

# PHARMANIAGA TICLOPIDINE TABLET 250MG

Ticlopidine Hydrochloride (250mg)

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## What Pharmaniaga Ticlopidine is used for

Pharmaniaga Ticlopidine Tablet is used to help prevent the formation of blood clots.

Pharmaniaga Ticlopidine Tablet is used in patients who are at risk of having stroke. A stroke occurs when a blood clot blocks a blood vessel in the brain.

Pharmaniaga Ticlopidine Tablet is used in patients who cannot take aspirin or in whom aspirin does not work.

Your doctor may have prescribed Pharmaniaga Ticlopidine Tablet for another reason. Ask your doctor if you have any question about why Pharmaniaga Ticlopidine Tablet has been prescribed for you.

Pharmaniaga Ticlopidine Tablet is not recommended for use in children, as there have been no studies of its effects in children.

Pharmaniaga Ticlopidine Tablet is available only with a doctor's prescription.

## How Pharmaniaga Ticlopidine works

Ticlopidine belongs to a group of medicines called 'platelet aggregation inhibitors'. These medicines work by reducing the ability of blood clotting cells (platelets) to stick to each other and to blood vessel walls. This lessens the ability of blood clots

forming unwanted places such as narrowed blood vessels.

## Before you use Pharmaniaga Ticlopidine

### -When you must not use it

Do not take Pharmaniaga Ticlopidine Tablet if you are allergic to ticlopidine hydrochloride or any of the ingredients listed at the end of this leaflet.

Do not take ticlopidine if you have any of the following medical conditions:

- any blood disorder such as a low white blood cell count, no white blood cells or a low platelet count
- any active bleeding problems such as a stomach ulcer or bleeding inside the head (intracranial bleeding)
- severe liver disease or cholestatic jaundice

If you are not sure whether you should start taking Pharmaniaga Ticlopidine Tablet, ask your doctor.

Do not take Pharmaniaga Ticlopidine Tablet if the expire date (Exp.) printed on the pack has passed.

Do not take Pharmaniaga Ticlopidine Tablet if the packaging shows signs of tampering or the tablets do not look quite right.

### -Before you start to use it

Tell your doctor if you are allergic to any other medicines, foods, dyes or preservatives.

Tell your doctor if you are pregnant or plan to become pregnant.

Tell your doctor if you are breastfeeding or plan to breastfeed. Your doctor will discuss the risks and benefits of taking Pharmaniaga Ticlopidine Tablet when you are pregnant or breastfeeding.

Tell your doctor if you have, or have had, any medical conditions, especially the following:

- liver problems
- kidney problems
- stomach ulcers

- recent surgery or injury
- high cholesterol levels

If you have not told your doctor about any of the above, tell them before you start taking Pharmaniaga Ticlopidine Tablet. Your doctor will discuss the risks and benefits of taking Pharmaniaga Ticlopidine Tablet before prescribing it to you.

### -Taking other medicines

Tell your doctor and pharmacist of all the medicines you take including any that you get without a prescription from pharmacy, supermarket or health food shop.

Some medicines may be affected by Pharmaniaga Ticlopidine Tablet, or may affect how well it works. These include:

- heparin, enoxaparin, tinzaparin or danaparoid, injections used to prevent blood clots
- warfarin, dipyridamole, clopidogrel or other medicines which are used to prevent blood clots
- medicines used to treat arthritis, pain and inflammation, such as aspirin and non-steroidal anti-inflammatory medicines
- theophylline, a medicine used to treat asthma and other lung conditions
- antacids
- phenytoin (medicines used to treat epilepsy and fits)

Your doctor can tell you what to do if you are taking any of these medicines. If you are not sure whether you are taking any of these medicines, check with your doctor or pharmacist.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking Pharmaniaga Ticlopidine tablet.

## How to use Pharmaniaga Ticlopidine

Follow all directions given to you by your pharmacist or doctor carefully.

They may differ from the information contained in this leaflet.

If you do not understand the directions on your prescriptions bottle, ask your pharmacist, nurse or doctor to explain the instruction to you.

-How much to use

The usual dose is one tablet twice a day.

Follow all directions given to you by your doctor and pharmacist carefully.

-When to use it

Swallow the tablets with a glass of water.

Take Pharmaniaga Ticlopidine Tablet with meals.

Taking Pharmaniaga Ticlopidine Tablet with meals helps reduce the chance of an upset stomach.

-How long to use it

Keep taking Pharmaniaga Ticlopidine Tablet for as long as your doctor recommends.

Pharmaniaga Ticlopidine Tablet is usually taken long term to help prevent a stroke.

-If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take extra medicine to make up the missed dose.

-If you use too much (overdose)

Contact your doctor or to go to your nearest hospital immediately. Do not drive if you have taken too many. You may need urgent medical attention.

