

CIMETIDINE 200

CIMETIDINE 400

Cimetidine 200mg / Cimetidine 400mg

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What *Cimetidine* is used for

It is used in the treatment of gastric ulcers, ulcers caused by certain medicines, gastroesophageal reflux disease and Zollinger-Ellison syndrome.

How *Cimetidine* works

Cimetidine belongs to a group of medicines called H₂-receptor antagonists which act to decrease the natural production of acid in the stomach.

Before you use *Cimetidine*

When you must not use it

If you are allergic to *cimetidine* or other ingredients of *Cimetidine*.

Before you start to use it

Consult the doctor before taking *Cimetidine*.

- If suffering or have suffered before from kidney or liver disease.
- If there is a history of peptic ulcer, particularly if taking a non-steroidal anti-inflammatory drug (NSAID) e.g.: aspirin, ibuprofen, naproxen, diclofenac.
- If taking drugs or have an illness that cause a fall in blood cell count.
- If middle aged or over, with new or recently changed indigestion symptoms (e.g.: stomach pain or discomfort, heartburn), causes of symptoms such as stomach cancer, should be excluded.

Taking other medicines

Cimetidine has been reported to have interactions with many drugs. Reduced dosage of some drugs, such as cyclosporine, lignocaine, nifedipine, phenytoin,

suxamethonium, theophylline and warfarin may be needed.

How to use *Cimetidine*

How much to use

Active peptic ulcer: 800mg at bedtime for at least 4 weeks. Maintenance: 400mg at bedtime for 6 months.

NSAID induced ulcers: 400mg twice daily or 800mg nightly for at least 8 weeks.

Gastroesophageal reflux disease : 0.8 – 1.6gm/day for up to 12 weeks.

Zollinger-Ellison syndrome : 400mg 4 times daily or occasionally more.

When to use it

Always take *Cimetidine* exactly as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.

How long to use it

You should check with your doctor or pharmacist.

If you forget to use it

Do not take a double dose to make up for a forgotten tablet.

If you use too much (overdose)

If taken too much *cimetidine*, contact your doctor, an emergency department or a poisoning center immediately.

While you are using *Cimetidine*

Things you must do

Inform doctor of medications you are taking.

Things you must not do

Do not stop taking medication although feeling better after a few days, until the prescribed course is finished. Symptoms may come back if treatment is stopped too soon.

Things to be careful of

If you are pregnant or become pregnant or breast-feeding during treatment, you should not take *Cimetidine* unless your doctor tells you to.

Side effects

Adverse reactions are generally infrequent and reversible following a reduction of dosage or withdrawal of medicine. The most common side effects reported are diarrhoea, dizziness,

tiredness, headache and rashes. Reversible confusional states, especially in the elderly or in seriously ill patients such as those with renal failure, have occasionally occurred. Breast enlargement and impotence have occurred in men receiving relatively high doses for conditions such as Zollinger-Ellison syndrome. Other adverse effects which have been reported rarely are hypersensitivity reaction and fever, aching muscles and/or joints, blood and cardiovascular disorders. Liver(stomach and abdominal tenderness, loss of appetite with or without jaundice) and kidney (blood in the urine, increased or decreased urine output, nausea, vomiting) disorders are rare occurrences.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835400, or visiting the website portal.bpfk.gov.my (Consumers →Reporting)

After using *Cimetidine*

Storage

Store in cool, dry place below 30°C. Protect from light. Keep out of reach of children.

Disposal

Ask your pharmacist how to dispose of medicines no longer required.

Product description

What it looks like?

Cimetidine 200: White, round and biconvex.

Cimetidine 400: White, oval and biconvex, embossed P-P.

Ingredients

cimetidine, polyvinylpyrrolidone, lactose monohydrate, microcrystalline cellulose, magnesium stearate and croscarmellose sodium

MAL No:

Cimetidine 200: MAL19973015A

Cimetidine 400: MAL19984396A

Manufacturer

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Product registration holder

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Date of revision

15/05/2013