

EUCARBON HERBAL TABLET 500MG

Carbo Ligni (Wood Charcoal), Extract of Rheum Palmatum Linne, Rheum Officinale Baillon Root (Rhubarb Extract),
Extract of Cassia Angustifolia Vahl Leaf (Senna Leaf)

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What Eucarbon Herbal is used for

Traditionally used for the relief of constipation, relieve abdominal pain and flatulence.

How Eucarbon Herbal works

The active substances contained in Eucarbon Herbal are exclusively of vegetable origin and have a digestion regulating and slightly laxative effect. Vegetable charcoal has the ability to absorb various toxic metabolic substances which are subsequently excreted by the laxative effect of senna leaves and rhubarb root extract. The mild laxative effect of Eucarbon Herbal starts approximately 8-10 hours after administration.

In a small number of patients suffering from constipation occurring concomitantly with irritable bowel syndrome (IBS), the use of Eucarbon Herbal showed positive results.

Before you use Eucarbon Herbal

When you must not use it

- if you are allergic (hypersensitive) to senna leaves, rhubarb extract, charcoal or any other ingredients of Eucarbon herbal
- if you have:
 - intestinal obstruction
 - intestinal inflammation
 - unidentified abdominal pain
 - severe disorder of the water and mineral balance
 - suspected gastric or intestinal ulcer
 - appendicitis.

Medical attention must be sought if you suffer from any of the above disorders.

Do not use in children under the age of 12 years.

Before you start to use it

Ask your doctor or pharmacist for advice before taking any medicine. Do not use Eucarbon Herbal during pregnancy and breast-feeding.

One tablet contains 65 mg sugar (saccharose) and can be taken by diabetics. If you suffer from a known sugar intolerance, contact your doctor before taking Eucarbon Herbal.

Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

If you take heart medicines: In case of increased hypokalemia (low potassium in the blood) the effect of certain medicines (cardiac glycosides) may be increased.

How to use Eucarbon Herbal

How much to use

Adults:

Constipation - 2 tablets 3 times a day during or after meals with some liquid

Flatulence - 1 to 3 tablets a day

Children above 2 years - 1/2 the adult dose

The maximum dose of 8 tablets per day should not be exceeded.

When to use it

Eucarbon Herbal tablets should be taken with plenty of liquid (at least one glass of water).

Taking Eucarbon Herbal with food and drink-

Eucarbon Herbal can be taken during or after meals.

How long to use it

Do not use when abdominal pain, nausea and vomiting is present.

Frequent or prolonged use of this preparation may result in dependence towards the product and imbalanced electrolytes.

If you forget to use it

Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this medicinal product, ask your doctor or pharmacist.

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If you use too much (overdose)

Diarrhoea may be a sign of overdosage. In this case reduce dosage or stop taking Eucarbon Herbal.

While you are using it

Things you must do

- if symptoms continue or if treatment is not successful, consult your doctor as soon as possible
- Report any occurrence of pregnancy immediately to your doctor.

Things you must not do

The dosage necessary to obtain the desired effect may vary individually. Do not use Eucarbon Herbal for a longer period of time (more than 1-2 weeks) without having been instructed by a doctor.

Things to be careful of

Eucarbon Herbal is not suitable to be used for slimming.

In case of continuous long-term use for longer than 14 days, effectiveness may be reduced.

Side effects

Like all medicines, Eucarbon Herbal can cause side effects, although not everybody gets them. If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In single cases abdominal pain and diarrhoea have occurred, in very rare cases (less than 1 person of 10000) nausea or vomiting – this may be a sign of overdosage.

As it is the case with other laxatives, large doses taken over a long period of time may cause a loss of mineral salts, especially of potassium, which may result in a reduction of bowel movement. This may result in weakening of the muscles and constipation due to limited bowel activity.

An occasional slight reddish colouring of the urine may occur as an alkaline reaction and is of no significance.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of Eucarbon Herbal

Storage

Keep out of the reach and sight of children.

Store in the original package, in order to protect the product from light.

Do not use the medicinal product after the expiry date “EXP” which is stated on the outer carton. The expiry date refers to the last day of that month.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required.

These measures will help to protect the environment.

Product Description

What it looks like

Greyish black, cylindrical, biconvex tablet, diameter: 11.6mm, thickness approx: 5.6mm.

Ingredients

Active ingredients:

Carbo Ligni (Wood Charcoal): 180.00 mg
Extract of Rheum Palmatum Linne: 25.00 mg
Rheum Officinale Baillon Root (Rhubarb Extract)
Extract of Cassia Angustifolia Vahl Leaf (Senna Leaf): 105.00 mg

Inactive ingredients:

Peppermint oil, fennel oil, Maize Starch, Bolus Alba, Gum Arabic, Sucrose, Talcum.

MAL number:

MAL05072134TCR.

Manufacturer

PHARMAZEUTISCHE FABRIK
MONTAVIT GESMBH
SALZBERGSTRASSE 96 A-6060
Absam
AUSTRIA.

Product Registration holder

Antah Pharma Sdn Bhd
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Selangor.

Date of Revision

18 July 2013.