Saxagliptin/ Metformin Hydrochloride (2.5/1000mg, 5/500mg & 5/1000mg)

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## What is KOMBIGLYZE XR used for?

- KOMBIGLYZE XR is a prescription medicine that contains saxagliptin and metformin hydrochloride.
- KOMBIGLYZE XR is used with diet and exercise to help control high blood sugar (hyperglycemia) in adults with type 2 diabetes.

#### What is type 2 diabetes?

Type 2 diabetes is a condition in which your body does not make enough insulin, and the insulin that your body produces does not work as well as it should. Your body can also make too much sugar. When this happens, sugar (glucose) builds up in the blood. This can lead to serious medical problems.

The main goal of treating diabetes is to lower your blood sugar so that it is as close to normal as possible. High blood sugar can be lowered by diet and exercise, and by certain medicines when necessary.

#### How KOMBIGLYZE XR works

- Saxagliptin lowers blood sugar by helping the body increase the level of insulin after meals.
- Metformin helps in improving insulin sensitivity by increasing glucose uptake and utilization in the body.

## Before you use KOMBIGLYZE XR

Read this Patient Information carefully before you start taking KOMBIGLYZE XR and each time you get a refill. There may be new information. This Information does not take the place of talking with your healthcare provider about your medical condition or treatment.

This Patient Information summarizes the most important information about KOMBIGLYZE XR. If you would like more information, talk with your healthcare provider. You can ask your pharmacist or healthcare provider for information about KOMBIGLYZE XR that is written for healthcare professionals.

# When you must not use it Do not take KOMBIGLYZE XR if you:

- have kidney problems.
- are allergic to metformin hydrochloride, saxagliptin, or any of the ingredients in KOMBIGLYZE XR. See the end of this Patient Information for a complete list of ingredients in KOMBIGLYZE YR
- have a condition called metabolic acidosis or diabetic ketoacidosis (increased ketones in your blood or urine).

KOMBIGLYZE XR is not for people with type 1 diabetes.

KOMBIGLYZE XR is not for people with diabetic ketoacidosis (increased ketones in your blood or urine). If you have had inflammation of the pancreas (pancreatitis) in the past, it is not known if you have a higher chance of getting pancreatitis while you take KOMBIGLYZE XR.

There is no data to support the use of KOMBIGLYZE XR effective in children younger than 18 years old.

#### - Before you start to use it Before you take KOMBIGLYZE XR, tell your healthcare provider if you:

- have type 1 diabetes,
   KOMBIGLYZE XR should not be used to treat type 1 diabetes.
- have a history or risk for diabetes ketoascidosis (high level of certain acids, known as ketones, in the blood or urine. KOMBGLYZE XR should not be used for the treatment of diabetic ketoacidosis.
- have kidney problems.
- have liver problems.
- have heart problems, including congestive heart failure.
- are older than 80 years. If you are over 80 years old you should not take KOMBIGLYZE XR unless your kidneys have been checked and they are normal.
- drink alcohol very often, or drink a lot of alcohol in shortterm "binge" drinking.
- are going to get an injection of dye or contrast agents for an xray procedure or if you are going to have surgery and will not be able to eat or drink much. In these situations, KOMBIGLYZE XR will need to be stopped for a short time. Talk to your healthcare provider about when you should stop KOMBIGLYZE XR and when you should start KOMBIGLYZE XR again. See "What is the most important information I should know about KOMBIGLYZE XR?"
- have any other medical conditions.
- are pregnant or plan to become pregnant. It is not known if KOMBIGLYZE XR will harm your unborn baby. If you are pregnant, talk with your healthcare provider about the best way to control your blood sugar while you are pregnant.
- are breast-feeding or plan to breast-feed. It is not known if KOMBIGLYZE XR passes into your breast milk.

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Talk with your healthcare provider about the best way to feed your baby while you take KOMBIGLYZE XR.

# - Taking other medicines Tell your healthcare provider about all the medicines you take,

including prescription and nonprescription medicines, vitamins, and herbal supplements. Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine.

KOMBIGLYZE XR may affect the way other medicines work, and other medicines may affect how KOMBIGLYZE XR works.

