NERVON TABLET

Thiamine Mononitrate/Pyridoxine HCl/Cyanocobalamin (100mg/200mg/200mcg).

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What Nervon is used for

Nervon is used for neurological and other disorders associated with disturbance of the metabolic function influenced by, B complex vitamins, including

- Diabetic polyneuropathy (nerve damage caused by chronically high blood sugar and diabetes).
- Alcoholic peripheral neuritis (Damage to the nerve that results from excessive drinking of alcohol).
- Polyneuropathy of pregnancy (damage to multiple nerves in roughly the same areas on both sides of the body in pregnancy).
- Toxemia of pregnancy (an abnormal condition of pregnancy characterized by hypertension, edema and protein in the urine).
- Nausea and vomiting of pregnancy.
- Post influenza neuropathies

It is also used for treatment of neuritis (inflammation of a nerve) neuralgia (pain in the distribution of one or more nerves) of the spinal nerves, especially facial paresis, cervical syndrome, low back pain and ischialgia (pain in the hip), etc.

How Nervon works

B1, B6 and B12 are important vitamins essential for the proper functioning of the nervous system. They are required for the normal metabolic processes of nerve cells.

Before you use Nervon

- When you must not use it Do Not take Nervon if:

- You are hypersensitive to vitamins B₁,B₆ or B_{12...}
- You are undergoing Levodopa therapy.

If you are pregnant, trying to get pregnant or think you may be pregnant, consult your doctor before taking this product.

If you breastfeeding, consult your doctor before taking this product.

- <u>Before you start to use it</u> You must consult your doctor or pharmacist if you:
- Undergoing treatment for optic neuropathies (vision loss) associated with high plasma concentration of cyanocobalamin.
- Cyanocobalamin should not be given before a diagnosis has not been fully established because of the possibility of masking symptoms of subacute degeneration of the spinal cord.
- Long-term use of large doses of Pyridoxine is associated with the development of severe damage to the nerves that carry messages to and from the brain and spinal cord.
- Diagnosed with megaloblastic anemia (red blood cell lower than normal) of pregnancy.

- <u>Taking other medicines</u> Consult a doctor or pharmacist if you are taking:

- Loop diurectics (furosemide, ethacrynic acid and bumetanide).
- Phenobarbital and phenytoin.
- Hydralazine, isoniazid, penicillamine and oral contraceptives.
- Neomycin, aminosalicyclic acid, histamine H₂-antagonists, metformin, paraaminosalicyclic acid, potassium chloride, colchicines.
- Proton pump inhibitors (lansoprazole, omeprazole, pantoprazole and rabeprazole).
- Cholestryamine and colestipol.
- Anesthetic agent (Nitrous oxide).
- Antibiotics.

How to use Nervon

- How much to use

Follow all directions given in the insert carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Moderate cases: One coated tablet for two or three times daily.

- When to use it

The coated tablets are swallowed unchewed with a glass of water after meals.

- <u>How long to use it</u> As per the dosage recommendation.

-If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose,

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wait until then to take the dose and skip the missed dose.

- <u>If you use too much</u> (overdose)

Contact your doctor or pharmacist for advice immediately.

Treatment is symptomatic and supportive.

While you are using it

- <u>Things you must do</u> Take your dose exactly as given in the leaflet.

Tell all the doctors, dentists and pharmacists that are treating you that you are taking Nervon.

Consult a doctor immediately if you are become pregnant while taking Nervon.

- <u>Things you must not do</u>
 Do not give Nervon to anyone else, even if they have the same symptoms or condition as you.
- *Things to be careful of*Driving and using machines

This product does not affect your ability to drive or use machines.

Side effects

Like all medicines, Nervon can cause side effects, although not everybody gets them.

The side effect is allergic.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this Nervon.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website

npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

Storage and Disposal of Nervon

Storage

Store in a dry place below 30°C. Keep bottle tightly closed.

Disposal

Products should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of Nervon that is no longer required. These measures will help to protect the environment.

Product Description

- What it looks like
 A pink colour round shaped
 film coated tablet with 11mm
 diameter
- <u>Ingredients</u>
 Active ingredient(s)
 Thiamine Mononitrate
 Pyridoxine HCl
 Cyanocobalamin
- Inactive ingredients
 Magnesium stearate
 Microcrystalline Cellulose
 Colloidol Silicon Dioxide
 Ponceau 4R Lake
 Sodium Starch Glycolate
 Isopropyl Alcohol
 Polyethylene glycol
 Lactose Monohydrate
 Talc
 Hydroxypropyl Methyl
 Cellulose
 Propylene Glycol
 Titanium Dioxide
 Ethyl Cellulose

MAL number(s): Nervon Tablet: MAL07010959XZ

Manufacturer

PAHANG PHARMACY SDN.BHD. Lot 5979, Jalan Teratai, 5 ½ Miles Off, Jalan Meru, 41050 Klang,Selangor Darul Ehsan.

Product Registration Holder PAHANG PHARMACY SDN.BHD. Lot 5979, Jalan Teratai, 5 ½ Miles Off, Jalan Meru, 41050 Klang, Selangor Darul Ehsan.

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