

ARGILAN TABLET

Indapamide hemihydrate 2.5mg

Consumer Medication Information Leaflet (RiMUP)

What is in this leaflet?

1. What ARGILAN is used for
2. How ARGILAN works
3. Before you use ARGILAN
4. How to use ARGILAN
5. While you are using ARGILAN
6. Side effects
7. Storage and Disposal of ARGILAN
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision
11. Serial Number

Read this entire leaflet before you start taking this product.

- Keep this leaflet. You may need to read again.
- Ask your doctor or pharmacist if you need more information or advice.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

What Argilan is used for

Argilan is used to treat high blood pressure (hypertension).

Argilan may be used in combination with other medicines to lower blood pressure.

How Argilan works

Argilan belongs to the group of medicines called diuretics, also known as “water tablet”. It works by removing excess fluid in your body and also by relaxing some of your blood vessels in the body.

Before you use Argilan

When you must not use it:

Do not take Argilan if you

- Have ever had an allergic reaction to *indapamide hemihydrate*, the active ingredient or to any other ingredients listed at the end of this leaflet.
- Have ever had allergic reaction to other related medicines such as sulfur antibiotics or some diabetes medicines,
- Have severe kidney failure,
- Have severe liver disease
- Recently suffers from stroke
- Are pregnant or trying to become pregnant
- Are breastfeeding or plan to breast-feed

Before you start to use it

Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor if you:

- Have liver problems
- Have kidney problems
- Have gout or high uric acid
- Have diabetes
- Have salt imbalances such as low level of potassium, sodium, or chlorine
- Suffers from excessive vomiting or diarrhea that causes water depletion. This may lead to salt imbalances in your body
- Have been given other medicines to treat high blood pressure
- Are pregnant or breastfeeding or you plan to become pregnant or breast-feed
- Have a family history of swelling of the face, lips, tongue, throat, hands, or feet.

If you are not sure whether you should start taking this product, consult your doctor.

Taking other medicines

Inform your doctor or pharmacist if you are taking or if you have recently taken any other medicines, including medicines obtained without a prescription.

Some medicines and Argilan may interfere with each other. It is important to tell your doctor or pharmacist if you are taking:

- Lithium, a medicine to treat mood swings and depression,
- Pimozide, a medicine to treat psychoses,
- Injectable pain killers, such as pethidine, morphine or fentanyl,
- Other medicines to treat high blood pressure such as alpha-blockers group (prazosin) and ACE Inhibitors group (captopril),
- Medicines to treat epilepsy, such as carbamazepine,
- Other diuretics,
- Steroid medicines for inflammation such as hydrocortisone,
- Medicines for diabetes treatment,
- Medicines for asthma such as balmuterol, salbutamol and terbutaline.

Other medicine not listed above may also interact with indapamide. Your pharmacist or doctor will have more information on the medicines you should avoid.

Pregnancy and breast-feeding

It is not known how indapamide may affect your baby if you are taking it during pregnancy or breastfeeding. Therefore, indapamide is not recommended to be taken during pregnancy or breastfeeding.

How to use Argilan

Always take Argilan exactly according to the instructions given to you by your doctor or pharmacist. Check with your doctor or pharmacist if you are not sure.

How much to use

The dose given by your doctor may differ from this leaflet.

Usual Dosage:

The usual dose is 1 tablet (2.5mg) once daily in the morning.

When to use it

Take Argilan at the same time everyday, preferably in the morning, for the best effect.

Argilan can be taken before or after food.

How long to use it

Continue to take your medicines as long as your doctor tells you. This medicine helps to control your condition, but does not cure it. It is important to keep taking your medicine even if you feel well.

If you forget to use it

Take your dose as soon as you remember and continue to take it as you would normally. If it is time for your next dose, skip the dose you missed and take your next dose when you are meant to. Do not take a double dose to make up for the dose you missed.

If you use too much (overdose)

If you take too many tablets, then you should immediately go to your nearest hospital emergency department or tell your doctor. Do this even if there are no signs of discomfort or poisoning. Take the carton or any remaining tablets you have with you.

Symptoms of an overdose may include nausea, vomiting, low blood pressure, weakness, gastrointestinal disturbances, muscle cramps, salt imbalances, frequent urination, and little or no urine.