Tell your healthcare provider if you will be starting or stopping certain other types of medicines, such as antibiotics, or medicines that treat fungus or HIV/AIDS, because your dose of KOMBIGLYZE XR might need to be changed.

### How to use KOMBIGLYZE XR

- How much to use
- Take KOMBIGLYZE XR exactly as your healthcare provider tells you.
- When to use it
- KOMBIGLYZE XR should be taken with meals to help lessen an upset stomach side effect.
- Swallow KOMBIGLYZE XR whole. Do not crush, cut, or chew KOMBIGLYZE XR.
- You may sometimes pass a soft mass in your stools (bowel movement) that looks like KOMBIGLYZE XR tablets.
- How long to use it
- Take KOMBIGLYZE XR exactly as your healthcare provider tells you.
- Do not stop your dose without talking to your healthcare provider.

#### - If you forget to use it

- If you miss a dose of KOMBIGLYZE XR, take your next dose as prescribed unless your healthcare provider tells you differently. Do not take an extra dose the next day.
- If you use too much (overdose)
- If you take too much
   KOMBIGLYZE XR, call your
   healthcare provider, or go to the
   nearest hospital emergency
   room right away.

## While you are using it -Things you must do

- Follow your healthcare provider's instructions for treating blood sugar that is too low (hypoglycemia). Talk to your healthcare provider if low blood sugar is a problem for you. See "Side effects".
- Check your blood sugar as your healthcare provider tells you to.
- Stay on your prescribed diet and exercise program while taking KOMBIGLYZE XR.
- Talk to your healthcare
   provider about how to prevent,
   recognize, and take care of low
   blood sugar (hypoglycemia),
   high blood sugar
   (hyperglycemia), and problems
   you have because of your
   diabetes.
- Things you must not do
- Do not crush, cut, or chew KOMBIGLYZE XR.

## General information about the use of KOMBIGLYZE XR

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information. Do not use KOMBIGLYZE XR for a condition for which it was not prescribed. Do not give KOMBIGLYZE XR to other people, even if they have the same symptoms you have. It may harm them.

#### - Things to be careful of

- When your body is under some types of stress, such as fever, trauma (such as a car accident), infection, or surgery, the amount of diabetes medicine that you need may change. Tell your healthcare provider right away if you have any of these problems.
- Your healthcare provider should do blood tests to check how well your kidneys are working before and during your treatment with KOMBIGLYZE XR.
- Your healthcare provider will check your diabetes with regular blood tests, including your blood sugar levels and your hemoglobin A1C.

#### Side effects

What is the most important information I should know about KOMBIGLYZE XR?

# Serious side effects can happen in people taking KOMBIGLYZE XR, including:

1. Lactic Acidosis. Metformin hydrochloride, one of the medicines in KOMBIGLYZE XR, can cause a rare, but serious, side effect called lactic acidosis (a build-up of lactic acid in the blood) that can cause death. Lactic acidosis is a medical emergency and must be treated in a hospital.

# Stop taking KOMBIGLYZE XR and call your healthcare provider right away if you get any of the following symptoms of lactic acidosis:

- feel very weak and tired
- have unusual (not normal) muscle pain
- have trouble breathing
- have unusual sleepiness or sleep longer than usual
- have unexplained stomach or intestinal problems with nausea and vomiting, or diarrhea
- feel cold, especially in your arms and legs

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- feel dizzy or lightheaded
- have a slow or irregular heartbeat

## You have a higher chance of getting lactic acidosis if you:

- have kidney problems. People whose kidneys are not working properly should not take KOMBIGLYZE XR.
- have liver problems.
- have congestive heart failure that requires treatment with medicines.
- drink a lot of alcohol (very often or short-term "binge" drinking).
- get dehydrated (lose a large amount of body fluids). This can happen if you are sick with a fever, vomiting, or diarrhea. Dehydration can also happen when you sweat a lot with activity or exercise and do not drink enough fluids.
- have certain x-ray tests with injectable dyes or contrast agents.
- have surgery.
- have a heart attack, severe infection, or stroke.
- are 80 years of age or older and have not had your kidney function tested.

# **2. Inflammation of the pancreas** (pancreatitis) which may be severe and lead to death.

Certain medical problems make you more likely to get pancreatitis.

