

DIPHENMIN LINCTUS

Diphenhydramine hydrochloride (14mg/5ml)

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What *Diphenmin* is used for

For control of cough and easing of nasal stuffiness, sneezing, teary eyes and airway congestion.

How *Diphenmin* works

Diphenmin contains diphenhydramine, an antihistamine which helps to relieve coughing and dry secretions in the nose and chest.

Before you use *Diphenmin*

- When you must not use it

- Do not take *Diphenmin* if allergic to its active ingredient or to other ingredients in it or other similar antihistamine.
- Not recommended for premature or full term baby.
- Do not take if you are breastfeeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

- Not to be used in children less than 2 years of age. To be used with caution and doctor's or pharmacist's advice in children 2 to 6 years of age. Inform the doctor or pharmacist if
- overactive thyroid gland
 - heart and blood vessels related disease
 - raised pressure in eyes
 - high blood pressure
 - asthma
 - stomach ulcer
 - stomach-intestine obstruction
 - symptomatic enlarged prostate
 - bladder neck obstruction

- Taking other medicines

Tell your doctor if you are taking any other medicines e.g. anticholinergic, tricyclic antidepressants or monoamine oxidase (MAO) inhibitors that may increase the effects of either medications. Also including any medicine that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use *Diphenmin*

- How much to use

Adults: 1 – 2 teaspoons 3 – 4 times daily.
Children: ½ - 1 teaspoon 3 – 4 times

daily. Follow all directions given by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking *Diphenmin* for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention. In infants and children, especially, antihistamines in overdose may cause hallucinations (hear, smell, taste or feel things that do not exist), convulsions, or death. As in adult, antihistamines may diminish mental alertness. In the young child, particularly they may produce excitation.

While you are using *Diphenmin*

- Things you must do

Take your medicine exactly as your doctor has told you. Tell all the doctors, dentists and pharmacists treating you that you are taking *Diphenmin*. Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor. Do not take any new medicines without consulting your doctor. Do not give *Diphenmin* to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Caution when driving or doing jobs requiring alertness because of possible

drowsiness. Avoid alcoholic beverages.

Side effects

Like all medicines, *Diphenmin* can cause side effects, although not everybody gets them. Visit the doctor or pharmacist immediately if you experience any side effects after taking this medicine. The most common side effect is sedation, dizziness, tiredness, low blood pressure, muscle weakness. Other side effects include gastrointestinal disturbances such as nausea, vomiting, diarrhea, constipation, headache, blurred vision, ringing in the ears or dryness of the mouth.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

Storage and Disposal of *Diphenmin*

- Storage

Store in cool, dry place below 30°C. Protect from light. Keep out of reach and sight of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

Dark brown, raspberry flavoured syrup.

- Ingredients

- Active ingredient: diphenhydramine hydrochloride.
- Inactive ingredients: ammonium chloride, sodium citrate, citric acid, sodium benzoate, menthol, alcohol, liquid glucose, sodium carboxymethylcellulose, raspberry flavor, liquid caramel, glycerin, deionised water and syrup.

- MAL number:

MAL19962540AZ

Manufacturer and Product Registration Holder

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