**While you are using it**

-Things you must do

Before starting any new medicine, tell your doctor or pharmacist that you are taking Pharmaniaga Ticlopidine Tablet.

Tell all the doctors, dentists and pharmacists who are treating you that you are taking Pharmaniaga Ticlopidine Tablet.

If you are become pregnant while taking Pharmaniaga Ticlopidine Tablet, tell your doctor.

If you plan to have surgery that needs a general anaesthetic, tell your doctor or dentist that you are taking Pharmaniaga Ticlopidine Tablet.

If you need to have any other surgical procedure, including dental extraction, tell your doctor or dentist that you are taking Pharmaniaga Ticlopidine Tablet.

Pharmaniaga Ticlopidine Tablet may cause prolonged bleeding in some patients.

Visit your doctor regularly so that they can check on your progress. You may need to have blood tests before you begin treatment and every two weeks during the first four months that you take Pharmaniaga Ticlopidine Tablet.

Some patients may develop neutropenia, a condition where there is a decrease in the number of neutrophils, a type of white blood cell, in the blood. This condition is not common, but if not detected early can lead to severe or life-threatening infections. Regular blood test help make sure this conditions is detected early.

-Things you must not do

Do not stop taking Pharmaniaga Ticlopidine Tablet, or lower the dose, without checking with your doctor. Do not let yourself run out of Pharmaniaga Ticlopidine Tablet over the holidays or weekends.

Do not use Pharmaniaga Ticlopidine Tablet to treat any other conditions unless your doctor tells you to.

Do not give Pharmaniaga Ticlopidine Tablet to anyone else, even if they have same conditions as you.

-Things to be careful of

Be careful driving or operating machinery until you know how

Pharmaniaga Ticlopidine Tablet affects you.

**Side effects**

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Pharmaniaga Ticlopidine Tablet.

Like all other medicines, Pharmaniaga Ticlopidine Tablet may have unwanted side effects in some people. Sometimes they are serious, most of the time they are not.

You may need medical treatment if you get some of the side effects. Ask your doctor or pharmacist to answer any questions you may have. Do not be alarmed by this list of possible side effects.

You may not experience any of them. Tell your doctor or pharmacist if you notice any of the following and they worry you:

- nausea (feeling sick), vomiting
- stomach pain, indigestion
- diarrhoea
- loss of appetite
- skin rash or itchy skin
- dizziness

The above list includes the more common side effects of your medicines. They are usually mild.

Tell your doctor immediately or go to Accident and Emergency at the nearest hospital if you notice any of the following:

- dark urine and light-coloured stools, yellowing of the eyes and skin (jaundice)
- bruising or bleeding more easily than normal, bluish-purple spots under the skin or nails
- very dark or black, tarry stools
- signs of infection such as fever, chills, sore throat or mouth ulcers
- symptoms of an allergic reaction such as skin rash, itching or hives, swelling of the face, lips or tongue which may cause difficulty in swallowing or breathing, wheezing or shortness of breath

The above list includes very serious side effects. You may need urgent medical attention or hospitalization. These side effects are very rare. Tell your doctor or pharmacist if you notice anything that is making you feel unwell while you are taking Pharmaniaga Ticlopidine Tablet. Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumers → Reporting)

### **Storage and disposal of Pharmaniaga Ticlopidine**

#### **-Storage**

Keep the medicines in a cool dry place where the temperature stays below 25°C. Protect from light.

Do not store it or any other medicine in the bathroom, or near a sink, or on a window sill.

Do not leave it in the car on hot days. Heat and dampness can destroy some medicines.

Do not use this medication after the expiry date which is printed on the product packaging. The expiry date refers to the last day of that month.

Keep it where children cannot reach it.

#### **-Disposal**

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### **Product description**

#### **-What it looks like**

White round, film-coated tablet

#### **-Ingredients**

-Active ingredient

Each tablet contains Ticlopidine Hydrochloride 250mg

-Inactive ingredients:

Povidone 30, Citric Acid Monohydrate, Croscarmellose Sodium, Microcrystalline Cellulose, Magnesium Stearate, Opadry II White

#### **-MAL number:**

MAL20040216A

### **Manufacturer**

Pharmaniaga Manufacturing Berhad (60016-D),  
11A, Jalan P/1,  
Kawasan Perusahaan Bangi,  
43650 Bandar Baru Bangi,  
Selangor Darul Ehsan,  
Malaysia.

### **Product Registration Holder**

Pharmaniaga Manufacturing Berhad (60016-D),  
11A, Jalan P/1,  
Kawasan Perusahaan Bangi,  
43650 Bandar Baru Bangi,  
Selangor Darul Ehsan,  
Malaysia.

### **Date of revision**

27/08/2015

### **Serial Number**

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