

PHOLCODINE LINCTUS

Pholcodine (5 mg/5 ml)

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What PHOLCODINE is used for

Pholcodine is a cough suppressant for relief of unproductive cough.

How PHOLCODINE works

Pholcodine works selectively on the cough centre in the brain to control and help stop coughing.

Before you use PHOLCODINE

When you must not use it

Do not take PHOLCODINE if you are allergic to Pholcodine, or to any of the other ingredients of this medicine.

Before you start to use it

Check with your doctor or your pharmacist before taking this medicine if you are pregnant, or plan to become pregnant or are breastfeeding.

This medicine may not be suitable for everyone and some people must never have it. Check the leaflet that comes with your medicine to make sure that the medicine is suitable before having it.

Always get advice from your doctor or pharmacist before having this medicine if:

- You are allergic or sensitive to or have had a reaction to any of the ingredients in the medicine.
- You are taking other cough and cold preparation.

This medicine is not recommended for use in children below 2 years old.

Taking other medicines

Please tell your doctor or your pharmacist if you are using more than one medicine as they may interact with each other.

Before taking this medicine consult your doctor or pharmacist if you are taking or have recently taken any other medicines including vitamins, supplements and herbal or complementary preparations.

Avoid consumption of alcohol or other central nervous system depressants as this may also increase drowsiness if taken with PHOLCODINE.

How to use PHOLCODINE

How much to use

Always use PHOLCODINE exactly as prescribed by your doctor or pharmacist. You should check with your doctor or pharmacist if you are not sure.

The usual dose is:

Adults

- 5 - 15 ml, 3 - 4 times daily.

Children over 2 years

- 2.5 ml – 5 ml, 3 – 4 times daily.

Note: Should not be used in children below 2 years of age.

When to use it

- To be taken every 6 to 8 hourly or when required.

How long to use it

Usually only used for short periods of time. If symptoms persist, consult your doctor.

If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, skip the missed dose and take the next dose instead. Do not take extra medicine to make up the missed dose.

If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention. Taking too many PHOLCODINE may cause:
-restlessness,
-excitement,
-lack of muscle coordination (ataxia).

While you are using it

Things you must do

- Inform your doctor or pharmacist if symptoms do not improve.
- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking PHOLCODINE.
- Tell your doctor immediately if you become pregnant while taking this medication.

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Things you must not do

- Do not take more than the recommended dose unless your pharmacist or doctor tells you.
- Do not take any new medicines without consulting your doctor.
- Do not give PHOLCODINE to anyone else, even if they have the same symptoms or condition as you.

Things to be careful of

- Do not drive or operate machinery until you know how PHOLCODINE affects you.
- PHOLCODINE may cause drowsiness in some people. If this happens, do not drive or operate machinery.

Side effects

Like all medicines, PHOLCODINE can cause side effects in some people.

Tell your doctor straight away or go to the nearest hospital if you notice any of the side effects.

Common side effect:

- Nausea
- Drowsiness

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and disposal of PHOLCODINE

Storage

- Keep container tightly closed and store below 30°C. Store in cool dry place. Protect from heat and light.

Disposal

- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

What it looks like

Pholcodine Linctus 5 mg/5 ml

Colourless syrup solution.

Ingredients

Active ingredient
Pholcodine

Inactive ingredients

Spirit Chloroform, Citric Acid Anhydrous, Sodium Benzoate, Strawberry Flavour, Deionised Water, Liquid Glucose, Syrup Simplex.

MAL number:

MAL19860121A

Manufacturer and Product Registration Holder

KCK Industries Sdn Bhd

Wisma Fuji, Plot 61, Lintang Bayan Lepas 1, Bayan Lepas Industrial Park Phase 4, 11900 Penang, Malaysia.

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