## Before you start taking KOMBIGLYZE XR:

Tell your healthcare provider if you have ever had

- inflammation of your pancreas (pancreatitis)
- stones in your gallbladder (gallstones)
- a history of alcoholism
- high blood triglyceride levels

It is not known if having these medical problems will make you

more likely to get pancreatitis with KOMBIGLYZE XR.

Stop taking KOMBIGLYZE XR and contact your healthcare provider right away if you have pain in your stomach area (abdomen) that is severe and will not go away. The pain may be felt going from your abdomen through to your back. The pain may happen with or without vomiting. These may be symptoms of pancreatitis.

## **KOMBIGLYZE XR** can cause serious side effects, including:

- See "What is the most important information I should know about KOMBIGLYZE XR?"
- Allergic (hypersensitivity) reactions, such as:
  - swelling of your face, lips, throat, and other areas on your skin
  - difficulty with swallowing or breathing
  - o raised, red areas on your skin (hives)
  - skin rash, itching, flaking, or peeling

If you have these symptoms, stop taking KOMBIGLYZE XR and contact your healthcare provider right away

Low blood sugar (hypoglycemia) may become worse in people who also take another medication to treat diabetes, such as sulfonylureas or insulin. Tell your healthcare provider if you take other diabetes medicines. If you have symptoms of low blood sugar, you should check your blood sugar and treat if low, then call your healthcare provider. Symptoms of low blood sugar include:

- shaking
- o sweating
- o rapid heartbeat
- o change in vision
- o hunger
- o headache
- o change in mood

Joint pain. Some people who take medicines called DPP-4 inhibitors, one of the medicines in KOMBIGLYZE XR, may develop joint pain that can be severe, Call your healthcare provider if you have serious joint pain.

## Common side effects of KOMBIGLYZE XR include:

- upper respiratory tract infection
- stuffy or runny nose and sore throat
- urinary tract infection
- headache
- diarrhea
- nausea and vomiting

Taking KOMBIGLYZE XR with meals can help lessen the common stomach side effects of metformin. If you have unexplained stomach problems, tell your healthcare provider. Stomach problems that start later during treatment may be a sign of something more serious.

Tell your healthcare provider if you have any side effects that bother you or that do not go away. These are not all of the possible side effects of KOMBIGLYZE XR. For more information, ask your healthcare provider or pharmacist.

You may report any side effects or adverse reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling TEL: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

## Storage and Disposal of KOMBIGLYZE XR

Storage

Store below 30°C

Keep KOMBIGLYZE XR and all medicines out of the reach of children.

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#### **Disposal**

Medicines should not be disposed off via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

#### **Product Description**

- What it looks like
- KOMBIGLYZE XR 5 mg/500 mg Tablet: light brown to brown, biconvex, capsule-shaped, marked "5/500" on one side and "4221" on the reverse, in blue ink
- KOMBIGLYZE XR 5 mg/1000 mg Tablet: pink, biconvex, capsule-shaped, marked "5/1000" on one side and "4223" on the reverse, in blue ink
- KOMBIGLYZE XR 2.5
  mg/1000 mg Tablet: pale
  yellow to light yellow,
  biconvex, capsule-shaped,
  marked "2.5/1000" on one side
  and "4222" on the reverse, in
  blue ink

#### - Ingredients

Active ingredients: saxagliptin and metformin hydrochloride. Inactive ingredients in each tablet: carboxymethylcellulose sodium, hypromellose 2208, and magnesium stearate. The 5 mg/500 mg tablet also contains: microcrystalline cellulose and hypromellose 2910. Tablet film coat contains: polyvinyl alcohol, polyethylene glycol 3350, titanium dioxide, talc, and iron oxides.

#### - MAL number

2.5 mg/1000 mg: MAL11115003A 5 mg/1000 mg: MAL11115004A 5 mg/500 mg: MAL11115005A

#### Manufacturer

Manufactured by Bristol-Myers Squibb Company, 4601 Highway 62 East, Mount Vernon, Indiana 47620, USA for AstraZeneca.

#### **Product Registration Holder**

AstraZeneca Sdn. Bhd. Level 12, Surian Tower, 1 Jalan PJU 7/3, Mutiara Damansara, 47810 P. J., Selangor.

#### Date of revision

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