ARGILAN TABLET

Indapamide hemihydrate 2.5mg

Consumer Medication Information Leaflet (RiMUP)

If you have any further questions on the use of this product, ask your doctor or pharmacist.

While you are using Argilan

Things you must do

- Always follow your doctor's instruction carefully.
- If you become pregnant while taking Argilan, tell your doctor immediately.
- If you are about to be started on a new medicine, remind your doctor and pharmacist that you are taking Argilan.
- Inform any other doctors, dentists and pharmacists who treat you that you are taking Argilan.
- Your doctor may conduct blood tests to monitor the level of the potassium, sodium and chlorine salts in your body.
- Make sure you drink plenty of water in hot weather or during exercise, especially if you are sweating a lot. Not drinking enough water could cause sudden drop in blood pressure.
- Tell your doctor if you have severe or continuing vomiting or diarrhea while taking Argilan.

Thing you must not do

- Do not stop taking Argilan without your doctor's permission
- Do not take Argilan to treat any other complaint unless your doctor tells you to
- Do not give this medication to anyone else, even if they have the same condition as you.

Things to be careful of

- Be careful when driving or operating machinery while you are taking Argilan. Taking Argilan may cause dizziness or drowsiness, do not drive or operate machinery if this happens.
- Drinking alcohol or taking other medicines for blood pressure and medicines for epilepsy may worsen the symptoms. If you have any of these symptoms, do not drive or operate any machinery.

Side Effects

All medicines can have side effects. Argilan may cause unwanted side effects although not everybody gets them.

Tell your doctor or pharmacist if you notice the following side effects and they worry you:

- Headache
- Dizziness
- Nausea
- Anorexia (loss of appetite)
- Diarrhea
- Constipation
- Muscle cramps
- Fatigue
- Nervousness
- Anxiety
- Indigestion
- Allergic reaction (e.g. skin rashes)
- Fainting

The above list is the more common side effects of the medicine.

Tell your doctor as soon as possible if you notice any of the following:

- Postural hypotension (sudden drop in blood pressure with change of posture, e.g. standing from sitting position)
- Palpitations
- Increase in liver enzymes
- Blood disorders (e.g. low thrombocyte count)
- Hyponatremia (low sodium salt)
- Metabolic alkalosis (body tissue become too alkali)
- Paresthesia (tingling or numbness sensation)
- Sensitive to light
- Impotence
- Kidney impairment
- Reversible shortsightedness
- Hypokalemia (low potassium salt)
- High uric acid
- Glucose intolerance
- Hypercalcemia (high calcium salt)

The above list is the rare side effects that require medical attention.

If any of these side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and disposal of Argilan

Storage

Do not store above 30°C. Store in original package to protect from heat, moisture, and light.

Do not store Argilan or any other medicines in the bathroom, near a sink or leave it at the window sill or in the car.

Keep out of the reach and sight of children.

Disposal

Do not use Argilan after the expiry date which is stated on the carton and blister.

If your doctors tell you to stop taking Argilan or the expiry date has passed, ask your pharmacist what to do with the remaining medicines.

Product description

What it looks like

Argilan is a pink, round bi-convex sugar coated tablet.

Available in blister strip of 10 tablets in a box of 3x10, 9x10 and 30x10 tablets.

Ingredients

Active ingredient(s):

Each tablet contains 2.5mg of indapamide hemihydrates.

Inactive ingredients:

Magnesium stearate, carnauba wax, titanium dioxide, acacia, lactose, talcum, polysorbate 80, sodium starch glycolate, starch, povidone K-90, white bees wax, calcium carbonate, shellac, sucrose, and carmoisine (colouring).

MAL Number

MAL20020538A

Manufacturer

T.O. Pharma Co. Ltd.
101 Ladprao, 124 Bangkapi,
10310 Bangkok, Thailand.

Product registration holder

IMEKS Pharma Sdn. Bhd.
No.5 & 9, Jalan Udang Harimau 2,
Medan Niaga Kepong,
51200 Kuala Lumpur, Malaysia

Date of revision

29/05/2015

ARGILAN TABLET

Indapamide hemihydrate 2.5mg

Consumer Medication Information Leaflet (RiMUP)

Serial number

BPFK(R4/2)290515/00131