

# CETRIZET TABLETS

Cetirizine Hydrochloride (10 mg)

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## What *Cetriset* is used for

*Adults and children of 3 years or above* *Cetriset* is used for the symptomatic treatment of seasonal rhinitis (inflammation of the mucous membrane inside the nose), perennial (throughout the year) allergic rhinitis and urticaria (a red, raised, itchy rash) of allergic origin.

## How *Cetriset* works

*Cetriset* which belongs to a group of medicines called antihistamines.

Antihistamines help to reduce allergic symptoms by preventing the effects of a substance called histamine, which is produced in the body during an allergic reaction.

## Before you use *Cetriset*

### When you must not use it

Do not use *Cetriset* if you:

- Are allergic (hypersensitive) to cetirizine hydrochloride or any of the other ingredients in the medicine.

Do not take this medicine if any of the above applies to you. If you are not sure, talk to your doctor or pharmacist before taking *Cetriset*.

### Pregnancy and lactation

*Cetriset* should not be used during the first 3 months of pregnancy or if you are breastfeeding.

### Before you start to use it

Tell your doctor or pharmacist if you have kidney problem.

### Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken

any other medicines. This includes medicines you buy without a prescription.

*Cetriset* should be used with caution if sedatives are also being taken.

## How to use *Cetriset*

Always take *Cetriset* exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

### How much to use

#### **Adults:**

The recommended dosage is 10mg once daily.

#### **Children 6 years and above:**

The recommended dosage is 10mg daily, either 5mg twice daily or 10mg once daily

#### **Children 3 - 6 years:**

Recommended dose is 5mg daily, either 2.5mg twice daily or 5mg once daily.

If you have kidney problem, the dosage should be reduced to half the usual recommended daily dose.

If you are affected by side effects, the dose may be taken as 5mg in the morning and 5mg in the evening.

### When to use it

Use as directed by your doctor or pharmacist.

It is advisable to take the medicine with a little liquid during the evening meal since the symptoms for which the product is given usually appear during the night.

### How long to use it

Continue taking *Cetriset* for as long as your doctor recommends.

### If you forget to use it

If you forget to take a tablet, take one as soon as you remember, unless it is nearly time to take the next one, in which case skip the missed dose. Never take two doses together to make up for a missed dose.

### If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or

anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many tablets may cause drowsiness.

## While you are using it

### Things you must do

Take your medicine exactly as your doctor has told you.

Tell your doctor immediately if you become pregnant while taking this medication.

Tell all the doctors and pharmacists that are treating you that you are taking *Cetriset*.

### Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give *Cetriset* to anyone else, even if they have the same symptoms or condition as you.

### Things to be careful of

#### Driving and using machines

Be careful when driving or using machinery until you know how this medicine affects you. The occurrence of sleepiness has been reported in some people.

## Side effects

Like all medicines, *Cetriset* can sometimes have side effects, although not everybody gets them.

There have been occasional reports of mild and transient subjective side effects such as, headache, dizziness, drowsiness, agitation, dry mouth and gastrointestinal discomfort.

Talk to your doctor or pharmacist if any of the side effects get serious or lasts longer than a few days, or if you notice any side effects not listed in this leaflet.

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You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public→Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

## Storage and Disposal of *Cetriset*

### Storage

Store in a cool dry place below 25°C. Protect from light. Keep out of reach of children.

Do not store any medicine in the bathroom, or near a sink, or on a window sill.

Do not leave it in the car especially on hot days. Heat and dampness can destroy medicines.

Do not use your medicine after the expiry date which is stated on the pack after 'EXP'. The expiry date refers to the last day of that month.

### Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product Description

### What it looks like

A white circular, film coated tablet having a breakline on one side and plain on other side.

### Ingredients

Active ingredient

Cetirizine Hydrochloride

Inactive ingredients

Lactose

Starch

Polyvinyl Pyrrolidone K30

Microcrystalline Cellulose

Purified Talc

Magnesium Stearate

Colloidal Silicon Dioxide

Sodium Starch Glycolate

Eudragit E 100

Titanium Dioxide

Polyethylene Glycol 6000

Sodium Lauryl Sulphate

MAL number: MAL20040222AZ

### **Manufacturer**

Sun Pharmaceutical Industries Ltd.  
Survey No 214, Plot No. 20,  
Govt. Industrial Area, Phase II,  
Piparia, Silvassa-396230  
U.T. Of Dadra & Nagar Haveli, India

### **Product Registration Holder**

Pahang Pharmacy Sdn. Bhd.  
Lot 5979 Jalan Teratai, 5 ½ Mile Off  
Jalan Meru, 41050 Klang, Selangor  
MALAYSIA

### **Date of revision**

09/03/2017

### **Serial Number:**

BPFK(R4/1)070317/00019