

NALOL TABLET

Propranolol HCl (40mg,10mg)

Consumer Medication Information Leaflet (RIMUP)

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What Nalol Tablet is used for

Nalol Tablet is used for the treatment of high blood pressure, coronary heart disease, irregular heart rate, prevention of migraine headache, and pheochromocytoma (a rare tumor of adrenal gland tissue).

How Nalol Tablet Works

The active ingredient in the medicine is 'Propranolol HCl'. This belongs to a group of medicines called 'beta blocker'. It primarily acts on the beta adrenergic receptors found in the heart and other parts of the body, mainly to result in lowering of blood pressure.

Before you use Nalol Tablet

When you must not use it

- If you are allergic to Propranolol HCl or any other ingredients in the product
- If you have asthma
- If you have markedly slow heart rate
- If you have acidosis
- If you have diabetes mellitus
- If you have heart block

Before you start to use it

You should check with your doctor:-

- If you are or think you may be pregnant
- If you are planning to become pregnant
- If you have kidney disease
- If you have liver disease
- If you have history of heart failure and other cardiovascular diseases
- If you plan or are undergoing surgery
- If you have thyroid disease

Taking Other Medicines

There are a few medicines which may not mix with Nalol Tablet. It is important to tell your doctor or pharmacist about all the medicines that you are taking, including those obtained without doctor's prescription. You should talk to your doctor or pharmacist if you are on the following:-

- Other beta blockers
- Other blood pressure lowering agents
- Others medication for heart disease treatments
- Digoxin

How to use Nalol Tablet

How much to use

You should take Nalol Tablet exactly as advised by your doctor or pharmacist. The amount you take each day will depend on your condition. Do not take more or less than what your doctor prescribes.

The usual initial dose for adults is 10mg. Normal daily dose ranges from 30mg to 240mg per day in divided doses

When to use it

Nalol Tablet is to be taken twice to three times daily before meal. The frequency of dosing depends on your condition. Swallow the tablets with water

How long to use it

It is important to take Nalol Tablet as long as your doctor prescribes.

If you forget to use it

Do not take extra tablets to make up for a missed dose. Just take your next dose at usual the time

If you use too much (overdose)

If you take too many tablets by mistake, contact your doctor immediately or seek medical attention.

While you are using it

Things you must do

Take Nalol Tablet exactly the way as prescribed

Things you must not do

Do not share your medicines with others even if they have the same diagnosis as you.

Thing to be careful of

If you experience any side effects, consult your doctor or pharmacist for advice.

Side Effects

The possible side effects are dizziness, skin rashes, general tiredness.

Please refer to your doctor or pharmacist if you experience any other symptoms while taking this medication.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers Reporting).

Storage and Disposal of Nalol Tablet

Storage

MAL19973020A (10mg)

MAL20051306AS (40mg)

Store at or below temperature 25°C

MAL19870021A (40mg)

Store at temperature below 30°C

Disposal

If you have any unwanted tablets, do not put them in waste water or household rubbish. Ask your pharmacist on how to dispose of the tablets

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Product Description

What it looks like

(40mg) MAL20051306AS & MAL19870021A
Round, red, flat, plain tablet with single score on one side only.

(10mg) MAL19973020A
Round, yellow, standard convex, plain tablet with single score on one side and "S.W." debossed on the other side.

Ingredients

- Active Ingredients
Propranolol HCl
- Inactive ingredients
Magnesium stearate, starch, lactose,
Quinoline Yellow 30 E (Nalol 10 mg),
Ponceau 4R (Nalol 40 mg).

MAL Number

Propranolol 10 mg MAL19973020A
Propranolol 40 mg MAL19870021A and
MAL20051306AS

Manufacturer

MAL19973020A & MAL19870021A
Sunward Pharmaceutical Sdn. Bhd.
9,11 & 17, Jalan Kempas 4,
Taman Perindustrian Tampoi Indah,
81200 Johor Bahru, Johor, Malaysia.

MAL20051306AS
Sunward Pharm PTE.LTD
No.11, Wan Lee Road,
Jurong 2262,
Singapore.

Product Registration Holder

Sunward Pharmaceutical Sdn. Bhd.
9,11 & 17, Jalan Kempas 4,
Taman Perindustrian Tampoi Indah,
81200 Johor Bahru, Johor, Malaysia.

Date of revision

17/09/2014

Serial Number

BPFK(R4/1)080914/00008