While you are using it

### - Things you must do

Take your medicine exactly as your doctor has told you.

Tell the doctor, dentist and pharmacist treating you that you are taking Dyna Ferrous Fumarate.

### - Things you must not do

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Dyna Ferrous Fumarate to anyone else, even if they have the same symptoms or condition as you.

### - Things to be careful of

Iron salts should not be given if you are receiving blood transfusions or you have anemia.

## Side effects

Side effects of the Dyna Ferrous Fumarate sometimes produces gastrointestinal irritation and abdominal pain with nausea, vomiting, diarrhoea or constipation.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835549, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI).

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## Storage and Disposal of Dyna

### Ferrous Fumarate

#### - Storage

Keep out of reach of children  
Protect from light  
Store in dry place below 30°C  
Keep the container tightly closed  
For oral use only

#### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product Description

#### - What it looks like

Brown colour with round, biconvex and scored shape, film-coated tablet.

#### - Ingredients

- Active ingredients

Ferrous Fumarate

- Inactive ingredients

Magnesium Stearate, Aerosil 200, Sodium Starch Glycolate, White Base, Microcrystalline Cellulose, Opadry II Brown #85G86761 & Purified Water

#### - MAL number

MAL19971382XZ

## Manufacturer & Product registration holder

Dynapharm (M) Sdn. Bhd.  
2497, Mk 1, Lorong Perusahaan Baru 5,  
Kawasan Perusahaan Perai 3, 13600  
Perai, Pulau Pinang, Malaysia.

## Date of revision

14/09/2018

## Serial Number:

NPRA(R4/1)130918/00257